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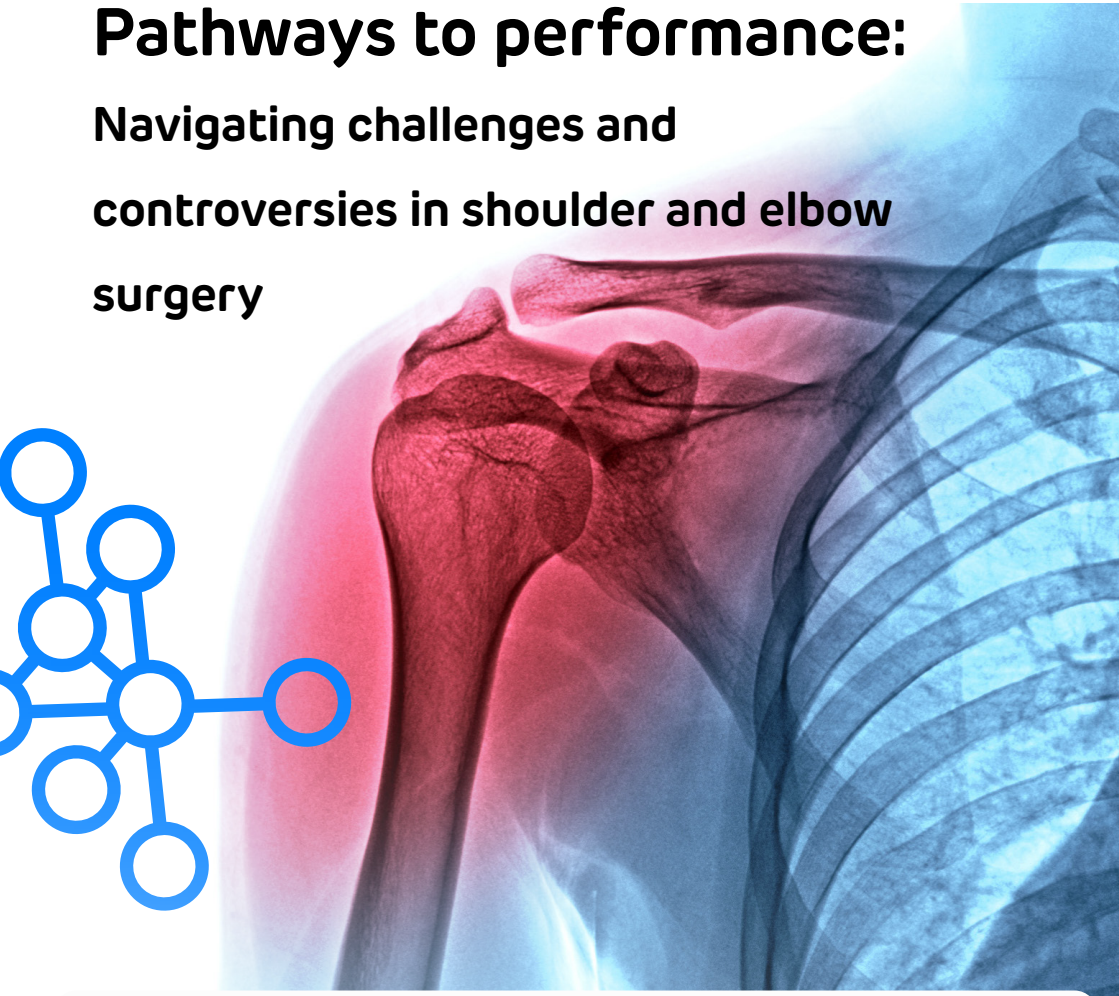
Pathways to performance:

Navigating challenges and controversies in shoulder and elbow surgery



Date: 18 November 2026
Venue: IET Birmingham: Austin Court
CPD: 5 credits (applied for)

Pathways to performance: Navigating challenges and controversies in shoulder and elbow surgery

Wednesday 18 November 2026
Location: IET Birmingham: Austin Court

Educational aims and objectives

This event offers a dynamic and thought-provoking exploration of current challenges and future directions in shoulder and elbow surgery.

Attendees will:

- Explore emerging and unresolved controversies in shoulder and elbow surgery.
- Critically appraise the impact of data, guidelines, and registries on clinical decision-making.
- Discuss the future of specialist service delivery through innovations, AI, and system-level change.
- Promote interactive learning through real cases, debates, and expert panels.

Meeting convenors:

Matthew Guilliatt
Upper Limb Extended Scope Practitioner
East and North Hertfordshire Teaching NHS Trust

Amol Tambe
Consultant Shoulder and Elbow Surgeon
University Hospitals of Derby and Burton NHS Foundation Trust

Mustafa Rashid
Consultant Shoulder Surgeon
Colchester General Hospital NHS Foundation Trust

Registration fees

Allied Health Professional: £70 (includes Physiotherapists)

Trainee / middle-grade doctors: £89

Consultant: £99

Company Representative: £250

Click here to register: https://bit.ly/BESS-2026

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Programme

08:30	**Registration and refreshments**
08:50	**Introduction and welcome** Amol Tambe, Consultant Shoulder and Elbow Surgeon, University Hospitals of Derby and Burton NHS Foundation Trust Mustafa Rashid, Consultant Shoulder Surgeon, Colchester General Hospital
	SESSION A: BEYOND COMPLIANCE, ODEP & IMPLANT GOVERNANCE **Chairs: Amol Tambe and Mustafa Rashid**
09:00	**The MDR at the UK – what is the process for regulatory approval? Industry view** Francis Moloney, VP QA/RA EMEA & APAC, Zimmer Biomet GMBH, Switzerland
09:12	**What impact does the MDR have on clinical practice? Clinician view** Neil Kang, Consultant Trauma and Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust
09:24	**ODEP for shoulders: Practical use and real-world interpretation** Amit Bidwai, Consultant Shoulder and Elbow surgeon, Sherwood Forest Hospitals NHS Foundation Trust
09:36	**Around the world with international registries – what are the key messages?** Jaime Candal-Couto, Consultant Orthopaedic Surgeon, Wansbeck Hospital, Northumbria
09:48	**Beyond compliance in shoulder arthroplasty – clinical governance matters!** Colin Esler, Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust
10:00	**Panel discussion**
	SESSION B: PROCUREMENT, COST & VALUE **Chair: Neil Kang & Ananth Ebinesan**
10:15	**Procurement reality: implant variation and navigating NHS constraints** Ben Harrington, Orthopaedic Engagement Manager (North West)
10:27	**Precision of execution tools – who needs them? Which are most clinical and cost effective?** Harpal Uppal, Consultant Trauma and Orthopaedic Surgeon, East and North Hertfordshire NHS Trust
10:39	**Networks, GIRFT and everything else!** Mark Falworth, Consultant Orthopaedic Shoulder and Elbow Surgeon, Royal National Orthopaedic Hospital
10:51	**Virtual upper limb arthroplasty follow-up – utilising electronic PROMs to identify problems early** Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
11:03	**Panel discussion**
11:18	**Refreshments and exhibition**

	SESSION C: THE GOVERNANCE LANDSCAPE – WHAT IS DRIVING OUR PRACTICE? **Chair: Mark Falworth and Jaime Candal Couto**
11:48	**Can upper limb arthroplasty patients be discharged to PIFU at three months follow-up post-surgery?** Radhakant Pandey, Consultant Orthopaedic Surgeon, University Hospitals of Leicester
12:00	**Elective recovery: What does it mean and how does it impact my practice** Ananthan Ebinesan, Consultant Trauma and Orthopaedic Surgeon, Manchester University NHS Foundation Trust
12:12	**Day case shoulder arthroplasty - design, delivery and reflection** Mark Crowther, Consultant Orthopaedic Surgeon, Bristol NHS Foundation Trust
12:24	**OpenOutcomes: An open standards digital patient reported outcomes (PROMS) and patient reported experience measures (PREMS) platform** Kanthan Theivendran, Consultant Orthopaedic Surgeon, Sandwell and West Birmingham Hospitals NHS Trust
12:36	**Panel discussion**
12:51	**Lunch and exhibition**
	SESSION D: REDESIGNING CARE THROUGH ADVANCED AHP PRACTICE **Chair: Matthew Guillat and Malin Wijeratna**
13:51	**Joint AHP - consultant outpatient clinics: Models for collaborative care** Tim Andrews, Upper Limb Extended Scope Practitioner, East and North Hertfordshire Teaching NHS Trust
14:03	**Funding models for AHPs in orthopaedic outpatient clinics – how to get your business case funded!** Katy Boland, Upper limb MSK Physiotherapist, Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
14:15	**Optimising clinician and AHP time in diagnostic services – POC ultrasound** Matthew Guilliatt, Upper Limb Extended Scope Practitioner, East and North Hertfordshire Teaching NHS Trust
14:27	**AHP delivered minor interventions – from guided cortisone injections and hydrodistension to barbotage and suprascapular nerve blocks** David Annison, Advanced Practitioner Physiotherapist, South Tees Hospitals NHS Foundation Trust
14:39	**Panel discussion**
	SESSION E: DEATH BY A THOUSAND GUIDELINES – THE UK EXPERIENCE **Chair: Mohamed A. Imam and Helen Tunnicliffe**
14:54	**Shoulder instability guidelines – has anything changed?** Steve Gwilym, Consultant Orthopaedic Surgeon, Oxford University Hospitals NHS Foundation Trust
15:06	**VTE prophylaxis in upper limb surgery** Timothy Batten, Consultant Trauma & Orthopaedic Surgeon, Gloucestershire Hospitals NHS Foundation Trust

15:18	**Infraclavicular brachial plexus injury in fracture dislocations of the shoulder – current status on working group and guidance** Ashley Simpson, Consultant Peripheral Nerve Surgeon, Royal National Orthopaedic Hospital
15:30	**Frozen shoulder – guidance update** Jeehan Lynch, Consultant MSK Physiotherapist, Hampshire and Isle of Wight Healthcare NHS Foundation Trust
15:42	**Panel discussion**
15:57	**Refreshments and exhibition**
	SESSION F: TECHNOLOGY AND SHOULDER PRACTICE **Chair: Steve Gwilym and Mark Crowther**
16:27	**The digital surgeon – AI and the modern surgeon** Mohamed A. Imam, Consultant Trauma and Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
16:39	**Real-world AI solution for shoulder instability** Adam Rumian, Consultant Orthopaedic Surgeon Specialist in Shoulder & Elbow Surgery, East and North Hertfordshire NHS Trust
16:51	**Regulation on custom implants is coming – what are my options?** Malin Wijeratna, Consultant Shoulder and Elbow Surgeon, Northampton General Hospital
17:03	**Panel discussion – facilitating guideline development through BESS**
17:18	**Concluding remarks and close of meeting** Amol Tambe, Consultant Shoulder and Elbow Surgeon, University Hospitals of Derby and Burton NHS Foundation Trust

How to get here

Travelling by tube or train

Nearest Tube: Library Metro Stop (Centenary Square): Located only a 2 to 5-minute walk from Austin Court.

Nearest Overground: Birmingham New Street: A 15 to 20-minute walk from the venue. Exit via the north end toward Victoria Square, follow the signs past the Town Hall, and walk down Cambridge Street.

Birmingham Snow Hill: Also roughly a 10 to 15-minute walk from the venue, offering Chiltern Railways and Metro connections.

Venue

IET Birmingham: Austin Court
80 Cambridge Street,
Birmingham,
B1 2NP

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