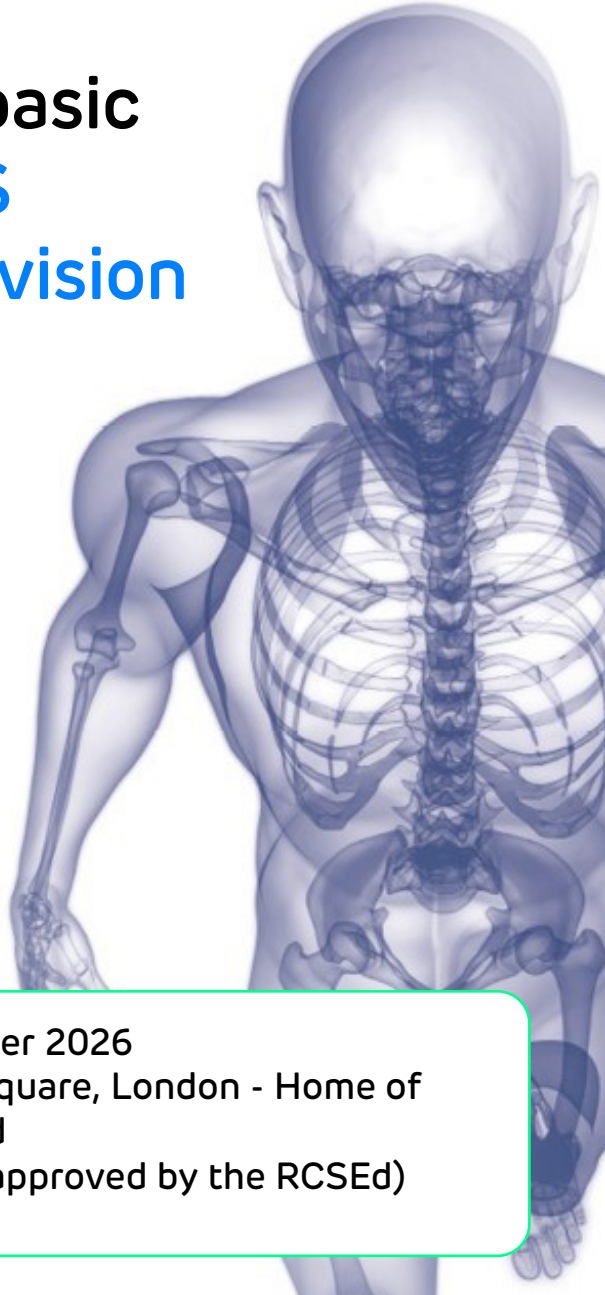
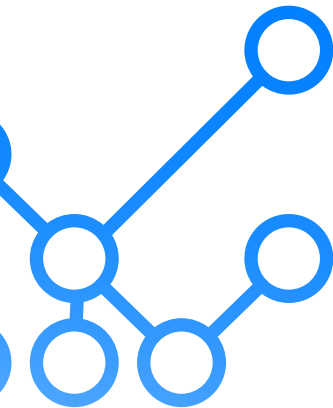




# The London basic science **FRCS** (Tr & Orth) revision course



**Date:** 17–18 September 2026

**Venue:** 11 Cavendish Square, London - Home of  
the King's Fund

**CPD:** 12 CPD hours (approved by the RCSEd)

# The London basic science FRCS (Tr & Orth) revision course

📅 17–18 September 2026

📍 Venue: 11 Cavendish  
Square, London - Home of  
the King's Fund

## Course convenors:

**Mr Sebastian Dawson-Bowling,**  
Consultant Orthopaedic Surgeon & Orthopaedic  
Clinical Network Director,  
[Barts Health NHS Trust](#)

**Professor Iain McNamara,**  
Consultant Orthopaedic Surgeon,  
[Norfolk & Norwich University Hospital](#)

**Professor Ben Ollivere,**  
Faculty Associate Pro-Vice Chancellor,  
[University of Nottingham](#)

## Registration fees

**Lectures and vivas :** .....£400

**Lectures and viva observer:**...£350

**Lectures only:**..... £300

We only have 24 spaces available for the course, so please ensure you book early to avoid disappointment.

Book your space here: <https://bit.ly/ORUKLBS26>

## Educational aims and objectives

This course is designed for individuals preparing for the FRCS (Tr & Orth) or equivalent examinations. Over the past 18 years, the course programme has been refined to comprehensively cover the entire syllabus, focusing on basic science and pathophysiology.

It includes a series of lectures and interactive sessions spread over two days, addressing key topics such as tribology, biomechanics, pathophysiology, statistics, and microbiology, essential for both the written and oral exams.

A significant component of the course is dedicated to viva practice, offering candidates approximately 6 hours of practice with experienced faculty, along with personalised feedback.

## What delegates say about this course

"Excellent course, faculty were great, they made so many complex topics understandable in a simple manner. Would definitely recommend colleagues to attend this course."

"A good revision of the core subjects, helps fill some knowledge and practical (viva skills) gaps."

# Course programme

Thursday 17 September 2026

<b>08:00</b>	<b>Registration and refreshments</b>
<b>08:25</b>	<b>Welcome and introduction</b>
<b>08:30</b>	<b>Biomechanics of total knee replacement</b> Mr Sebastian Dawson-Bowling, Consultant Orthopaedic Surgeon & Orthopaedic Clinical Network Director, Barts Health NHS Trust
<b>08:55</b>	<b>Orthopaedic pathology/oncology</b> Ms Martina Faimali, Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital
<b>09:25</b>	<b>Basic science of foot and ankle and orthotics</b> Speaker to be confirmed
<b>09:50</b>	<b>Basic science of shoulder and elbow</b> Ms Claire Fitzgerald, Consultant Orthopaedic Surgeon, Barts Health NHS Trust
<b>10:15</b>	<b>Paeds 1</b> Miss Helen Chase, Consultant Paediatric Orthopaedic Surgeon, Norfolk & Norwich University Hospital and West Suffolk Hospital
<b>10:40</b>	<b>Refreshments</b>
<b>11:05</b>	<b>Paeds 2</b> Miss Helen Chase, Consultant Paediatric Orthopaedic Surgeon, Norfolk & Norwich University Hospital and West Suffolk Hospital
<b>11:35</b>	<b>Biomaterials and tribology</b> Mr Henry Willmott, Consultant Orthopaedic Surgeon, East Sussex Healthcare NHS Trust
<b>12:05</b>	<b>Nerve and muscle</b> Ms Riem Johnson, Consultant Orthopaedic Surgeon, Brighton and Sussex University Hospitals NHS Trust
<b>12:30</b>	<b>Paeds 3</b> Mrs Kathryn Price, Consultant Paediatric Orthopaedic Surgeon, Nottingham University Hospitals NHS Trust
<b>12:55</b>	<b>Lunch</b>
<b>13:45</b>	<b>Paeds 4</b> Mrs Kathryn Price, Consultant Paediatric Orthopaedic Surgeon, Nottingham University Hospitals NHS Trust
<b>14:10</b>	<b>Biomechanics of total hip replacement</b> Mr Jeya Palan, Consultant Trauma and Orthopaedic Surgeon, Leeds Teaching Hospitals NHS Trust

<b>14:35</b>	<b>Comfort break - room turnaround</b>
<b>14:45</b>	<b>Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)</b>
<b>16:15</b>	<b>Refreshments</b>
<b>16:30</b>	<b>Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)</b>
<b>18:00</b>	<b>Close of day</b>

## Viva faculty

Ms Helen Chase, Mr Tom Crompton, Mr Mohammed Elmajee, Ms Riem Johnson, Ms Martina Faimali, Ms Claire Fitzgerald, Ms Chichi Menakaya, Mr Jeya Palan, Ms Kathryn Price, Mr Shiraz Sabah, Mr Henry Willmott

Friday 18 September 2026

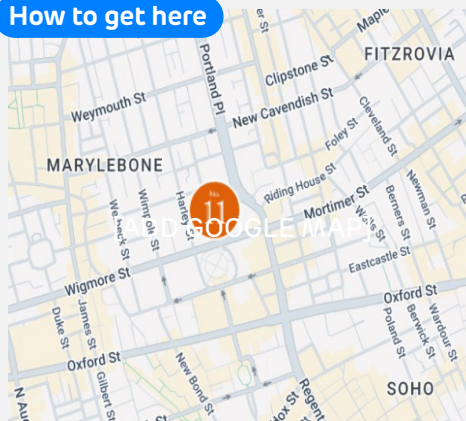
<b>08:15</b>	<b>Refreshments</b>
<b>08:30</b>	<b>Basic science of spine, injury patterns</b> Mr Alexander Montgomery, Consultant Spinal Orthopaedic Surgeon, Barts Health NHS Trust
<b>08:55</b>	<b>Physiological response to trauma</b> Professor Ben Ollivere, Associate Pro-Vice Chancellor, Faculty of Medicine & Health Sciences, University of Nottingham
<b>09:20</b>	<b>Stats for FRCS</b> Professor Ben Ollivere, Associate Pro-Vice Chancellor, Faculty of Medicine & Health Sciences, University of Nottingham
<b>09:50</b>	<b>Basic science of fracture fixation</b> Professor Ben Ollivere, Associate Pro-Vice Chancellor, Faculty of Medicine & Health Sciences, University of Nottingham
<b>10:15</b>	<b>Basic science of bone and fracture healing</b> Professor Ben Ollivere, Associate Pro-Vice Chancellor, Faculty of Medicine & Health Sciences, University of Nottingham

<b>10:40</b>	<b>Refreshments</b>
<b>10:55</b>	<b>Genetics</b> Mr Anish Sanghrajka, Consultant Orthopaedic Surgeon, Norfolk and Norwich University Hospitals NHS Trust
<b>11:20</b>	<b>Meniscus and cartilage</b> Professor Iain McNamara, Consultant Orthopaedic Surgeon, Norfolk & Norwich University Hospital
<b>11:45</b>	<b>Ligament and tendon</b> Mr Anish Sanghrajka, Consultant Orthopaedic Surgeon, Norfolk and Norwich University Hospitals NHS Trust
<b>12:10</b>	<b>Musculoskeletal imaging techniques</b> Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
<b>12:35</b>	<b>Basic science of hand and wrist</b> Mr Phil Johnston, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital
<b>13:00</b>	<b>Lunch</b>
<b>13:45</b>	<b>How to handle vivas: the candidate's perspective</b> Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
<b>14:10</b>	<b>The intercollegiate orthopaedic examination: Examiner's perspective</b> Speaker to be confirmed
<b>14:35</b>	<b>Comfort break - room turnaround</b>
<b>14:45</b>	<b>Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)</b>
<b>16:15</b>	<b>Refreshments</b>
<b>16:30</b>	<b>Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)</b>
<b>18:00</b>	<b>Close of course</b>

### Viva faculty

Mr Tom Crompton, Mr Gareth Chan, Mr Rishi Dhir, Mr Mohammed Elmajee,  
Ms Martina Faimali, Ms Claire Fitzgerald, Mr Phillip Johnston,  
Professor Iain McNamara, Ms Chichi Menakaya, Mr Jeya Palan, Mr Shelain Patel,  
Ms Kathryn Price, Mr Anish Sanghrajka, Mr Henry Willmott

## How to get here



### Venue address

11 Cavendish Square  
Home of the King's Fund  
11-13 Cavendish Square  
London W1G 0AN

### Travelling by tube

No.11 Cavendish Square is situated in the heart of London's West End. It's in easy walking distance of Oxford Circus and Bond Street stations.

### Travelling by car

Oxford Street Q Park located underneath Cavendish Square, Harley Street Car Park (enter from Chandos Street). Disabled parking.

### Travelling by bus

Routes 3, 6, 7, 8, 10, 12, 13, 15, 23, 25, 55, 73, 88, 94, 98, 113, 137, 139, 159, 176, 189, 390, 453, C2.

### Travelling by bike

There are several points in Cavendish Square where bicycles can be secured to a barrier.



+44 (0)20 7637 5789



info@oruk.org



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Orthopaedic Research UK

Orthopaedic Research UK  
Furlong House, 10a Chandos Street  
London, W1G 9DQ

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