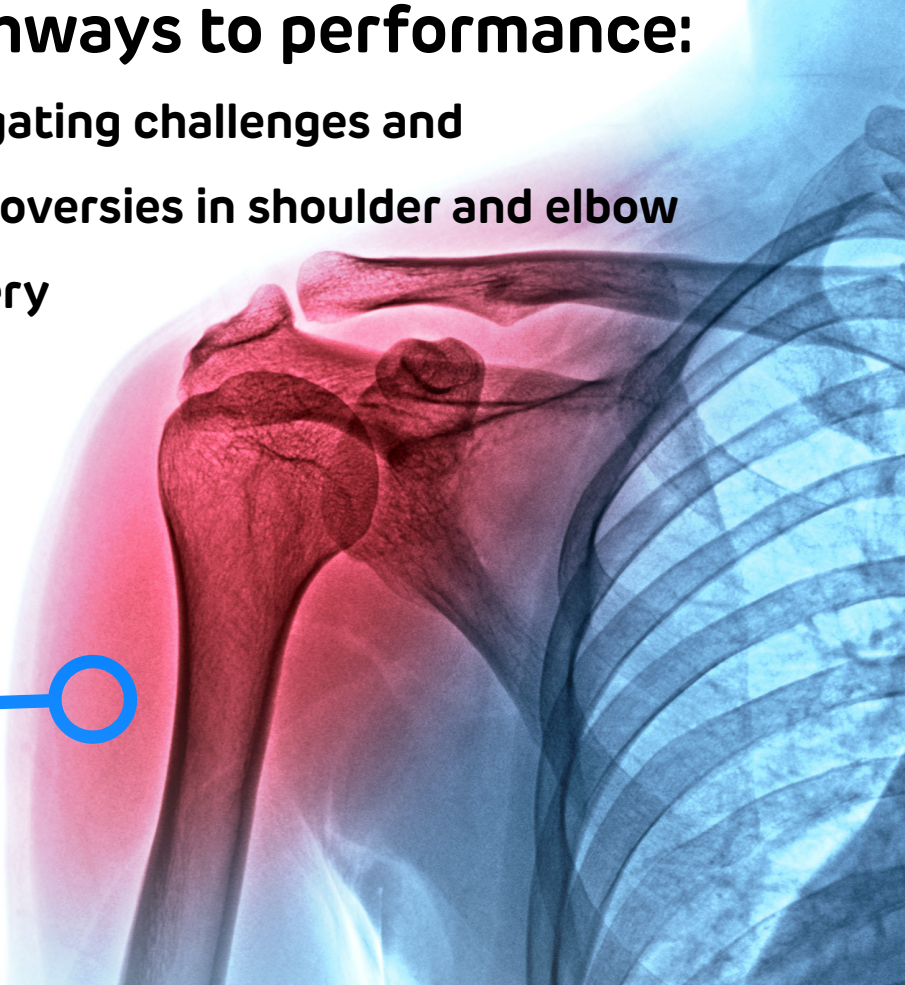
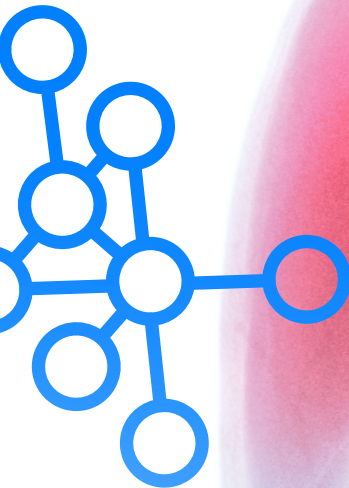




Pathways to performance: Navigating challenges and controversies in shoulder and elbow surgery



Date: 18 November 2026
Venue: IET Birmingham: Austin Court
CPD: 5 credits (applied for)

Pathways to performance: Navigating challenges and controversies in shoulder and elbow surgery

 Wednesday 18 November 2026
 Location: IET Birmingham: Austin Court

Educational aims and objectives

This event offers a dynamic and thought-provoking exploration of current challenges and future directions in shoulder and elbow surgery.

Attendees will:

- Explore emerging and unresolved controversies in shoulder and elbow surgery.
- Critically appraise the impact of data, guidelines, and registries on clinical decision-making.
- Discuss the future of specialist service delivery through innovations, AI, and system-level change.
- Promote interactive learning through real cases, debates, and expert panels.

Meeting convenors:

Mr Matthew Guilliat

Upper Limb Extended Scope Practitioner
East and North Hertfordshire Teaching NHS Trust

Mr Amol Tambe

Consultant Shoulder and Elbow Surgeon
University Hospitals of Derby and Burton NHS Foundation Trust

Mr Mustafa Rashid

Consultant Shoulder Surgeon
Colchester General Hospital NHS Foundation Trust

Registration fees

Allied Health Professional: £70 (includes Physiotherapists)

Trainee / middle-grade doctors: £89

Consultant: £99

Company Representative: £250

Click here to register: <https://bit.ly/BESS-2026>

We are most grateful for the support of our sponsors



Programme

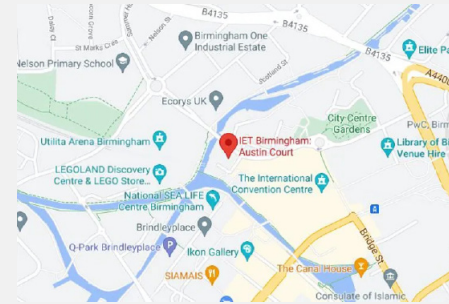
08:30	Registration and refreshments
08:50	Introduction and welcome Mr Amol Tambe, Consultant Shoulder and Elbow Surgeon, University Hospitals of Derby and Burton NHS Foundation Trust Mr Mustafa Rashid, Consultant Shoulder Surgeon, Colchester General Hospital
SESSION A: BEYOND COMPLIANCE, ODEP & IMPLANT GOVERNANCE	
09:00	The MDR at the UK – what is the process for regulatory approval? Industry view Mr Francis Moloney, VP QA/RA EMEA & APAC, Zimmer Biomet GMBH, Switzerland
09:12	What impact does the MDR have on clinical practice? Clinician view Mr Niel Kang, Consultant Trauma and Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust
09:24	ODEP for shoulders: Practical use and real world interpretation Mr Amit Bidwai, Consultant Shoulder and Elbow surgeon, Sherwood Forest Hospitals NHS Foundation Trust
09:36	Around the world with international registries – what are the key messages? Mr Jamie Candal-Couto, Consultant Orthopaedic Surgeon, Wansbeck Hospital, Northumbria
09:48	Beyond compliance in shoulder arthroplasty – clinical governance matters! Mr Colin Esler, Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust
10:00	Panel discussion
SESSION B: PROCUREMENT, COST & VALUE	
10:12	Procurement reality: variation and navigating NHS constraints Speaker to be confirmed
10:24	Precision of execution tools – who needs them? Which are most clinical and cost effective? Mr Harpal Uppal, Consultant Trauma and Orthopaedic Surgeon, East and North Hertfordshire NHS Trust
10:36	Networks and GIRFT landscape Mr Mark Falworth, Consultant Orthopaedic Shoulder and Elbow Surgeon, Royal National Orthopaedic Hospital
10:58	Virtual upper limb arthroplasty follow-up – utilising electronic PROMs to identify problems early Speaker to be confirmed
11:18	Debate: “This house believes that upper limb arthroplasty patients should be discharged to PIFU after 3 months” Mr Amol Tambe, Consultant Shoulder and Elbow Surgeon, University Hospitals of Derby and Burton NHS Foundation Trust vs TBD
11:30	Refreshments and exhibition

SESSION C: THE GOVERNANCE LANDSCAPE – WHAT IS DRIVING OUR PRACTICE?	
12:00	Elective recovery: What does it mean and how does it impact my practice Mr Ananthan Ebinesan, Consultant Trauma and Orthopaedic Surgeon, Manchester University NHS Foundation Trust
12:12	What commissioning challenges are we facing: Who is really making decisions now? Mr Mark Crowther, Consultant Orthopaedic Surgeon, North Bristol NHS Trust
12:24	The changing digital landscape and outcome tools Mr Kanthan Thievendran, Consultant Orthopaedic Surgeon, Sandwell and West Birmingham Hospitals NHS Trust
12:36	Panel discussion
12:50	Lunch and exhibition
13:50	Day case shoulder arthroplasty – how, when, why? Speaker to be confirmed
14:02	Joint AHP-Consultant outpatient clinics: models for collaborative care Mr Tim Andrews, Extended Scope Physiotherapist, Bedford Hospital NHS Trust
14:14	Funding models for AHPs in orthopaedic outpatient clinics – How to get your business case funded! Ms Katy Boland, Upper limb MSK Physiotherapist, Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
14:26	Optimising clinician and AHP time in diagnostic services – POC ultrasound Mr David Anison, Advanced Practitioner Physiotherapist, South Tees Hospitals NHS Foundation Trust
14:38	AHP delivered minor interventions – from guided cortisone injections and hydrodistension to barbotage and suprascapular nerve blocks Mr Matt Guillian, Upper Limb Extended Scope Practitioner, East and North Hertfordshire Teaching NHS Trust
SESSION D: DEATH BY A THOUSAND GUIDELINES – THE UK EXPERIENCE	
14:50	Shoulder instability guidelines – has anything changed? Mr Steve Gwilym, Consultant Orthopaedic Surgeon, Oxford University Hospitals NHS Foundation Trust
15:02	VTE prophylaxis in upper limb surgery Mr Timothy Batten, consultant trauma & orthopaedic surgeon, Gloucestershire Hospitals NHS Foundation Trust
15:14	Infraclavicular brachial plexus injury in fracture dislocations of the shoulder – current status on working group and guidance Mr Ashley Simpson, Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital
15:26	Frozen shoulder – guidance update Mr Jeehan Lynch, Consultant MSK Physiotherapist, Hampshire and Isle of Wight Healthcare NHS Foundation Trust
15:38	Refreshments and exhibition

SESSION E: TITLE TO BE CONFIRMED

16:10	TBC
16:22	TBC
16:34	Panel discussion – facilitating guideline development through BESS
16:50	Summary and close of meeting

How to get here



Travelling by tube or train

Nearest Tube: Library Metro Stop (Centenary Square): Located only a 2 to 5-minute walk from Austin Court.

Nearest Overground: Birmingham New Street: A 15 to 20-minute walk from the venue. Exit via the north end toward Victoria Square, follow the signs past the Town Hall, and walk down Cambridge Street.

Birmingham Snow Hill: Also roughly a 10 to 15-minute walk from the venue, offering Chiltern Railways and Metro connections.

Venue

IET Birmingham: Austin Court

80 Cambridge Street,
Birmingham,
B1 2NP



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