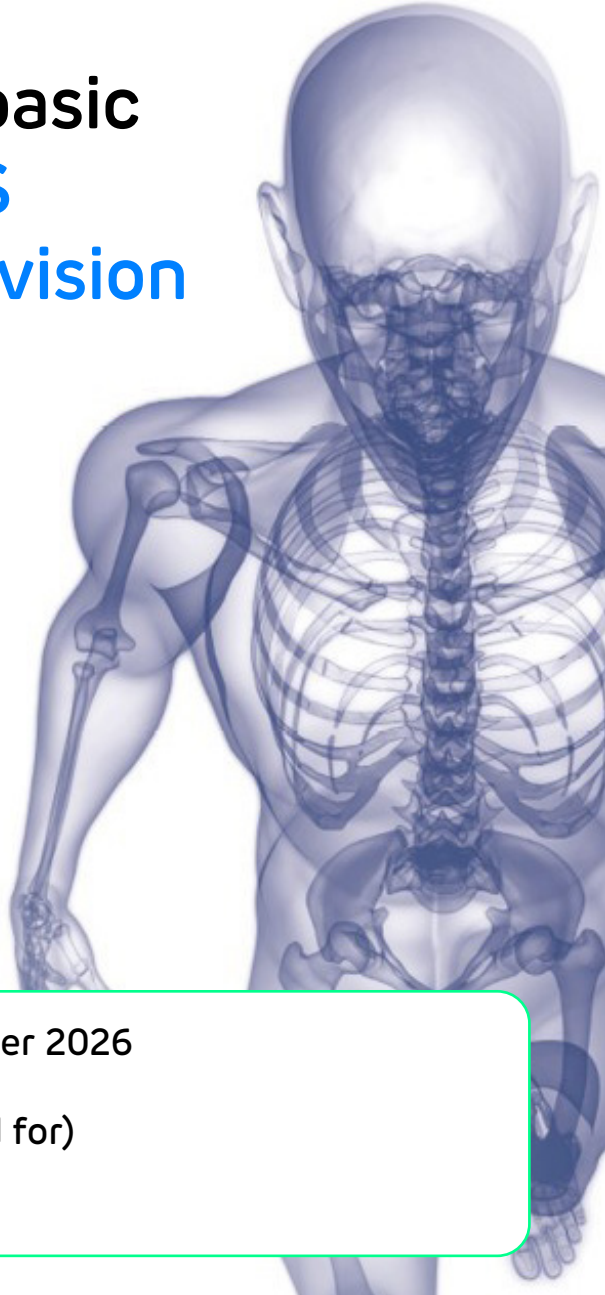
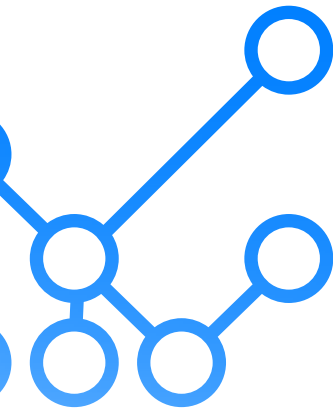




The London basic science **FRCS** (Tr & Orth) revision course



Date: 17–18 September 2026
Venue: London, TBC
CPD: 12 CPD (applied for)

The London basic science FRCS (Tr & Orth) revision course

📅 17–18 September 2026

📍 Venue: London, TBC

Course convenors:

Mr Sebastian Dawson-Bowling

Consultant Orthopaedic Surgeon & Orthopaedic
Clinical Network Director

[Barts Health NHS Trust](#)

Professor Iain McNamara

Consultant Orthopaedic Surgeon,

[Norfolk & Norwich University Hospital](#)

Professor Ben Ollivere

Faculty Associate Pro-Vice Chancellor

[University of Nottingham](#)

Registration fees

Lectures and vivas :£400

Lectures and viva observer:...£350

Lectures only:..... £300

We only have 24 spaces available for the course, so please ensure you book early to avoid disappointment.

Book your space here: <https://bit.ly/ORUKLBS26>

Educational aims and objectives

This course is designed for individuals preparing for the FRCS (Tr & Orth) or equivalent examinations. Over the past 18 years, the course programme has been refined to comprehensively cover the entire syllabus, focusing on basic science and pathophysiology.

It includes a series of lectures and interactive sessions spread over two days, addressing key topics such as tribology, biomechanics, pathophysiology, statistics, and microbiology, essential for both the written and oral exams.

A significant component of the course is dedicated to viva practice, offering candidates approximately 6 hours of practice with experienced faculty, along with personalised feedback.

What delegates say about this course

“Consolidation of knowledge. Confidence building in viva sessions”

“Excellent course , faculty were great, they made so many complex topics understandable in a simple manner. Would definitely recommend colleagues to attend this course .”

Course programme

Thursday 17 September 2026

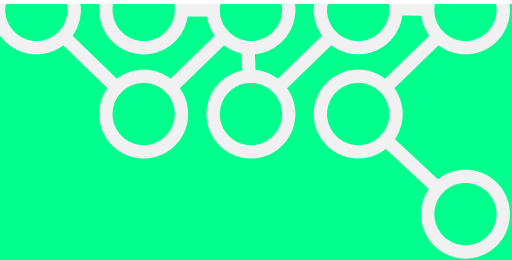
08:00	Registration and refreshments
08:25	Welcome and introduction
08:30	Biomechanics of total knee replacement
08:55	Orthopaedic pathology/oncology
09:25	Biomechanics of total hip replacement
09:50	Basic science of shoulder and elbow
10:15	How to handle vivas: the candidate's perspective
10:40	Refreshments
11:05	Musculoskeletal imaging techniques
11:35	Biomaterials and tribology
12:05	Ligament and tendon
12:30	Paeds 1
12:55	Lunch
13:45	Paeds 2
14:10	Nerve and muscle
14:35	Comfort break - room turnaround
14:50	Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)
16:20	Refreshments
16:35	Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)
17:40	Close of day

Please note this programme may be subject to change.

Friday 18 September 2026

08:15	Refreshments
08:30	Basic science of spine, injury patterns
08:55	Physiological response to trauma
09:20	Stats for FRCS
09:50	Basic science of fracture fixation
10:15	Basic science of bone and fracture healing
10:40	Refreshments
10:55	Genetics
11:20	Basic science of foot and ankle and orthotics
11:45	Paeds 3
12:10	Paeds 4
12:35	Meniscus and cartilage
13:00	Lunch
13:45	Basic science of hand and wrist
14:10	The intercollegiate orthopaedic examination: Examiner's perspective
14:35	Comfort break - room turnaround
14:45	Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)
16:15	Refreshments
16:30	Vivas (Each individual viva is 7 minutes long: 5 minutes for questions, 2 minutes for feedback)
17:30	Close of course

Please note this programme may be subject to change.



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