



Barking, Havering and Redbridge
University Hospitals
NHS Trust



Orthopaedic and trauma course for emergency medicine

Date: 10–11 October 2026

Venue: Education Centre, Queen's Hospital, Romford

CPD: 10 credits

Orthopaedic and trauma course for emergency medicine

 10–11 October 2026
 Education Centre, Queen's
Hospital,

Registration fees

Full course:£299

Course convenor:

Mr Krishna Vemulapalli
Consultant Orthopaedic Surgeon,
Barking, Havering and Redbridge University Hospitals
NHS Trust

Educational aims and objectives

This course offers a thorough exploration of trauma and orthopaedics, specifically tailored for professionals working in an Accident and Emergency (A&E) department.

Who is it for?

It is designed for all levels of staff, including SHO's, registrars, ENP's, GPs working in A&E, and A&E consultants seeking to refresh and expand their knowledge.

What to expect?

The first day will consist of comprehensive lectures, allowing for in-depth discussions and the opportunity to clarify key concepts with experienced faculty members. The second day focuses on practical, hands-on experience of plaster application.

Cancellation policy & filming notice

To view our cancellation policy and filming notice, please visit the ORUK website here: [www.oruk.org/
event-cancellation-policy](http://www.oruk.org/event-cancellation-policy)

Programme (Day 1)

Saturday 10 October 2026

08:00	Registration and refreshments
08:30	Welcome and introduction Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
08:40	Back pain & cauda equina and spinal fractures Mr Alagappan Sivaraman, Consultant Orthopaedic Spinal Surgeon, Nuffield Health Brentwood Hospital
09:05	Pelvis fracture Mr Pete Bates, Consultant Trauma and Orthopaedic Surgeon, Royal London Hospital
09:30	Femoral shaft & tibial shaft fractures Mr James Wong, Consultant Orthopaedic Surgeon, Queen's Hospital, Romford
09:50	Fractures around knee Mr Ahmad Ali, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital, Romford
10:10	Refreshments
10:30	Foot and ankle fractures Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:50	Lisfranc's & Achilles rupture Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
11:10	Wrist and hand fractures Ms Anuhya Vusirikala, Consultant Orthopaedic Hand Surgeon, Barking, Havering, Redbridge Foundation NHS Trust
11:50	Pearls in hand splinting Ms Jenousha Naidoo, Band 7 occupational therapist and and therapist, Barking, Havering and Redbridge University Hospitals NHS Trust
12:00	Hand splinting application session Ms Jenousha Naidoo, Band 7 occupational therapist and and therapist, Barking, Havering and Redbridge University Hospitals NHS Trust
13:00	Lunch
13:40	Shoulder dislocations & rotator cuff Mr Dimitrios Tsekis, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust

Please note this programme may be subject to change

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13:50	Fractures around the shoulder Mr Dimitrios Tsekas, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
14:05	Fractures around elbow Mr Nelson Bua, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
14:25	Peripheral nerve examination of upper limb Ms Anuhya Vusirikala, Consultant Orthopaedic Hand Surgeon, Barking, Havering, Redbridge Foundation NHS Trust
14:35	Peripheral nerve examination of lower limb Mr Nelson Bua, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
14:45	Safe guarding fractures (children) Dr Katie Ruck, Paediatric Consultant, Queen's Hospital, Romford
15:00	Practical sessions Reduction of colles, Reduction of ankle dislocations, Application of pelvic binders, Application of femur fracture splints Mr Asif Parkar, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital Ms Anuhya Vusirikala, Consultant Orthopaedic Hand Surgeon, Barking, Havering, Redbridge Foundation NHS Trust Mr Nelson Bua, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust Mr Krishna Vemulapalli, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital Mr Dimitrios Tsekas, Consultant Orthopaedic Surgeon, Basildon Hospital
16:00	Refreshments
16:15	Safe guarding fractures (adults) Mr Asif Parka, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital, Romford
16:25	Compartment syndrome Mr Asif Parka, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital, Romford
16:35	Open fractures Mr Nelson Bua, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:45	How to reduced missed fractures by up to 80% in just 15 minutes Mr Mohamed Elsayad, Consultant Radiologist, Queen's Hospital, Romford
17:00	Close of day

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Programme (Day 2)

Sunday 11 October 2026

08:00	Registration and refreshments
08:30	Fractures around elbow (paeds) Mr Ashok Acharya, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital, Romford
08:45	Fractures in upper limb (paeds) Mr Ashok Acharya, Consultant Trauma and Orthopaedic Surgeon, Queen's Hospital, Romford
09:00	Anaesthesia in ED Dr Marut Reddy , ED Consultant and Intensive Therapy Unit Specialist Registrar, Barking, Havering and Redbridge University Hospitals NHS Trust
09:15	Limping child (septic arthritis; SUFE and Perth) Mr Madhu Tiruveedhula, Consultant Trauma and Orthopaedic Surgeon, Basildon Hospital
09:35	Fractures in lowerlimb (paeds) Mr Madhu Tiruveedhula, Consultant Trauma and Orthopaedic Surgeon, Basildon Hospital
09:45	Soft tissue hand injuries Mr Manu Sood, Consultant Plastic Surgeon, Broomfield Hospital
10:15	Emergency plastering Mr Mike Cridland, Lead Orthopaedic Practitioner, Barking, Havering and Redbridge University Hospital NHS Trust
10:30	Upper limb plaster application session Led by: Mr Mike Cridland, Lead Orthopaedic Practitioner, Barking, Havering and Redbridge University Hospital NHS Trust
12:00	Refreshments
12:15	Lower limb plaster application session Led by: Mr Mike Cridland, Lead Orthopaedic Practitioner, Barking, Havering and Redbridge University Hospital NHS Trust
13:45	Close of course