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Advanced London shoulder tendon transfer masterclass



Date: 16—17 July 2026

Venue: London

16 July — 10 Union Street

**17 July — Dissecting Room,
Hodgkin Building, Guy's Campus**

CPD: 12 credits

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A note from the organising committee...

Welcome to the Advanced London tendon transfer course.

This two-day masterclass is dedicated to state-of-the-art, evidence-based strategies in shoulder tendon transfers and complex rotator cuff reconstruction. It continues our ethos of shared decision-making across the shoulder team, bringing surgeons and physiotherapists together around the irreparable cuff, scapulothoracic dysfunction, and the rehabilitation pathways that determine outcome.

We are delighted to welcome a distinguished international faculty from across the UK, Europe, the United States, and the Middle East, who will share their expertise and their most recent thinking on these challenging conditions.

The programme has been built for depth and for practicality. Day 1 opens with plenary lectures, expert debate, video-based technique sessions, and case-based panels on complex and irreparable tears, with rehabilitation-focused roundtables that integrate surgical and physiotherapy perspectives — and is open to allied health professionals. Day 2 moves into the cadaveric dissection laboratory, with a live demonstration, faculty-led stations, a favourable 2-1 candidate-to-specimen ratio, stepwise procedural coaching, and roving experts for real-time feedback.

We extend our sincere thanks to our faculty for their time and expertise, and to Orthopaedic Research UK (ORUK) for their continued support and excellent organisation.

We are also grateful to our sponsors, whose contributions make this event possible and allow us to offer subsidised registration fees. We encourage you to visit their stands during the meeting.

We hope you find the masterclass stimulating and practical, and we look forward to your feedback as we continue to develop the course in the years ahead.

Professor Mohammed A Imam

Consultant Trauma and Orthopaedic Surgeon

Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals



Programme – Day 1

10 Union Street, London, SE1 1SZ

08:00	Registration
08:30	Welcome and introduction Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
THE FOUNDATION Moderator: Mr Tony Antonios Chair: Professor Duncan Tennent and Mr Ben Hughes	
08:45	Pathomechanics of massive cuff deficiency – force couples, deltoid wrapping Mr Mustafa Rashid, Consultant Shoulder Surgeon, Colchester General Hospital
08:55	How do I examine patients with rotator cuff insufficiency Mr Henry Colaço, Consultant Orthopaedic Surgeon, Royal Hampshire County Hospital
09:05	Imaging and planning – Goutallier / Hamada; predicting irreparability Dr Amanda Isaac, Consultant Radiologist, King's College London
09:15	Role of post-operative imaging: When, what and how? Dr Amanda Isaac, Consultant Radiologist, King's College London
09:25	Massive cuff tears, pathomechanics and role of augmentation Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust
09:35	How do I repair massive cuff tears? Mr Hany Ahmed Elsayed, Consultant Orthopaedic Surgeon, Dr Soliman Fakeeh Hospital, Saudi Arabia
09:45	Tendon transfers of the shoulder, biomechanics and indications Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
10:00	Discussion and Q&A
10:10	Refreshments and exhibition
THE SUBSCAPULARIS Moderator: Professor Mohamed A Imam Chair: Professor Alexander Van Tongel and Mr Hany Ahmed ElSyed	
10:40	Can we repair an apparent irreparable subscapularis tear? Tips and tricks Professor Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain
10:50	Latissimus dorsi transfer for subscapularis insufficiency Dr Abdulilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital, Spain
11:10	Pectoralis transfer for subscapularis insufficiency Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

11:20 **Non-operative management of subscapularis tears and post-operative rehab principles**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

11:30 **Discussion and Q&A**

11:40 **Debate: Management of subscapularis tears, which tendon transfer and rehab?**
All faculty

12:00 **Lunch and exhibition**

POSTEROSUPERIOR CUFF INSUFFICIENCY (PART I)

Moderator: Mr Mustafa Rashid

Chair: Professor Bassem El Hassan and Mr Simon Lambert

13:00 **Management of failed rotator cuff repairs**
Professor Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain

13:10 **Latissimus dorsi tendon transfer (LDTT): Indications, pearls and pitfalls**
Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust

13:20 **Lower trapezius transfer (LTT) with Achilles allograft: Arthroscopy-assisted set-up and fixation**
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals

13:30 **Avoiding complications in LTT transfers**
Dr Abdulilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital, Spain

13:40 **Superior capsule reconstruction (SCR): Indications, graft choices key steps and outcomes**
Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

13:50 **Partial rotator cuff repairs and long head of biceps augmentation**
Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust

14:00 **Rehabilitation after transfers / SCR: Phasing, restrictions and return to work / sport**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

14:10 **Discussion and Q&A**

POSEROSUPERIOR CUFF INSUFFICIENCY (PART II)

Moderator: Mr Ali Narvani

Chair: Professor Emilio Calvo and Mr Henry Colaço

- 14:20 Basics of a reverse shoulder replacement for the irreparable cuff tears**
Mr Tony Antonios, Consultant Trauma and Orthopaedic Upper Limb Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
- 14:30 Tendon transfers in the setting of reverse arthroplasty**
Professor Alexander van Tongel, Shoulder and Elbow Surgeon, Ghent University, Belgium
- 14:40 RTSE essentials: Indications beyond cuff tear arthroplasty, baseplate position and lateralisation choices**
Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust
- 14:50 Avoiding complications in reverse shoulder replacements**
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
- 15:00 Irreparable posterosuperior tear: My treatment algorithm**
Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust
- 15:10 Rehabilitation after RTSA with or without tendon transfers: Phasing, restrictions, return to work / sport**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust
- 15:20 Discussion and Q&A**
- 15:30 Refreshments and exhibition**

COMPLEX PRESENTATIONS AND DEBATES

Moderator: Mr Rohit Gupta

Chair: Professor Abdulilah Hachem and Mr Simon Lambert

- 16:00 Iatrogenic nerve injuries around the shoulder girdle – avoiding complications**
Mr Chye Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust
- 16:10 The importance of thoracoscaphular motion after RSA**
Professor Alexander van Tongel, Shoulder and Elbow Surgeon, Ghent University, Belgium
- 16:20 Management of scapular winging**
Mr Chye Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK
- 16:30 Non-operative management of scapular winging**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

16:40	STAM: Recognition, physio, when surgery helps (RECORDED) Professor Bassem Elhassan, Professor of Orthopaedic Surgery, Harvard Medical School
16:50	Discussion and Q&A
17:00	Debate: How do I choose my best option in cases of posteroinferior insufficiency - irreparable cuff All faculty
17:20	Summary and close of day



Programme – Day 2

Dissecting Room, Hodgkin Building, Guy's Campus, London, SE1 1LU

09:00	Registration and scrub up
PRACTICAL SESSIONS	
09:15	Lower trapezius transfer for posterosuperior cuff insufficiency Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals Professor Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain
10:45	Latissimus dorsi transfer for posterosuperior cuff insufficiency Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust Mr Tony Antonios, Consultant Trauma and Orthopaedic Upper Limb Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
12:15	Triple tendon transfer (DEMO) Mr Chye Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
12:45	Lunch
13:30	Latissimus dorsi transfer for subscapularis insufficiency Dr Abdulilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust
15:00	Peripheral nerve safety – axillary, radial, spinal accessory and Infraclavicular brachial plexus Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals Mr Chye Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK
16:30	Pectoralis major transfer for scapular winging (DEMO) Professor Alexander van Tongel, Shoulder and Elbow Surgeon, Ghent University, Belgium Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust
17:00	Close of event

Workshop faculty

Mr Tony Antonios, Professor Emilio Calvo, Mr Henry Colaço, Mr Hany Ahmed Elsayed, Mr Rohit Gupta, Dr Abdulilah Hachem, Professor Mohammed Al Imam, Mr Simon Lambert, Mr Ali Narvani, Mr Mustafa Rashid, Professor Duncan Tennent, Professor Alexander van Tongel, Mr Chye Yew Ng

Faculty biographies

Mr Hany Ahmed Elsayed Ahmed, Consultant Orthopaedic Surgeon, Dr Soliman Fakeeh Hospital, Saudi Arabia

Dr. Hany Ahmed Elsayed is a Consultant Orthopedic Surgeon with over 22 years of experience in the field of orthopedics and traumatology. He is fluent in Arabic and English and has developed broad expertise in knee surgery and arthroscopy, sports injuries of the shoulder and knee, shoulder and knee joint replacement, shoulder and upper limb surgery and arthroscopy, as well as hand surgery and wrist arthroscopy.

Dr. Elsayed completed advanced fellowship training in Traumatology and Shoulder Arthroscopy at GOC Bonn, Germany, in 2013, followed by a Fellowship in Fracture and Hand Surgery at Ulm University, Germany, in 2012. He earned his PhD in Orthopedic Surgery from Cairo University in 2016, where he also completed his Master of Orthopedic Surgery in 2009 and Bachelor of Medicine and Surgery in 2003.

He has held several important academic and professional roles, including Faculty Member and Executive Committee Member of the Egyptian Shoulder and Elbow Surgery Association (EJSSA), Chairman of its International Committee, and Corresponding Member of the American Shoulder and Elbow Surgeons Association (ASES). He is also an Executive and Scientific Committee Member of the SICOT Shoulder and Elbow Committee, a Regional Member of AO Trauma, a Representative of the Egyptian Shoulder Arthroscopy Society in Saudi Arabia, a Founding Member of the African Shoulder and Elbow Society, an Assistant Professor in Orthopedic and Traumatology at Fakeeh College for Medical Sciences, and a Scientific Committee Member of the Arab Shoulder and Elbow Society.

Faculty biographies

Mr Tony Antonios, Consultant Trauma and Orthopaedic Upper Limb Surgeon, the Rowley Bristow Unit

Mr Tony Antonios is a Consultant Orthopaedic and Trauma Surgeon specialising in complex upper limb surgery, based at the Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals NHS Foundation Trust, where he is Clinical Lead for the Trauma Service.

He trained at St George's, University of London, and completed specialist orthopaedic training in London, followed by advanced fellowships in upper limb reconstruction, sports surgery, and complex trauma at leading UK centres. His practice covers the full spectrum of upper limb pathology, with particular expertise in shoulder and elbow surgery, including complex arthroscopy, arthroplasty, and trauma reconstruction. He is also part of the UK Elbow Hub Unit Network, performing elbow replacement surgery.

Mr Antonios has been awarded prestigious travelling fellowships from the British Orthopaedic Association and EFORT, visiting internationally renowned centres including the Mayo Clinic and Harvard. He has published widely and leads research, audit, and quality improvement initiatives focused on improving outcomes in upper limb and trauma care.

He is actively involved in surgical education as Course Co-Convenor of the Chertsey FRCS Trauma and Orthopaedics Course and has held roles as Education Lead and Acting Surgical College Tutor. He is also President Elect of the Orthopaedic Section of the Royal Society of Medicine.

His practice is grounded in evidence-based, patient-centred care, with a focus on optimising functional outcomes through both operative and non-operative strategies.

Faculty biographies

Mr Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain

Emilio Calvo is the Director of the Department of Orthopedic Surgery and Traumatology and Professor of Orthopedics at the Fundación Jiménez Díaz, a teaching hospital affiliated to the Autónoma University of Madrid (Spain). He is also the director of the Shoulder and Elbow Fellowship Program. After terminating his residency, he completed a fellowship in Sports Medicine at Beth Israel Medical Center in New York.

Currently, and since 1998, he is in charge of the Shoulder and Elbow Reconstructive Surgery Unit. During his tenure, new and innovated techniques have been introduced, like complex prosthetic procedures and arthroscopic Latarjet or arthroscopic treatment of proximal humeral malunions. In addition, a number of research projects in shoulder surgery have been initiated and developed. The main topics his research is focused to are shoulder instability, rotator cuff tear repair, shoulder arthroplasty, and reconstruction of complex proximal fractures and their complications. Numerous communications to national and international meetings have been presented, more than 4 books and 30 book chapters, and more than 150 publications in peer-reviewed journals have been published. He is Associate Editor of the Journal of Shoulder and Elbow Surgery. He has also been part of the faculty of prestigious shoulder meetings in Europe and America.

Emilio Calvo is also an active member of national and international scientific societies, like the European Society for Surgery of the Shoulder and Elbow (ESSSE), the American Shoulder and Elbow Surgeons (ASES), the European Society for Sports, Knee and Arthroscopy (ESSKA), and the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS). He has been President of the European Society for Surgery of the Shoulder and Elbow (ESSSE) and is currently the Past Deputy Chair of the Shoulder Committee of the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS). He has been the President of the 22nd Meeting of the European Society for Surgery of the Shoulder and Elbow, and the President of the 2013 European Society for Surgery of the Shoulder and Elbow Closed Meeting held in Madrid on September 2009 and 2013.

Faculty biographies

Mr Henry Colaco, Consultant Orthopaedic Surgeon, Royal Hampshire County Hospital

Mr Henry Colaço is a Consultant Orthopaedic Surgeon specialising in reconstructive and sports shoulder and elbow surgery, as well as complex upper limb trauma, including hand and wrist injuries. He is Clinical Lead for Upper Limb Surgery at Hampshire Hospitals NHS Foundation Trust and a founding member of The Shoulder Practice and The London Shoulder Meeting.

He adopts a patient-centred approach, using functional outcome data to guide personalised care. His practice incorporates innovative techniques such as awake shoulder surgery, 3D templating for joint replacement, and minimally invasive procedures to optimise recovery. He has treated high-profile patients, including professional athletes, actors, and musicians.

Mr Colaço has a particular interest in advanced arthroscopic techniques, including the management of shoulder instability with bone loss, irreparable rotator cuff tears, and biceps tendon pathology. He graduated from Imperial College London with distinction and completed his orthopaedic training in London, including fellowships at University College Hospital and St George's Hospital. He was awarded the BESS Travelling Fellowship and later appointed Consultant at the Royal Hampshire County Hospital, where he also serves as a surgical trainer.

He is actively involved in research, leading and contributing to trials in upper limb surgery, including NIHR-funded studies. A former member of the BESS Education Committee and founding member of the Simulation Working Group, he has been recognised with the BOA 'Innovation in Simulation' Award and continues to advance surgical training through simulation. He is a Faculty member of the Royal College of Surgeons of Edinburgh and teaches widely at national and international level.

Mr Colaço organises the annual London Shoulder Meeting, now the UK's largest independent shoulder and elbow conference. He has also chaired sessions at the BOA Congress and serves as a reviewer and Editorial Board member for leading orthopaedic journals, including the Journal of Arthroscopy.

Faculty biographies

Mr Bessam Elhassan, Professor of Orthopaedic Surgery, Harvard Medical School

Dr. Bassem Elhassan is a world-renowned shoulder, elbow, and hand surgeon, known for managing cases from routine arthroscopy to complex reconstructive procedures, including techniques he has pioneered. He is committed to delivering exceptional patient care and restoring function to help patients return to their daily activities.

Dr. Elhassan joined Massachusetts General Hospital in 2020, having previously served as Professor of Orthopaedic Surgery at the Mayo Clinic. He earned his medical degree from the American University of Beirut, where he also completed early surgical training, before undertaking orthopaedic residency at the University of Illinois at Chicago. He then completed fellowships in hand and upper extremity surgery at the Mayo Clinic and in shoulder and elbow surgery at Mass General.

During his time at the Mayo Clinic, he received the Teacher of the Year Award in consecutive years (2009 and 2010), and his service was recognised as a leading training rotation. A pioneer in upper extremity surgery, Dr. Elhassan has developed over 20 novel procedures and is widely regarded as a global expert in scapulothoracic disorders and tendon transfers.

He has authored over 125 peer-reviewed publications and 30 book chapters, and has presented extensively at national and international meetings, receiving numerous awards. He was also a recipient of the ASES Traveling Fellowship Exchange Program in 2015.

Faculty biographies

Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust

Mr. Rohit Gupta's undergraduate training took place at Guy's Hospital Medical School, University of London, qualifying in 1993. His post-graduate surgical training was at Guy's & St. Thomas' Hospitals, London. Specialist orthopaedic training was undertaken in the South East Thames region of the NHS, including Guy's, King's and St. Thomas' Hospitals. Upon completion of his orthopaedic training, he undertook one year of specialist Fellowship training in Shoulder / Upper Limb Surgery and Sports Medicine / Arthroscopic Surgery in Perth, Western Australia in 2003-4.

He was appointed as a substantive Consultant Trauma & Orthopaedic Surgeon with a specialist interest in shoulder & upper limb surgery at Ashford & St. Peters Hospitals NHS Foundation Trust, Chertsey, Surrey in 2005. He has been instrumental in developing the Upper Limb team at the Rowley Bristow Orthopaedic Unit, which prides itself in delivering a collaborative multi-disciplinary approach to patient care.

He has developed a practice concentrating on complex shoulder and elbow reconstructive surgery. As a result, he regularly attracts tertiary referrals throughout the region and nationally to help surgical colleagues with challenging cases requiring complex arthroscopic reconstruction, tendon transfers around the shoulder, and revision arthroplasty. He is also a founder member and senior advisor at regional upper limb MDT meetings, recognised for his experience and expertise in managing complex upper limb cases. In fact, for many years, he was one of only two Consultant T&O Surgeons in SE England regularly undertaking tendon transfer surgery around the shoulder. He is recognised nationally / internationally as a surgical instructor in advanced arthroscopy & arthroplasty, regularly teaching on cadaveric and live surgery courses. He is a regular invited lecturer at national / international level, including masterclasses / instructional courses at ICSES, BOA & BESS annual scientific meetings.

Mr Abdulilah Hachem, Associate Professor of Orthopaedic Surgery & Director of Shoulder Master Fellowship, Hospital Universitario Bellvitge & Centro Medico Teknon & Universidad Barcelona, Spain

Dr. Abdulilah Hachem is a leading specialist in Orthopedic Surgery and Traumatology , with a solid academic background that includes a Bachelor of Medicine and Surgery degree from the Universidad de Murcia (1991).

Dr. Abdulilah Hachem currently serves as Head of Department at the Centro Médico Teknon , where he leads the Traumatology area. Among his most relevant scientific contributions is the article "Maximal Scapular Protraction Increases the Safety Distance of the Spinal Accessory Nerve During Lower Trapezius Tendon Harvest: A Cadaveric Study," published in JSES Int. in January 2026.

His professional excellence has been recognized with the "Best Paper Award" at the SECEC Congress 2025. He is also an active member of the Spanish Society of Shoulder and Elbow Surgery (SECHC), further solidifying his position as a leading figure in his specialty.

Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

Dr Ben Hughes graduated from the University of Brighton in 2005. After gaining experience as a general musculoskeletal physiotherapist, he joined the Royal National Orthopaedic Hospital in 2013 and developed a specialist interest in the upper limb working in the Shoulder, Elbow and Peripheral Nerve Injury Unit.

Ben is currently an Advanced Physiotherapy Practitioner at Wrightington, Wigan & Leigh NHS Foundation Trust where he continues to provide assessment and rehabilitation for complex upper limb conditions, working alongside his orthopaedic colleagues. Ben has lectured nationally on upper limb rehabilitation and is currently undertaking a pre-doctoral research fellowship with the NIHR alongside his clinical work.

Faculty biographies

Mr Mohamed Imam, Consultant Trauma & Orthopaedic Surgeon, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals, UK

Professor Mohamed A. Imam is a fellowship-trained Consultant Orthopaedic Surgeon specialising in the upper limb, sports injuries, and complex trauma at the Rowley Bristow Orthopaedic Centre, Ashford and St Peter's Hospitals NHS Foundation Trust, Chertsey. He is Director of R&D at the Trust and Professor and Medical Director at the Smart Health Centre, University of East London.

He trained across the UK and internationally, holds a PhD in rotator cuff and shoulder biomechanics, and is a Fellow of the Royal College of Surgeons (Tr & Orth). His clinical and research interests centre on shoulder instability, rotator cuff disease, tendon transfer, and complex trauma, alongside the application of artificial intelligence and digital health to surgery. He has authored over 150 peer-reviewed papers and five edited textbooks, and founded the OrthoGlobe Collaborative.

Ms Amanda Isaac, Consultant Radiologist, Kings College London, UK

Dr Amanda Isaac is an experienced Musculoskeletal Diagnostic and Interventional Consultant Radiologist with extensive experience across hospital and healthcare services. She has particular expertise in spine, sports medicine, skeletal oncology and emergency medicine, with a strong interest in clinical governance, national guideline development, multidisciplinary patient care pathways and healthcare quality improvement. She is a strong healthcare services professional, having graduated from both the Royal College of Radiologists and Surgeons in the UK. Dr Isaac is Hon Senior Clinical Lecturer at King's College London and has a proven track record in academia, alongside a sustained commitment to interdisciplinary translational research.

Dr Isaac has held several leadership and committee roles, including Executive Council Member of the BSSR from 2016 to 2019 and Executive Committee Member of the ESSR from June 2019 to 2021. She is Clinical Governance, Audit and Quality Improvement Lead, Imaging Lead for the Hip Services, Founding Member of the GSTT/KCL Hip Research Team, and Imaging Lead for the Wrist and Hand Services. She is also an active member of the London School of Clinical Radiology, where she supports the London Deanery, and serves as an Educational Supervisor for undergraduate medical students and radiology trainees. Dr Isaac is a member of the International Skeletal Society, European Society of Skeletal Radiology, British Society of Skeletal Radiologists, International Society for Magnetic Resonance in Medicine and European Society of Radiology, and is a member of the Educational Committee of the British Association of Sport and Exercise Medicine.

Faculty biographies

Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

Mr Simon Lambert is a Consultant Orthopaedic Surgeon at University College London Hospital, Honorary Consultant Orthopaedic Surgeon at Great Ormond Street Hospital for Children, and Honorary Senior Lecturer at the Institute of Orthopaedics and Musculoskeletal Science, University College London. He was previously senior surgeon on the upper limb service at the Royal National Orthopaedic Hospital Trust, and visiting surgeon to the States of Jersey. Simon has published widely on all aspects of trauma and shoulder and elbow conditions, and is currently completing an MD concerning the effectiveness of fixed-fulcrum reverse shoulder replacement for the treatment of rotator cuff deficient shoulder arthritis. He has supervised MD and PhD level students researching frozen shoulder, rotator cuff disease, and elbow arthroplasty. He is the current author of the Shoulder Girdle and Upper Arm chapter of Gray's Anatomy and the equivalent Gray's Surgical Anatomy texts. He is co-supervisor of research into aspects of shoulder anatomy in the Department of Anatomy, University of Innsbruck.

Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust

Mr Ali Narvani is a Consultant Orthopaedic and Trauma Surgeon, specialising exclusively in shoulder and elbow surgery.

Ali has a wealth of specialist training and expertise in treating a range of shoulder and elbow conditions and injuries. His specialist interests include open and arthroscopic shoulder and elbow surgery including tendon repair, stabilisations, trauma and joint replacement. Ali has completed a MSc in Sports Medicine and has membership of Faculty of Sports and Exercise Medicine UK.

Ali completed undergraduate and postgraduate training in London at the United Medical and Dental School of Guys and St Thomas' (UMDS, University of London) and at University College London. He was awarded two prestigious fellowships in shoulder and elbow surgery, one as "Paul Calvert Fellow" working with fellow Fortius Consultant Andrew Wallace in London, and the other at the internationally renowned Reading Shoulder Unit working with Stephen Copeland and Ofer Levy.

Faculty biographies

Mr Mustafa Rashid, Consultant Shoulder Surgeon, Colchester General Hospital

Mustafa Rashid is a Consultant Shoulder Surgeon practicing at Colchester General Hospital, with clinical interests focusing on complex shoulder reconstruction, advanced arthroscopic techniques, and the management of rotator cuff deficiency.

He completed his higher surgical training in London and went on to gain valuable subspecialist experience through advanced shoulder fellowships at Wrightington hospital, and the University of Calgary, Canada. Alongside his clinical practice, Mustafa completed a DPhil at the University of Oxford, where his research focused on the biology of rotator cuff tears and tendon healing. He remains active in clinical research and education, with a particular interest in how advanced reconstructive techniques and tendon transfers can improve outcomes for patients with severe cuff deficiency.

Mr Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

Professor Duncan Tennent is a consultant shoulder surgeon at St George's NHS Trust and Cleveland Clinic London and Professor of Orthopaedic Education at City St George's. He is on the editorial board of the Bone and Joint Journal and was a Trustee of the BOA and treasurer and education chair of BESS.

He has published over 100 peer reviewed papers a number of patents and surgical innovations including the Tightrope ACJ stabilisation. He has published widely and his particular interests are the management of massive rotator cuff tears and shoulder instability.

Faculty biographies

Mr Alexander van Tongel, Ghent University, Belgium

Prof. Dr. Alexander Van Tongel works as a shoulder and elbow surgeon at the UZ Gent-Belgium. He obtained his PhD on the topic of degenerative sternoclavicular pathology.

He is a board member of the BELSS (Belgian Elbow and Shoulder Society), and a member of the qualification committee of the SECEC/ESSE (European Society of Shoulder and Elbow Surgery) and the ASES (American Shoulder and Elbow Society). He is also a member of the executive committee of the Department of Structure and Rehabilitation of the human body in the Faculty of Medicine of UGent.

Mr Chye Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK

Mr CY Ng is a Consultant Orthopaedic Surgeon at Wrightington, Wigan and Leigh NHS Foundation Trust, specialising in hand, wrist and peripheral nerve surgery. He leads the regional peripheral nerve and brachial plexus injury service and has particular interests in the management of scapular winging, iatrogenic nerve injuries, nerve compression syndromes and scaphoid injuries using arthroscopic techniques.

Mr Ng graduated from the University of Edinburgh as the Ettles Scholar and Gold Medallist. He completed his orthopaedic training at the Royal Infirmary of Edinburgh. He holds both the British and European Diplomas in Hand Surgery and has authored more than 80 peer-reviewed publications and book chapters. He is actively involved in surgical education and training and currently serves as Honorary Treasurer of the British Society for Surgery of the Hand (BSSH). His clinical practice combines advanced peripheral nerve surgery with a strong interest in education, innovation and the application of technology to improve patient care.



The BESS – ORUK meeting



**Pathways to performance:
Navigating challenges
and controversies in
shoulder and elbow
surgery – 2026**

8:30 AM - 17:00 PM

5 credits (applied for)

IET Birmingham: Austin Court | 18 November 2026

Convenors:

Mr Amol Tambe

Consultant Shoulder and Elbow Surgeon, University Hospitals of Derby and Burton NHS Foundation

Mr Mustafa Rashid

Consultant Shoulder Surgeon, Colchester General Hospital

Mr Matthew Guillian

Upper Limb Extended Scope Practitioner,
East and North Hertfordshire Teaching NHS Trust

Register now: <https://bit.ly/BESS-2026>



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<https://www.jnjmedtech.com/en-GB/companies/depu-synthes>



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LEDA are a specialist upper extremity distributor. Our IJS-Elbow, from Skeletal Dynamics, is part of the wider Distal Elbow Set, which also includes plates, screws and the Align Radial Head replacement. Our HFS Humeral Fixation Set features unique Ti-Beam technology and a robust supracondylar plate as well as options for midshaft humeral fractures. We launched the SD PHP Proximal Humerus Plate in 2026 and the early feedback has been phenomenal.

We are also showcasing the Medenvision range of Esy-Suits and Grippers for shoulder surgery. Improve efficiency for optimised theatre workflow.

Learn more about these innovations and the whole of our exciting portfolio at the LEDA booth.

Contact: sales@LEDAortho.com

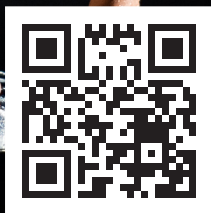


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