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COURSES

Orthopaedic
Research UK



Advanced London shoulder tendon transfer masterclass




Date: 16–17 July 2026

Venue: London
16 July – 10 Union Street
17 July – Dissecting Room,
Hodgkin Building, Guy's Campus

CPD: 14 credits (applied for)

Advanced London shoulder tendon transfer masterclass

 16–17 July 2026

 Location:

16 July – 10 Union Street, London
SE1 1SZ

17 July – Dissecting Room, Hodgkin
Building, Guy's Campus, London SE1
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Educational aims and objectives

Delegates will:

- Explore evidence-based approaches to shoulder tendon transfer and complex cuff reconstruction
- Review management options and decision-making algorithms for irreparable posterosuperior and anterosuperior tears
- Diagnose and manage scapulothoracic abnormal motion (STAM)
- Plan and execute open and arthroscopically assisted techniques, including postoperative rehabilitation pathways
- Recognise, anticipate, and manage intraoperative and postoperative complications

Meeting convenors:

Professor Mohammed A Imam

Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery
[Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals](#)

Mr Simon Lambert

Consultant Trauma and Orthopaedic Surgeon
[University College London Hospital NHS Foundation Trust](#)

Format of the event

Day 1 – Lectures

Day 2 – Cadaveric practical sessions with live demonstrations and hands-on experience

Programme – Day 1

10 Union Street, London SE1 1SZ

08:00 Registration

08:30 Welcome and introduction

Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals

THE FOUNDATION

Moderator: Mr Tony Antonios

Chair: Professor Duncan Tennent and Mr Ben Hughes

08:45 Pathomechanics of massive cuff deficiency – force couples, deltoid wrapping

Mr Mustafa Rashid, Consultant Shoulder Surgeon, Colchester General Hospital

08:55 How do I examine patients with rotator cuff insufficiency

Mr Henry Colaço, Consultant Orthopaedic Surgeon, Royal Hampshire County Hospital

09:05 Imaging and planning – Goutallier / Hamada; predicting irreparability

Dr Amanda Isaac, Consultant Radiologist, Kings College London

09:15 Role of post-operative imaging: When, what and how?

Dr Danoo Dalili, Consultant Radiologist, South West London Elective Orthopaedic Centre

09:25 Massive cuff tears, pathomechanics and role of augmentation

Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust

09:35 How do I repair massive cuff tears?

Mr Hany Ahmed Elsayed, Consultant Orthopaedic Surgeon, Dr Soliman Fakeeh Hospital, Saudi Arabia

09:45 Tendon transfers of the shoulder, biomechanics and indications

Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

10:00 Discussion and Q&A

10:10 Refreshments and exhibition

THE SUBSCAPULARIS

Moderator: Professor Mohamed A Imam

Chair: Professor Alexander Van Tongel and Mr Hany Ahmed ElSyed

10:40 Can we repair an apparent irreparable subscapularis tear? Tips and tricks

Professor Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain

10:50 **Latissimus dorsi transfer for subscapularis insufficiency**
Dr Abdulilah Hachem, President, Spanish Society of Shoulder and Elbow Surgery & Associate Professor of Orthopaedic Surgery & Director of Shoulder Master Fellowship, Hospital Universitario Bellvitge & Centro Medico Teknon & Universidad Barcelona, Spain

11:10 **Pectoralis transfer for subscapularis insufficiency**
Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

11:20 **Non-operative management of subscapularis tears and post-operative rehab principles**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

11:30 **Discussion and Q&A**

11:40 **Debate: Management of subscapularis tears, which tendon transfer and rehab**
All faculty

12:00 **Lunch and exhibition**

POSTEROSUPERIOR CUFF INSUFFICIENCY (PART I)

Moderator: Mr Mustafa Rashid

Chair: Professor Bassem El Hassan and Mr Simon Lambert

13:00 **Management of failed rotator cuff repairs**
Professor Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain

13:10 **Latissimus dorsi tendon transfer (LDTT): Indications, pearls and pitfalls**
Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust

13:20 **Lower trapezius transfer (LTT) with Achilles allograft: Arthroscopy-assisted set-up and fixation**
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals

13:30 **Avoiding complications in LTT transfers**
Dr Abdulilah Hachem, President, Spanish Society of Shoulder and Elbow Surgery & Associate Professor of Orthopaedic Surgery and Director of Shoulder Master Fellowship, Hospital Universitario Bellvitge & Centro Medico Teknon & Universidad Barcelona, Spain

13:40 **Superior capsule reconstruction (SCR): Indications, graft choices key steps and outcomes**
Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

13:50 **Partial rotator cuff repairs and long head of biceps augmentation**
Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust

14:00 **Rehabilitation after transfers / SCR: Phasing, restrictions and return to work / sport**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

14:10 **Discussion and Q&A**

14:20 **Refreshments and exhibition**

POSEROSUPERIOR CUFF INSUFFICIENCY (PART II)

Moderator: Mr Ali Narvani

Chair: Professor Emilio Calvo and Mr Henry Colaço

14:50 **Basics of a reverse shoulder replacement for the irreparable cuff tears**
Mr Tony Antonios, Consultant Trauma and Orthopaedic Upper Limb Surgeon, the Rowley Bristow Unit

15:00 **Tendon transfers in the setting of reverse arthroplasty**
Professor Alexander van Tongel, Shoulder and Elbow Surgeon, Ghent University, Belgium

15:10 **RTSE essentials: Indications beyond cuff tear arthroplasty, baseplate position and laterisation choices**
Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

15:20 **Avoiding complications in reverse shoulder replacements**
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals

15:30 **Irreparable posterosuperior tear: My treatment algorithm**
Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust

15:40 **Rehabilitation after RTSA with or without tendon transfers: Phasing, restrictions, return to work / sport**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust

15:50 **Discussion and Q&A**

16:00 **Refreshments and exhibition**

COMPLEX PRESENTATIONS AND DEBATES

Moderator: Mr Rohit Gupta

Chair: Professor Abdullah Hachem and Mr Simon Lambert

16:30 **Iatrogenic nerve injuries around the shoulder girdle – avoiding complications**
Mr Cy Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust

- 16:40** **The importance of thoracoscapular motion after RSA**
Professor Alexander van Tongel, Shoulder and Elbow Surgeon, Ghent University, Belgium
- 16:50** **Management of scapular winging and triple tendon transfers**
Mr Cy Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK
- 17:00** **Non-operative management of scapular winging**
Mr Ben Hughes, Advanced Upper Limb Physiotherapy Practitioner, Wrightington, Wigan and Leigh NHS Foundation Trust
- 17:10** **STAM: Recognition, physio, when surgery helps**
Professor Bassem Elhassan, Professor of Orthopaedic Surgery, Harvard Medical School
- 17:20** **Discussion and Q&A**
- 17:30** **Debate: How do I choose my best option in cases of posterolateral insufficiency - irreparable cuff**
All faculty
- 17:50** **Summary and close of day**



Programme – Day 2

Dissecting Room, Hodgkin Building, Guy's Campus, London SE1 1LU

09:15 Registration and refreshments

PRACTICAL SESSIONS

09:30 Lower trapezius transfer for posterosuperior cuff insufficiency
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
Professor Emilio Calvo, Professor of Orthopaedics, Universidad Autonoma de Madrid, Spain

10:30 Latissimus dorsi transfer for posterosuperior cuff insufficiency
Mr Rohit Gupta, Consultant Trauma and Orthopaedic Surgeon, Ashford and St Peter's Hospitals NHS Trust
Mr Tony Antonios, Consultant Trauma and Orthopaedic Upper Limb Surgeon, the Rowley Bristow Unit

11:30 Triple tendon transfer
Mr Cy Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals

12:30 Lunch and exhibition

13:30 Latissimus dorsi transfer for subscapularis insufficiency
Dr Abdulilah Hachem, President, Spanish Society of Shoulder and Elbow Surgery & Associate Professor of Orthopaedic Surgery & Director of Shoulder Master Fellowship, Hospital Universitario Bellvitge & Centro Medico Teknon & Universidad Barcelona, Spain
Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

14:30 Pectoralis major transfer for scapular winging
Professor Alexander van Tongel, Shoulder and Elbow Surgeon, Ghent University, Belgium
Mr Ali Narvani, Consultant Shoulder and Elbow Surgeon, Ashford and St Peter's NHS Foundation Trust

15:30 Peripheral nerve safety - axillary, radial, spinal accessory and infraclavicular brachial plexus
Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
Mr Cy Yew Ng, Consultant Peripheral Nerve Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust, UK

17:00 Close of event

Workshop faculty

Mr Mustafa Rashid, Mr Henry Colaço, Mr Hany Ahmed Elsayed, Mr Simon Lambert, Mr Ben Hughes, Professor Duncan Tennent