

Orthopaedic
Research UK



Paediatric trauma course

Date: 17 June 2026
Venue: Leonardo Royal Hotel
Brighton Waterfront

Thank you for the support:



Programme

08:15	Registration and refreshments
08:45	Welcome and introduction Mr Tom Crompton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust
08:50	Clavicle/proximal humerus / humerus fractures / FACTS trial Ms Anna Bridgens, Paediatric Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust
09:10	Supracondylar humerus fractures Mr Tom Crompton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust
09:30	Elbow fractures / SCIENCE Ms Jo Dartnell, Consultant Paediatric Orthopaedic Surgeon, Maidstone and Tunbridge Wells NHS Trust
10:00	Forearm fractures / distal radius / CRAFFT Mr Ben Chatterton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals of North Midlands NHS Trust
10:20	Refreshments
10:50	Femur fractures Mr Darius Rad, Consultant Paediatric Orthopaedic Surgeon, Southampton General Hospital
11:10	Fractures around the knee Mr Tom Crompton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust
11:30	Tibia / ankle fractures / ODDSOCKS Mr Farokh Wadia, Consultant Paediatric Orthopaedic Surgeon, University Hospital Southampton



11:50

Open fractures in children

Mr Kyle James, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust

12:05

SUFE

Mr Kyle James, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust

12:25

Lunch

13:20–15:00

Practical sessions

Spica

Ms Anna Bridgens, Paediatric Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust & Mr Darius Rad, Consultant Paediatric Orthopaedic Surgeon, Southampton General Hospital

Flexible nails forearm / metaizeau

Mr Kyle James, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust & Ms Jo Dartnell, Consultant Paediatric Orthopaedic Surgeon, Maidstone and Tunbridge Wells NHS Trust

15:00–15:30

Refreshments

15:30 - 17:00

Practical sessions continued

Flexible nails tibia / femur

Mr Farokh Wadia, Consultant Paediatric Orthopaedic Surgeon, University Hospital Southampton & Ms Anna Bridgens, Paediatric Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

Supracondylar humerus

Mr Tom Crompton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust

17:00

Close

Faculty biographies

Ms Anna Bridgens, Paediatric Orthopaedic Surgeon, St George's University Hospitals NHS Foundation Trust

Dr Anna Bridgens is a paediatric orthopaedic surgeon at St George's Hospital, London, a major trauma centre and regional referral unit for complex paediatric cases. She has a specialist interest in paediatric trauma, managing a high volume of upper limb injuries. Her research focuses on paediatric trauma, with publications on supracondylar humeral fractures and open forearm fractures, alongside broader work in neuromuscular and complex paediatric orthopaedics.

She trained on the Percival Pott Rotation in London and completed fellowships at Great Ormond Street Hospital and Evelina London Children's Hospital. She is actively involved in national and international research collaborations and contributes to the development of consensus guidelines and outcome measures in paediatric orthopaedics.

Mr Benjamin Chatterton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals of North Midlands NHS Trust

Mr Benjamin Chatterton is a Consultant Orthopaedic Surgeon at the University Hospitals of North Midlands NHS Trust, with a specialist interest in paediatric orthopaedics, in particular DDH and neuromuscular conditions, and adult major trauma.

He qualified from Brighton and Sussex Medical school, and completed his orthopaedic specialty training on the Oswestry and Stoke rotation, before performing a post-CCT fellowship in children's orthopaedics at the Royal Alexandra Children's hospital in Brighton.

Faculty biographies

Mr Thomas Crompton, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust

Mr Thomas Crompton is a Consultant Orthopaedic Surgeon in the NHS who specialises in paediatric orthopaedic surgery. His areas of expertise includes trauma, hip dysplasia and neuromuscular disease.

He qualified from Barts and the London Medical School and undertook his registrar orthopaedic training at Guy's and St Thomas' hospital. He underwent his specialist children's orthopaedic fellowship at Westmead Children's hospital in Sydney and the Royal London Hospital. He is a member of the Royal College of Surgeons and the British Society for Children's Orthopaedic Surgery.

Ms Jo Dartnell, Consultant Paediatric Orthopaedic Surgeon, Maidstone and Tunbridge Wells NHS Trust

Ms Jo Dartnell undertook her Higher Surgical Training in the South East London Region, where she worked at number of hospitals including Great Ormond Street Children's Hospital, Evelina Children's Hospital, and Maidstone and Tunbridge Wells. In 2013, she undertook a Fellowship in Paediatric Orthopaedics at Evelina Children's Hospital. Later, she then went on to the National University Hospital in Singapore where she continued Fellowship training and worked as a Senior Lecturer in Orthopaedics. Gaining her CCT in Trauma and Orthopaedics in October 2014, she was appointed as a consultant at Maidstone and Tunbridge Wells NHS Trust in March 2015.

Her specialist interests include limb deformities, lengthening and reconstruction, paediatric hip surgery (DDH, Perthes' disease and SCFE) and paediatric knee surgery (sports/trauma/deformity).

Faculty biographies

Mr Kyle James, Consultant Paediatric Orthopaedic Surgeon, University Hospitals Sussex NHS Foundation Trust

Mr Kyle James is a Consultant Orthopaedic Surgeon at the University Hospital Sussex in Brighton, leading the children's orthopaedic team locally and providing outreach to Eastbourne and Chailey Heritage Services. With over 12 years of consultant experience, he specialises in hip dysplasia, neuromuscular orthopaedics, limb reconstruction.

Kyle also specialises in major trauma in both adults and children and works at the major trauma centre in Brighton and has been an Honorary Lecturer in Orthopaedic Trauma MSc at Queen Mary University of London for more than ten years and actively supports orthopaedic training initiatives in The Gambia and Malawi, where he previously worked for four years.

Mr Darius Rad, Consultant Paediatric Orthopaedic Surgeon, Southampton General Hospital

Mr Darius Rad is a Consultant Paediatric Trauma and Orthopaedic Surgeon at Southampton Children's Hospital, with subspecialty interests in paediatric trauma, neuromuscular disorders, and foot and ankle pathology.

He is a GMC-recognised Educational and Clinical Supervisor and faculty member for AO Trauma UK, with a strong interest in surgical education and multidisciplinary care for children with complex musculoskeletal conditions.

Mr Rad is also involved in medico-legal practice and academic teaching, with particular interests in paediatric trauma, neuro-orthopaedics, and evidence-based orthopaedic care.

Faculty biographies

Mr Farokh Wadia, Consultant Paediatric Orthopaedic Surgeon, University Hospital Southampton

Mr Farokh Wadia is a Consultant Paediatric Orthopaedic Surgeon at Southampton Children's Hospital since 2020. He is also Honorary Senior Lecturer at the University of Southampton. From 2014 to 2020, he worked as a Consultant Paediatric Orthopaedic and Trauma Surgeon in Mumbai, India.

He completed a Paediatric Hand Fellowship at Great Ormond Street Hospital, London, and a Paediatric Orthopaedic Fellowship at Royal Manchester Children's Hospital, Manchester. He undertook his specialist trainee rotation from Manchester Deanery.

His special interests include Paediatric Hand, Paediatric and Adolescent Knee disorders, and Limb Reconstruction.

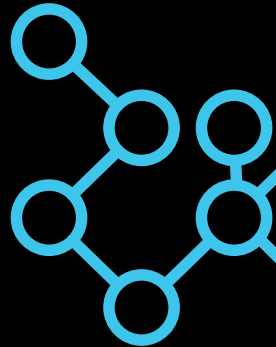
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in research, education
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