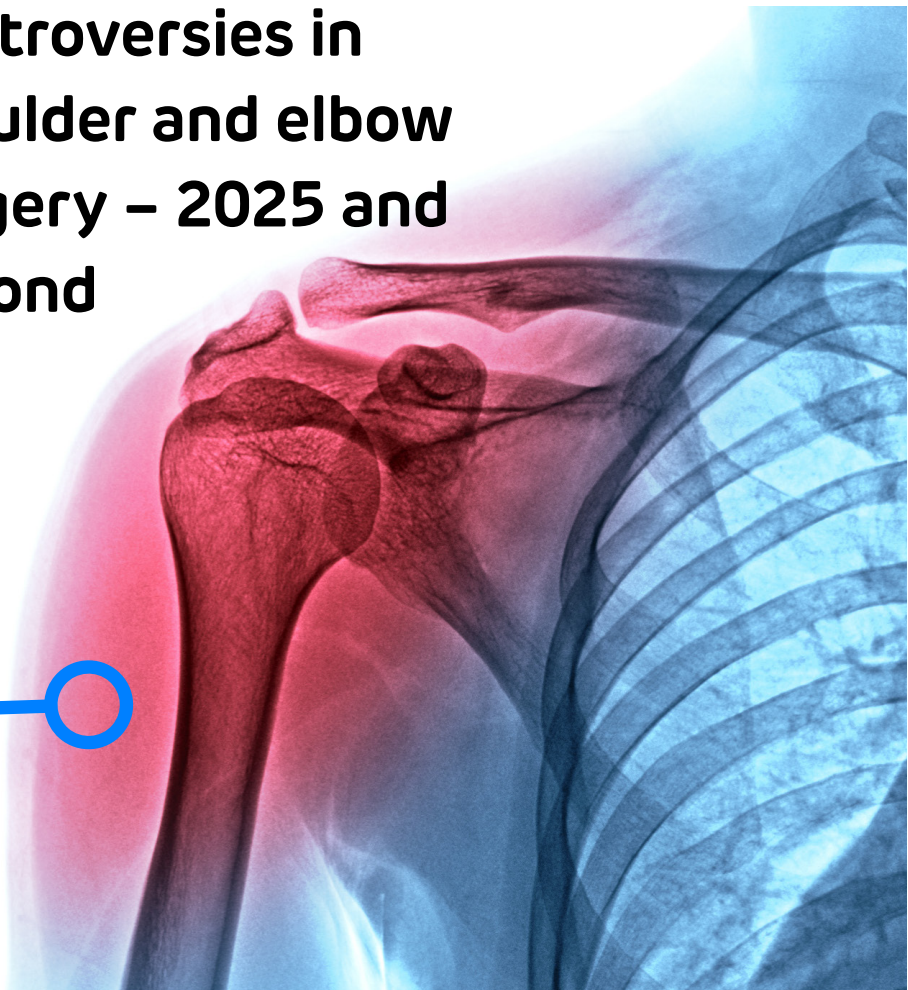


Controversies in shoulder and elbow surgery – 2025 and beyond



Date: 17 November 2025
Venue: IET Birmingham: Austin Court
CPD: 5.5 credits

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LSM2026

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London Shoulder Meeting 2026



Save the date

15—16 May

London

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Programme

08:30	Registration and refreshments
09:00	Introduction and welcome Mr Amol Tambe, Consultant Shoulder and Elbow Surgeon, University Hospitals of Derby and Burton NHS Foundation Trust
INFECTION – EVOLVING GUIDELINES, REAL-WORLD IMPACT Chair: Mr Mark Falworth and Mr Joydeep Sinha	
09:05	Inside the room: The making of new international infection guidelines – how do they sit with respect to UK practice Mr Harvinder Singh, Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust & Honorary Associate Professor, University of Leicester
09:15	Registry in action: BAJIR – who’s using it and is it working? Mr Thomas Baldock, Higher Surgical Trainee, North Tees NHS Foundation Trust
09:25	Evidence check: Are we following the data? – OVIVA and SOLARIO trials Mr Neil Jenkins, Clinical Service Lead for Infectious Diseases, University Hospitals Birmingham NHS Foundation Trust
09:35	Case presentation and panel discussion: Complex infection case and management discussion Led by Joydeep Sinha and all session faculty
10:00	Discussion
THE HUB DILEMMA – CENTRALISATION vs ACCESS Chair: Mr Matt Kent and Mr Mike Walton	
10:15	Shoulder and elbow hubs: The good, the bad, the ugly Mr Mark Falworth, Consultant Orthopaedic Shoulder and Elbow Surgeon, Royal National Orthopaedic Hospital
10:25	Challenges of running a regional elbow multidisciplinary team Mr Sam Vollans, Consultant Shoulder and Elbow Surgeon, Leeds Teaching Hospitals NHS Trust
10:35	Helpful hubs or hindering hurdles? The impact on physiotherapy services Mrs Aileen Mant, Advanced Physiotherapy Practitioner Upper Limb, Mid Yorkshire Teaching Hospitals NHS Trust
10:45	Discussion
11:00	Refreshments and exhibition
TRAUMA CONTROVERSIES – DELAY, DISRUPTION, AND DECISIONS Chair: Ms Jo Winton and Mr Sam Vollans	
11:30	Elective vs trauma: Are MTCs creating bottlenecks? Mr Ananth Ebinesan, Consultant Orthopaedic Surgeon, Manchester University NHS Foundation Trust
11:40	Delay = Harm?: Early vs delayed treatment outcomes Mr Peter Domos, Consultant Trauma and Orthopaedic Surgeon, Royal Free London NHS Foundation Trust
11:50	Rehab roulette: Supporting patients following post-op delay Mrs Lisa Pitt, Upper Limb Physiotherapy Practitioner, Royal Derby Hospital

12:00 **Pathways: Acute traumatic shoulder instability — can we do better**
Mr David Clark, Consultant Orthopaedic Surgeon, Royal Derby Hospital

12:10 **Discussion**

12:20 **Lunch and exhibition**

REGISTRIES & REPLACEMENTS – DATA MEETS DECISION-MAKING

Chair: Mr Rishee Parmar and Mr Amol Tambe

13:20 **What if you're an outlier?: Navigating the system**
Consultant perspective: Mr Richard Craig, Consultant Trauma and Orthopaedic Surgeon, Milton Keynes University Hospital
National Joint Registry perspective: Mr Tim Wilton, Medical Director, National Joint Registry

13:40 **Data to discovery: Researching with the NJR**
Mr Zaid Hamoodi, Research Fellow, University of Manchester

13:50 **When implant systems fail and are recalled — understanding the cause and dealing with the consequences**
Mr Jonathan Phillips, Consultant Orthopaedic Knee Surgeon, Exeter Knee

14:00 **Discussion**

14:10 **ODEP for shoulders: The past, present and future — augments and patient specific implants**
Mr Paul Cowling, Consultant Shoulder and Elbow Surgeon, Leeds Teaching Hospitals NHS Trust

14:20 **Case discussion: Proximal humerus and glenoid bone loss**
Mr Mike Walton, Consultant Shoulder Surgeon, Wrightington, Wigan & Leigh NHS Foundation Trust

14:40 **Refreshments and exhibition**

LOOKING AHEAD – TECHNOLOGY, POLICY & THE FUTURE OF UPPER LIMB SERVICES

Chair: Mr David Clark and Mr Paul Cowling

15:10 **Debate: AI — friend or foe in shoulder and elbow surgery?**
Professor Mohammed A Imam, Consultant Trauma and Orthopaedic Surgeon & Clinical Lead for Trauma Surgery, Rowley Bristow Orthopaedic Unit, Ashford and St Peter's Hospitals
Mr Ahmed Binesmael, Senior Improvement Analyst, The Health Foundation

15:30	Instability and the SORTED Trial Mr Gevdeep Bhabra, Consultant Shoulder and Elbow Surgeon, University Hospitals Coventry & Warwickshire
15:40	Specialist instability services: What are we missing? Mr Rishee Parmar, Consultant Orthopaedic Surgeon, Liverpool University Hospitals NHS Foundation Trust Ms Jo Winton, Consultant Shoulder and Elbow Physiotherapist, Liverpool University Hospitals NHS Foundation Trust
16:05	Metastatic disease: Is it time for a dedicated service? Mr Matt Kent, Consultant Orthopaedic Surgeon, Liverpool University Hospitals NHS Foundation Trust Mr Birender Kapoor, Co-Founder and Consultant Orthopaedic Surgeon, Liverpool Metastatic Bone Service (LiMBS)
16:30	Summary and close of meeting



London upper limb FRCS (Tr&Orth) revision course



4–6 March 2026

London



Faculty biographies (where supplied)

Mr Thomas Baldock, Higher Surgical Trainee, North Tees NHS Foundation Trust

Mr Thomas Baldock is one of the Bone and Joint Infection Registry (BAJIR) fellows alongside being a higher trainee in trauma and orthopaedics. He has completed almost all his training in the Northern Deanery, bar spending a year in Auckland, New Zealand as a Junior Registrar.

He is interested in prosthetic joint infections and improving outcomes for these patients. He is passionate about using the success of revision knee network in recent years to enrol and increase uptake of other subspecialties onto the registry.

Mr Paul Cowling, Consultant Shoulder and Elbow Surgeon, Leeds Teaching Hospitals NHS Trust

Mr Paul Cowling has been a Consultant Shoulder and Elbow Surgeon at Leeds Teaching Hospitals since August 2016. He was previously a trainee in the North East, and completed fellowship level training at both Leeds and Addenbrooke's Hospital, Cambridge. He works at the major trauma centre in Leeds, and specialises in the treatment of complex upper limb trauma. His elective practice focuses upon primary and revision shoulder replacement surgery.

He has published on shoulder replacement surgery and is involved in research at Leeds Biomedical Research Centre, and Institute of Medical and Biological Engineering, Leeds University. He is a national panel member for ODEP for shoulder replacements, and the 'Beyond Compliance' committee for the introduction of new shoulder replacement implants into the UK.

Mr David Clark, Consultant Orthopaedic Surgeon, Royal Derby Hospital

Mr David Clark has been a Consultant Upper Limb Surgeon at the Derby Shoulder Unit for the past 25 years. He has published extensively on quality improvement projects in upper limb including shoulder dislocation.

Further reading:

Does earlier investigation of first-time traumatic shoulder dislocation lead to a reduction in the rate of recurrent dislocations: - H Maccoll, et al. J of Shoulder and Elbow UK Aug 2025.

Mr Ananth Ebinesan, Consultant Orthopaedic Surgeon, Manchester University NHS Foundation Trust

Mr Ananth Ebinesan is a Consultant Shoulder and Elbow Surgeon at Manchester University NHS Foundation Trust (MFT), with dual post-CCT fellowship training in Shoulder and Elbow, and Trauma Surgery. He was appointed as a Consultant at Central Manchester Foundation Trust (now MFT), he specialises in complex shoulder and elbow reconstruction and trauma care, working at both the Manchester Elective Orthopaedic Centre and Manchester Royal Infirmary, which is an MTC. He previously served as Clinical Director at Manchester Royal Infirmary for six years and currently holds the role of Associate Chief Medical Officer – Electives at MFT. He also contributes nationally as a trauma and orthopaedics specialist expert advisory member for NICE and serves on the Council of the British Elbow and Shoulder Society (BESS). His work focuses on service improvement, evidence-based practice, and advancing orthopaedic care.

Mr Mark Falworth, Consultant Orthopaedic Shoulder and Elbow Surgeon, Royal National Orthopaedic Hospital

Mr Mark Falworth was appointed as Consultant Shoulder and Elbow Surgeon to the Royal National Orthopaedic Hospital, Stanmore in 2006. He provides a significant revision service to other orthopaedic surgeons throughout the UK and has research interests in shoulder and elbow arthroplasty and prosthetic joint infection. He has published widely including co-authoring the British Elbow and Shoulder Society (BESS) Best Practice guidelines for the provision of primary and revision elbow replacement surgery in the NHS. Mr Falworth is currently President-Elect of BESS and previously held the position of Honorary Treasurer between 2017-22 and was Chair of the Instructional Course Committee between 2022-24. In 2018, he was awarded the prestigious BESS Copeland Fellowship.

Mr Zaid Hamoodi, Research Fellow, University of Manchester

Mr Zaid Hamoodi is a Trauma and Orthopaedics Post-CCT Fellow at the University Hospitals Sussex NHS Foundation Trust. He completed his training in the Northwest (Mersey) Deanery and has a special interest in upper limb surgery. He is a former NJR/RCSEng Research Fellow and is currently a PhD candidate at the University of Manchester. His research focuses on identifying predictors of failure in total elbow replacement and analysing the trends of elbow replacements in England.

Mr Hamoodi led the National Joint Registry Data Quality Audit (NJR-DQA) for elbow arthroplasty alongside Professor Adam C Watts. This was a national collaborative initiative involving the NJR, BOTa, BOA, BESS, and RCSEng. This work significantly improved the completeness and accuracy of elbow data in the registry and engaged orthopaedic trainees from across the UK to foster meaningful enhancements in national data quality.

Mr Birender Kapoor, Co-Founder and Consultant Orthopaedic Surgeon, Liverpool Metastatic Bone Service (LiMBS)

Mr Birender Kapoor is a Consultant Trauma and Orthopaedic Surgeon at Liverpool University Hospitals. His practice includes primary lower limb arthroplasty, hip revision arthroplasty, metastatic disease and trauma.

He co-founded Liverpool metastatic bone service in 2013 and has been engaged in pushing for highest standards in delivery of metastatic care regionally and nationally.

Mrs Aileen Mant, Advanced Physiotherapy Practitioner Upper Limb, Mid Yorkshire Teaching Hospitals NHS Trust

Mrs Aileen Mant is an Advanced Physiotherapy Practitioner specialising in upper limb conditions at the Mid Yorkshire Teaching Hospitals NHS Trust. She holds a BSc (Hons) degree in Physiotherapy and a Master of Science in Rehabilitation Studies: Musculoskeletal Physiotherapy Practice. She works across Physiotherapy and Orthopaedics, doing both elective upper limb clinics, acute soft tissue clinic and physiotherapy rehabilitation. She has extensive experience in the assessment, diagnosis, and management of complex shoulder and elbow disorders. She has prior experience of publishing research and maintains a strong interest in clinical research and evidence-based practice. Her work focuses on improving patient outcomes through clinical innovation, service development, and multidisciplinary collaboration, while advancing physiotherapy practice through the integration of research into patient-centred care.

Mr Rishee Parmar, Consultant Orthopaedic Surgeon, Royal Liverpool and Broadgreen University Hospital NHS Trust

Mr Rishee Parmar is a Consultant Orthopaedic Surgeon specialising in shoulder and elbow surgery, including trauma, joint replacement, sports injuries, and arthroscopic procedures. Based at a Level One Trauma Centre in Liverpool, he is part of a leading unit for complex shoulder and elbow conditions. He is an active member of the complex instability clinic since its inception. He trained in the UK and Australia, completing prestigious fellowships including the BESS Mayo Elbow, Wrightington and Liverpool. He is Education Director for Orthopaedics (Mersey), a principal investigator in NIHR trials, and President of the North West Upper Limb Group. Mr Parmar is a trustee of The Frostick Foundation and North West Orthopaedic Alliance for Africa.

Mrs Lisa Pitt, Upper Limb Physiotherapy Practitioner, Royal Derby Hospital

Mrs Lisa Pitt is an Upper Limb Physiotherapy Practitioner with over twenty years of clinical experience. The last seven years she has worked directly alongside the orthopaedic consultant team in the Derby Shoulder Unit to treat patients with upper limb conditions. She runs a physiotherapy led acute soft tissue clinic which provides urgent access to investigations and treatment for acute rotator cuff tears, dislocations and other acute injuries.

Her clinical interest in rotator cuff tears has resulted in her successfully completing an NIHR Pre-doctoral Clinical Academic Fellowship, then more recently gaining a Masters in Health Research. Her research interest also means she is either a Principal Investigator or involved in the running of multiple NIHR funded randomised controlled trials that are based within Derby.

She has previously been awarded the British Elbow and Shoulder Society Allied Health Professional Fellowship and is a peer reviewer for the Shoulder and Elbow journal.

Professor Harvinder Singh, Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust and Honorary Associate Professor, University of Leicester

Professor Harvinder Pal Singh is a Consultant Orthopaedic surgeon at University Hospitals of Leicester NHS Trust with a special interest in Shoulder and Elbow Surgery. He holds an Honorary Associate Professor position at University of Leicester and has a PhD in Health Sciences. He serves as a Communications and Digital Officer in BESS council and is an Elected Trustee to British orthopaedic Association. He is also a Surgeon member of the BESS Journal Steering committee for Shoulder and Elbow journal. He is the Chief Investigator for NIHR funded DIDACT Distal Clavicle trial and is a Shoulder Panel member for the ODEP Orthopaedic Data Evaluation panel. He was part of the UK contingent which was part of The International Consensus Meeting on Infection (ICMI) 2025 Istanbul and helped formulate the International Guidelines for prevention, diagnosis, and treatment of prosthetic joint infections and other orthopaedic-related infections.

Mr Joydeep Sinha, Consultant Shoulder and Elbow Surgeon, King's College Hospital

Mr Joydeep Sinha is a Consultant Shoulder and Elbow Surgeon at King's College Hospital, London. He has a specialist interest in arthroscopic shoulder and elbow surgery, shoulder replacement, sports injuries and upper limb trauma. He is a Senior Lecturer, KCL, London involved in Undergraduate and Postgraduate Teaching, and as well Research interests in Shoulder and Elbow Surgery, is involved in evaluating Value Based Healthcare and using AI in Orthopaedics.

Mr Mike Walton, Consultant Shoulder Surgeon, Wrightington, Wigan and Leigh NHS Foundation Trust

Mr Mike Walton underwent orthopaedic surgical training in Nottingham and Bristol, UK before travelling to Perth, Western Australia for his fellowship. He was appointed as a Consultant in 2011 at the Wrightington Hospital, Centre of Excellence, specialising in shoulder surgery. He was Clinical Director of the Upper Limb Unit between 2018 and 2021.

Over the last 15 years, he has developed a specialist tertiary referral practice in complex arthroscopy and revision arthroplasty with the highest volume of cases in the latest NJR. He regularly receives national and international referrals and treats elite, professional athletes. He was awarded the BESS Copeland fellowship in 2021.

He maintains an active interest in research having published numeral articles in peer reviewed scientific journals. He is an applications reviewer for the NIHR and is the principal investigator for the multicentre randomised controlled RAPSODI trial. He is a member of the industry led Shoulder Arthroplasty Research Council helping to direct international research and future arthroplasty development.

He is married to Julia, a Specialist Shoulder Physiotherapist. He is a keen sportsman, skier and wing-foiler.

Ms Jo Winton, Consultant Shoulder and Elbow Physiotherapist, Liverpool University Hospitals NHS Foundation Trust

Ms Jo Winton is a Consultant Physiotherapist at the Liverpool Upper Limb Unit, specialising in shoulder and elbow. She works alongside the specialist orthopaedic surgeons in the unit's Complex Shoulder Instability MDT Clinic, a tertiary referral service for patients who have failed to thrive with previous surgery and rehabilitation. She has just completed a 3-year term of office as the Early Career AHP Representative on BESS Council and its Equity, Diversion and Inclusion working group.

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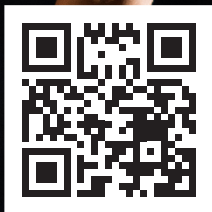
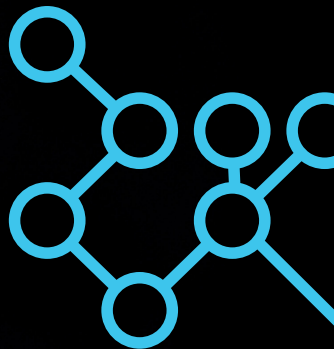
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