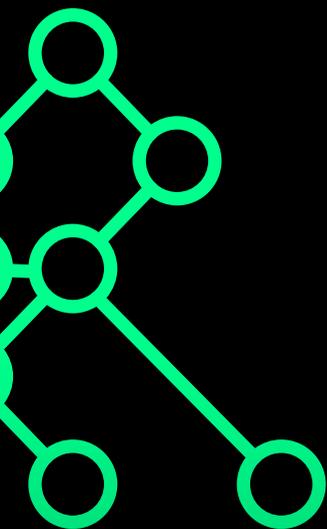


Hand and wrist
FRCS (Tr & Orth)
revision course



Date: 4–5 September 2025

Venue: The Gordon Museum of Pathology, London

CPD: 12 credits

Hand and wrist FRCS (Tr & Orth) revision course



4—5 September 2025



The Gordon Museum of
Pathology, London

Course convenor:

Mr Rishi Dhir

Consultant Upper Limb Surgeon,
The Princess Alexandra Hospital NHS Trust

Registration fees

Lectures with vivas

and clinicals: £400

Lectures only: £300

Observer: £350

This course has been organised jointly by Orthopaedic Research UK and Let's Talk Dr.

Educational aims and objectives

This course is designed for candidates preparing for the FRCS (Tr & Orth) exam, and trainees who are in their earlier years of training and would like to gain hand and wrist surgery knowledge and viva experience. It is particularly unique as it is completely exam focused giving you the exact buzz words and key concepts to help you in the exam.

In the mornings, we will deliver a comprehensive lecture programme covering the core components of hand and wrist surgery topics for the FRCS (Tr & Orth) exam.

In the afternoons, mock viva stations will provide you with the opportunity to refine and test your hand and wrist surgery knowledge, practise your exam technique, and clarify any issues with an experienced specialist faculty.

Cancellation policy & filming notice

To view our cancellation policy and filming notice, please visit the ORUK website here: www.oruk.org/event-cancellation-policy

Programme

Day 1: Thursday 4 September

08:40	Registration and refreshments
09:00	Welcome and introduction Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
09:05	Hand and wrist anatomy Mr Benjamin Dean, Consultant Hand and Wrist Surgeon and Research Fellow, Oxford University Hospitals NHS Foundation Trust
09:20	General surgical approaches Mr Danilo Vukanic, Upper Limb Fellow, Leeds General Infirmary
09:35	Clinical approach to wrist pain Mr Michael Elvey, Consultant Orthopaedic Hand and Wrist Surgeon, University College London Hospitals NHS Foundation Trust
09:50	Carpal and wrist biomechanics Mr Michael Elvey, Consultant Orthopaedic Hand and Wrist Surgeon, University College London Hospitals NHS Foundation Trust
10:05	Dupuytren's disease Mr David Bodansky, Locum Consultant Hand Surgeon, Maidstone and Tunbridge Wells NHS Trust
10:20	Inflammatory arthropathy (RA, psoriatic, gout) Mr Gavin Schaller, Consultant Orthopaedic Hand and Wrist, The Schaller Hand & Wrist Clinic
10:35	Osteoarthritis Mr David Bodansky, Locum Consultant Hand Surgeon, Maidstone and Tunbridge Wells NHS Trust
10:50	Refreshments and exhibition
11:10	Kienbock's disease Mr Timothy Hardwick, Consultant Orthopaedic Surgeon, University Hospitals Sussex NHS Trust
11:25	Compressive neuropathies Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
11:40	Fingertip injuries Mr Kunal Kulkarni, Consultant Hand and Wrist, University Hospitals of Leicester NHS Trust
11:55	Congenital hand Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust

Programme

Day 1: Thursday 4 September

12:10	Hand and wrist lumps Ms Fiona Bintcliffe, Consultant Orthopaedic Hand Surgeon, University Hospitals Sussex NHS Foundation Trust
12:25	Lunch
13:15	Viva (3 x 21 minutes)
14:18	Refreshments and exhibition
15:18	Viva (3 x 21 minutes)
16:21	Summary and key learning points
16:36	5 questions and closer
17:00	Close of course

Viva Faculty:

Mr Rishi Dhir, Mr Benjamin Dean, Mr David Bodansky, Mr Daniel Williams, Mr Gavin Schaller, Mr Timothy Hardwick, Mr Danilo Vukanic, Mr Kunal Kulkarni, Ms Fiona Bintcliffe

Programme

Day 2: Friday 5 September

08:40	Refreshments
09:00	Welcome and introduction Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
09:05	Scaphoid fracture Mr David Bodansky, Locum Consultant Hand Surgeon, Maidstone and Tunbridge Wells NHS Trust
09:20	Peripheral nerve injuries Mr Michael Elvey, Consultant Orthopaedic Hand and Wrist Surgeon, University College London Hospitals NHS Foundation Trust
09:35	PIPJ and MCPJ dislocation Mr Danilo Vukanic, Upper Limb Fellow, Leeds General Infirmary
09:50	Base of thumb fractures and thumb MCPJ injuries Mr Jeetender Peehal, Consultant Orthopaedic Hand and Wrist Surgeon, University Hospitals of North Midlands NHS Trust
10:05	Metacarpal and phalangeal fractures Mr David Bodansky, Locum Consultant Hand Surgeon, Maidstone and Tunbridge Wells NHS Trust
10:20	Soft tissue and tendon injuries including mallet injuries Mr David Hughes, Upper Limb Fellow, Royal National Orthopaedic Hospital
10:35	Soft tissue infection Mr Danilo Vukanic, Upper Limb Fellow, Leeds General Infirmary
10:50	Refreshments and exhibition
11:10	Distal radius fracture Mr Timothy Hardwick, Consultant Orthopaedic Surgeon, University Hospitals Sussex NHS Trust
11:25	Plexus and nerve conduction studies Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
11:40	Lunate and perilunate dislocation Mr Timothy Hardwick, Consultant Orthopaedic Surgeon, University Hospitals Sussex NHS Trust
11:55	Hand and forearm compartment syndrome Mr Jeetender Peehal, Consultant Orthopaedic Hand and Wrist Surgeon, University Hospitals of North Midlands NHS Trust
12:10	Tips for short cases Mr Rishi Dhir, Consultant Upper Limb Surgeon, The Princess Alexandra Hospital NHS Trust
12:25	Lunch
13:15	Viva (3 x 21 minutes)
14:18	Refreshments and exhibition

Programme

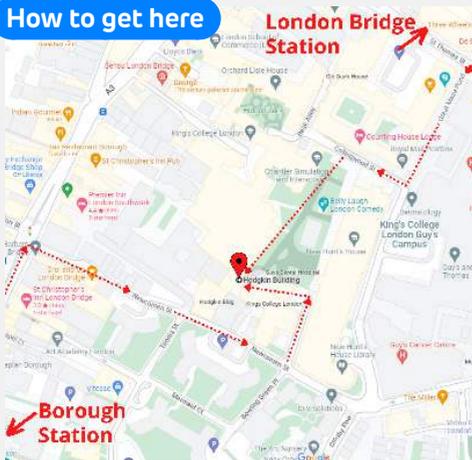
Day 2: Friday 5 September

15:18	Viva (3 x 21 minutes)
16:21	Summary and key learning points
17:36	5 questions and closer
17:00	Close of course

Viva Faculty:

Mr Rishi Dhir, Mr Michael Elvey, Mr Gavin Schaller, Mr Jeetender Peehal, Mr David Hughes,
Mr Timothy Hardwick, Mr Danilo Vukanic

How to get here



Venue address

The Gordon Museum of Pathology
Hodgkin Building
Guy's Campus
King's College London
London SE1 1UL

Please **do not follow GoogleMaps** directions to the venue, instead please follow the walking directions.

Travelling by tube or train

The nearest stations are Borough station and London Bridge station.

Finding the venue

The Gordon Museum is located within the Hodgkin Building of King's College London.

Walking from Borough station:

Please walk up Borough high street towards the Thames and turn right onto Newcomen Street (SE1 1UL). Walk a little further then turn left and walk down the unmarked road (opposite the turning onto Bowling Green Place). Once you enter the grassy area, turn left again and the Hodgkin building will be in front of you. Please go up the steps and head to reception where you will be shown to the Gordon Museum.

Walking from London Bridge station:

Within London Bridge station, follow the exit signs to the Shard viewing entrance or Guy's Hospital. Exit London Bridge Station and head towards Great Maze Pond (SE1 9GU) which is off St Thomas Street. Walk half way down Great Maze Pond, then turn right onto Collingwood Street. Walk halfway down Collingwood Street and you will see a grassy area to your left. Cross the grassy area and the Hodgkin Building will be on the far right. Please go up the steps and head to reception where you will be shown to the Gordon Museum.



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