



Collision sports injury conference

Date: 10 October 2025

Venue: The Berkeley Hotel, London

CPD: 6 credits (applied for)



Collision sports injury conference

 **Friday 10 October 2025**
 **The Berkeley Hotel, London**

Course convenors:

Mr Philip Ahrens

Consultant Trauma and Orthopaedic Surgeon
[Royal Free Hospital and Cleveland Clinic](#)
London

Mr Toby Colegate-Stone

Consultant Trauma and Orthopaedic Surgeon
[King's College London and Cleveland Clinic](#)
London

Educational aims and objectives

This conference is designed to stimulate clinical thinking and deepen expertise in the management of athletes with complex injuries resulting from high-energy collision sports. The focus is on advancing tailored, multidisciplinary care to optimise outcomes and support safe, effective return-to-play pathways.

Through interactive sessions, open dialogue, and shared clinical experiences, attendees will engage with leading national and international experts presenting the latest insights on current practices, emerging research, and evolving treatment strategies. Delegates are encouraged to bring challenging or controversial cases for collaborative group discussion and analysis.

Educational aims:

- To provide a focused educational forum addressing the unique clinical challenges associated with managing injuries in professional collision sport athletes
- To enhance interdisciplinary collaboration between sports physicians, physiotherapists, surgeons, and team clinicians to promote optimal treatment outcomes
- To share evidence-based and experience-driven strategies from international centres of excellence in managing injuries specific to high-energy contact sports
- To align clinical decision-making with the performance and recovery goals of athletes, teams, and stakeholders within the high-demand environment of professional collision sports

*Registration fees

Early bird Consultant / Physician: £90

Early bird Trainee: £80

Early-bird Allied Health Professional: £70
(Includes physiotherapists)

Company representative: £250

*Early-bird fee expires on 3 September.

Click here to register: <https://bit.ly/COLSI>

Overview

Shoulder instability

- Management of the 1st time shoulder dislocation in the contact athletes – the perspectives of the physios & surgeons
- Management of recurrent instability in contact athletes–planning for the best outcomes

ACJ injury and instability

- When to fix & when to leave alone – what to do for optimal recovery

Clavicle fracture

- Do all clavicle fractures need fixing? Are we under or overtreating our athletes?

Elbow

- How unstable does an elbow need to be before fixation offers a benefit?

Wrist

- What are the benefits to wrist fracture surgery for early return to sports

Knee

- Should the contact athlete with a ruptured ACL be managed just the same as everyone else?
- Meniscal failure in the young knee

Trauma

- High energy open fracture management in the contact athlete – how to proceed?
- Proximal hamstring injuries – when to operate and when to rehabilitate

Foot & ankle

- Decision making on sports related acute tendo Achilles ruptures

Spine

- Spinal injuries in the contact athlete – how to approach and advise for optimal recovery

Sports medicine

- Physician led rehabilitation post injury

Confirmed faculty includes:

Mr Philip Ahrens

Consultant Trauma and Orthopaedic Surgeon
[Royal Free Hospital and Cleveland Clinic London](#)

Mr Kash Akhtar

Consultant Orthopaedic Surgeon
[Royal London Hospital, Barts Health NHS Trust and Cleveland Clinic London](#)

Dr Philip Batty

Consultant in Sports and Exercise Medicine
[Cleveland Clinic London](#)

Mr Toby Colegate-Stone

Consultant Trauma and Orthopaedic Surgeon
[King's College London and Cleveland Clinic London](#)

Mr Taff Edwards

Consultant Trauma and Orthopaedic Surgeon
[King's College London and Cleveland Clinic London](#)

Professor Lennard Funk

Consultant Orthopaedic Surgeon
[Wrightington, Wigan and Leigh NHS Foundation Trust](#)

Dr Mark Gillett

Consultant in Sports and Exercise Medicine
[Royal Free Hospital and Cleveland Clinic London](#)

Mr Paul Harnett

Consultant Orthopaedic Surgeon
[King's College London and Cleveland Clinic London](#)

Mr Alexander Montgomery

Consultant Orthopaedic Surgeon
[Royal London Hospital, Barts Health NHS Trust and Cleveland Clinic London](#)

Mr Joideep Phadnis

Consultant Orthopaedic Surgeon
[Brighton & Sussex University Hospitals](#)

Mr Tim Spalding

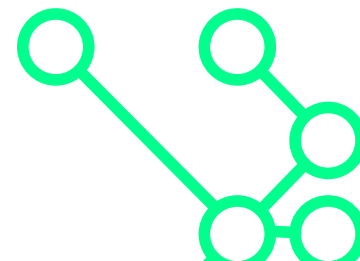
Consultant Orthopaedic Surgeon
[University Hospitals Coventry Warwickshire NHS Trust and Cleveland Clinic London](#)

Professor Duncan Tennent

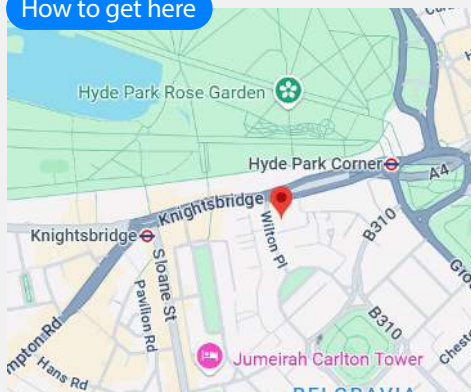
Consultant Orthopaedic Surgeon
[St George's Hospital and Cleveland Clinic London](#)

Mr Aswinkumar Vasireddy

Consultant Trauma and Orthopaedic Surgeon
[King's College London and Cleveland Clinic London](#)



How to get here



Venue address

The Berkeley Hotel
Wilton Place
London, SW1X 7RL

Travelling by tube

The Berkeley is a 5-minute walk from Knightsbridge and Hyde Park Corner stations on the Piccadilly Line.

Travelling by train

For Gatwick services, Victoria Station is 10 minutes from The Berkeley by car. Waterloo Station is 20 minutes by car.

International rail

The Eurostar runs from St Pancras International Station, 25 minutes from The Berkeley by car or 20 minutes by London Underground.



+44 (0)20 7637 5789



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Orthopaedic Research UK

Orthopaedic Research UK
Furlong House, 10a Chandos Street
London, W1G 9DQ

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