

Early intervention in hip surgery



Date: 24 April 2026

**Venue: Royal Society of Medicine,
London**

CPD: 6 credits

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Educational aims and objectives

This one-day event aims to review the concepts of early injury to the hip joint caused by morphological abnormalities and describe the development of surgical interventions to address them. It will provide participants with a comprehensive understanding of the clinical presentations, investigation, and management through a series of lectures and video case presentations.

Who should attend?

Consultants and physiotherapists involved in the care of such patients as well as trainees needing exposure to this area of hip surgery for core training purposes and postgraduate exams.

Meeting convenors:

Mr Ajay Malviya

Consultant Orthopaedic Surgeon
Northumbria Healthcare NHS Foundation Trust

Mr Jonathan Hutt

Consultant Hip Surgeon
University College London Hospital NHS Foundation Trust

Mr Johan Witt

Consultant Orthopaedic Surgeon
University College London Hospital NHS Foundation Trust

Registration fees

Consultant:.....£150

Trainee:.....£125

Allied Health Professional:£99

Industry representative:£250

Click here to register:

<https://bit.ly/EHIS26>

Programme

08:00	Registration and refreshments
08:30	Introduction and welcome Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust Mr Jonathan Hutt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
08:40	Anatomy of the hip joint – layered concept Mr Alastair Dick, Consultant Orthopaedic Surgeon, University College London Hospitals NHS Foundation Trust
08:50	History and physical examination – which symptoms and tests are important for me? Mr Kartik Logishetty, Consultant Orthopaedic Surgeon, University College Hospital London
09:00	X-ray projections and analysis Mr Marcus Bankes, Consultant Hip Surgeon, Fortius Clinic
09:10	Complex imaging – MRI and CT: What detail should we be requesting? Mr Tom Pollard, Consultant Orthopaedic Surgeon, Fortius Clinic
09:20	3D analysis: Is it really progress? Pros and cons Mr Jonathan Hutt, Consultant Orthopaedic Surgeon, University College London Hospitals NHS Foundation Trust
09:30	Discussion
	FAI and dysplasia: What we knew then and what we know now
09:40	FAI – original description: Has our understanding and thinking changed? Mr Michael Wettstein, Consultant Hip Surgeon, Clinique La Prairie, Switzerland
09:55	FAI treatment – surgical hip dislocation to arthroscopy: Have we made progress? Mr Michael Dienst, Senior Consultant Orthopaedic Surgeon, OCM Orthopedic Surgery, Munich, Germany
10:10	Radiographic analysis – what about pelvic tilt? Should we think more functionally? Mr Mark Jenkinson, Consultant Orthopaedic Surgeon, NHS Greater Glasgow and Clyde
10:20	Discussion
10:30	Refreshments and exhibition
11:00	FAI treatment – when to consider an acetabular osteotomy Mr Callum McBryde, Consultant Orthopaedic Surgeon, Royal Orthopaedic Hospital NHS Trust

- 11:10** **FAI treatment – lower limb rotation: Femoral and tibial torsional abnormalities**
Mr Tony Andrade, Consultant Orthopaedic Hip and Knee Surgeon, The London Clinic
- 11:20** **Hip dysplasia: Concept of joint injury and the wisdom of Wiberg – do all hips develop OA? Is there a window of opportunity for PAO**
Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust
- 11:30** **Hip dysplasia: Concept of the periacetabular osteotomy – what developments have occurred in the last 25 years?**
Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
- 11:40** **Tonnis and torsion – did we forget about this? How does this influence our management**
Ms Caroline Blakey, Consultant Orthopaedic Surgeon, Sheffield Children’s NHS Foundation Trust
- 11:50** **Discussion**
- 12:00** **Lunch and exhibition**
- Video vignettes and case presentations**
- 13:00** **What does surgical hip dislocation involve? Current role in my practice**
Mr Sanjeev Patil, Consultant Orthopaedic Surgeon, Queen Elizabeth University Hospital and Ross Hall Hospital, Glasgow
- 13:15** **What does hip arthroscopy involve? Role in my practice**
Mr Vikas Khanduja, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust & President, International Society of Orthopaedic Surgery and Traumatology (SICOT)
- 13:30** **Case presentations**
Mr Christian Smith, Consultant Orthopaedic Surgeon, Guy’s and St Thomas’ NHS Foundation Trust
- 14:00** **What’s involved in a PAO**
Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
- 14:10** **Optimising correction in PAO surgery**
Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust



14:20	What's involved in a PFO – nail or plates Mr Jonathan Hutt, Consultant Orthopaedic Surgeon, University College London Hospitals NHS Foundation Trust
14:30	Case presentations Mr Kartik Logishetty, Consultant Orthopaedic Surgeon, University College Hospital London
15:00	Discussions
15:10	Refreshments and exhibition
	Rehabilitation and outcomes
15:40	Non-operative management of DDH and FAI Ms Jayne Nixon, Consultant Physiotherapist, Fortius Clinic
15:50	Non-operative interventions for hip pathology Dr Jonathan Houghton, Consultant in Sports Medicine and Rheumatology, Fortius Clinic
16:00	What information do we have about outcomes? Ms Caroline Blakey, Consultant Orthopaedic Surgeon, Sheffield Children's NHS Foundation Trust
16:10	Ongoing pain after hip preservation surgery – how do we manage? Mr Tony Andrade, Consultant Orthopaedic Hip and Knee Surgeon, The London Clinic
16:20	Discussions
	When it is not the hip
16:30	Patient presenting with soft tissue groin pain Mr Vikas Khanduja, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust & President, International Society of Orthopaedic Surgery and Traumatology (SICOT)
16:40	Patient presenting with peri-trochanteric pain Mr Tom Pollard, Consultant Orthopaedic Surgeon, Fortius Clinic
16:50	Patient presenting with buttock pain Mr Mark Jenkinson, Consultant Orthopaedic Surgeon, NHS Greater Glasgow and Clyde
17:10	Summary
17:20	Close of event

