

Early intervention in hip surgery





Date: 24 April 2026

Venue: London, TBC

CPD: 6 credits (applied for)

Early intervention in hip surgery

 24 April 2026
 Location: London, TBC

Educational aims and objectives

This one-day event aims to review the concepts of early injury to the hip joint caused by morphological abnormalities and describe the development of surgical interventions to address them. It will provide participants with a comprehensive understanding of the clinical presentations, investigation, and management through a series of lectures and video case presentations.

Who should attend?

Consultants and physiotherapists involved in the care of such patients as well as trainees needing exposure to this area of hip surgery for core training purposes and postgraduate exams.

Meeting convenors:

Mr Ajay Malviya
Consultant Orthopaedic Surgeon
[Northumbria Healthcare NHS Foundation Trust](#)

Mr Johan Witt
Consultant Orthopaedic Surgeon
[University College London Hospital NHS Foundation Trust](#)

Registration fees

Consultant:.....£150

Trainee:£125

Allied Health Professional:£99

Industry representative:£250

Click here to register:

<https://bit.ly/EHIS26>

Programme

08:00	Registration and refreshments
08:30	Introduction and welcome Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
08:40	Anatomy of the hip joint – layered concept Mr Alastair Dick, Consultant Orthopaedic Surgeon, University College London Hospitals NHS Foundation Trust
08:50	History and Physical examination – which symptoms and tests are important for me? Mr Kartik Logishetty, Consultant Orthopaedic Surgeon, University College Hospital London
09:00	X-ray projections and analysis Mr Marcus Bankes, Consultant Hip Surgeon, Fortius Clinic
09:10	Complex imaging – MRI and CT: What detail should we be requesting Mr Tom Pollard, Consultant Orthopaedic Surgeon, Fortius Clinic
09:20	3D analysis: Is it really progress? Pros and cons Mr Jonathan Hutt, Consultant Orthopaedic Surgeon, University College London Hospitals NHS Foundation Trust
09:30	Discussion
FAI and dysplasia: What we knew then and what we know now	
09:40	FAI – original description: Has our understanding and thinking changed? Mr Michael Wettstein, Consultant Hip Surgeon, Clinique La Prairie
09:55	FAI treatment – surgical hip dislocation to arthroscopy: Have we made progress? Mr Michael Dienst, Senior Consultant Orthopaedic Surgeon, OCM Orthopedic Surgery, Munich, Germany
10:10	Radiographic analysis – what about pelvic tilt? Should we think more functionally? Mr Mark Jenkinson, Consultant Orthopaedic Surgeon, NHS Greater Glasgow and Clyde
10:20	Discussion
10:30	Refreshments and exhibition
11:00	FAI treatment – when to consider an acetabular osteotomy Mr Callum McBryde, Consultant Orthopaedic Surgeon, Royal Orthopaedic Hospital NHS Trust
11:10	FAI treatment – lower limb rotation: Femoral and tibial torsional abnormalities Mr Tony Andrade, Consultant Orthopaedic Hip and Knee Surgeon, The London Clinic

11:20	<p>Hip dysplasia: Concept of joint injury and the wisdom of Wiberg – do all hips develop OA? Is there a window of opportunity for PAO</p> <p>Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust</p>
11:30	<p>Hip dysplasia: Concept of the periacetabular osteotomy – what developments have occurred in the last 25 years?</p> <p>Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust</p>
11:40	<p>Tonnis and torsion – did we forget about this? How does this influence our management</p> <p>Ms Caroline Blakey, Consultant Orthopaedic Surgeon, Sheffield Children's NHS Foundation Trust</p>
11:50	Discussion
12:00	Lunch and exhibition
	Video vignettes and case presentations
13:00	<p>What does surgical hip dislocation involve? Current role in my practice</p> <p>Mr Sanjeev Patil, Consultant Orthopaedic Surgeon, Queen Elizabeth University Hospital and Ross Hall Hospital, Glasgow</p>
13:15	<p>What does hip arthroscopy involve? Role in my practice</p> <p>Mr Vikas Khanduja, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust & President, International Society of Orthopaedic Surgery and Traumatology (SICOT)</p>
13:30	<p>Case presentations</p> <p>Mr Christian Smith, Consultant Hip Surgeon, Fortius Clinic</p>
14:00	<p>What's involved in a PAO</p> <p>Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust</p>
14:10	<p>Optimising correction in PAO surgery</p> <p>Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust</p>
14:20	<p>What's involved in a PFO – nail or plates</p> <p>Mr Jonathan Hutt, Consultant Orthopaedic Surgeon, University College London Hospitals NHS Foundation Trust</p>



14:30 Case presentations

Mr Kartik Logishetty, Consultant Orthopaedic Surgeon, University College Hospital London

15:00 Refreshments and exhibition

Rehabilitation and outcomes

15:30 Non-operative management of DDH and FAI

Ms Jayne Nixon, Consultant Physiotherapist, Fortius Clinic

15:40 Best practices in post-operative rehabilitation and techniques to optimise outcomes

Dr Jon Houghton, Consultant in Sports Medicine and Rheumatology, Fortius Clinic

15:50 What information do we have about outcomes?

Ms Caroline Blakey, Consultant Orthopaedic Surgeon, Sheffield Children's NHS Foundation Trust

16:00 Ongoing pain after hip preservation surgery – how do we manage?

Mr Tony Andrade, Consultant Orthopaedic Hip and Knee Surgeon, The London Clinic

When it is not the hip

16:10 Patient presenting with soft tissue groin

Mr Vikas Khanduja, Consultant Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust & President, International Society of Orthopaedic Surgery and Traumatology (SICOT)

16:20 Patient presenting with Peri-trochanteric pain

Mr Tom Pollard, Consultant Orthopaedic Surgeon, Fortius Clinic

16:30 Patient presenting with buttock pain

Mr Mark Jenkinson, Consultant Orthopaedic Surgeon, NHS Greater Glasgow and Clyde

16:50 Summary

17:00 Close of event

