



**BOTA**

BRITISH ORTHOPAEDIC TRAINEES ASSOCIATION



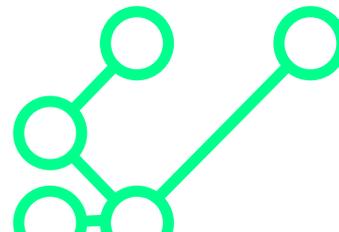
**Orthopaedic  
Research UK**



## **BOTA x ORUK Sustainability in orthopaedic surgery virtual conference**

18 October 2025

Virtual



# BOTA x ORUK Sustainability in orthopaedic surgery virtual conference

 18 October 2025

 Virtual

## Course convenors:

---

### Mr Adam Pilarski

ST6 Registrar in Trauma and Orthopaedic Surgery  
Warwick Deanery BOTA Representative  
[University Hospitals Coventry and Warwickshire NHS Trust](#)

### Mr Oliver Townsend

ST6 Registrar in Trauma and Orthopaedic Surgery  
BOTA President  
[University Hospital Southampton NHS Foundation Trust](#)

## Registration fee

**Registration fee:**.....£10

Money raised from this event will be going towards funding MSK research projects.

Please visit our website to book your space:

<https://bit.ly/4mfRVEV>

## Educational aims and objectives

The focus of this year's event will be on designing and implementing sustainability projects in surgery, and we have some fantastic speakers from Getting It Right First Time (GIRFT) and the National Green Theatres Programme at the National Centre for Sustainable Delivery, talking about their recent projects including the new GIRFT Greener pathways initiative, the Orthopaedic Green Toolkit and more.

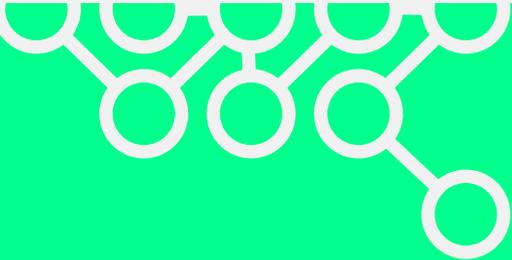
# Programme

<b>08:50</b>	<b>Log on Zoom</b>	
<b>09:00</b>	<b>Welcome</b> Mr Adam Pilarski, ST6 Registrar in Trauma and Orthopaedic Surgery and Warwick Deanery BOTA Representative, University Hospitals Coventry and Warwickshire NHS Trust	
<b>09:05</b>	<b>Welcome and introduction by BOTA President</b> Mr Oliver Townsend, ST6 Registrar in Trauma and Orthopaedic Surgery and BOTA President, University Hospital Southampton NHS Foundation Trust	
<b>09:15</b>	<b>Orthopaedic Research UK: An overview</b> Dr Arash Angadji, Chief Executive, Orthopaedic Research UK	
<b>09:30</b>	<b>GIRFT Green pathways and GIRFT Green bladder cancer pathway</b> Mr Joseph John, Clinical Research Fellow, GIRFT	
<b>10:15</b>	<b>GIRFT Green total hip replacement pathway</b> Mr Simon Lambracos, Chief Sustainability Officer Clinical Fellow, GIRFT	
<b>11:00</b>	<b>Refreshments</b>	
<b>Dragon's Den presentations</b>		All judges
<b>11:15</b>	<b>Metin Tolga Buldu</b>	
<b>11:30</b>	<b>Petra Bonacic Bartolin</b>	
<b>11:45</b>	<b>Luke Farrow</b>	
<b>12:00</b>	<b>Meeran Hamawandi</b>	
<b>12:15</b>	<b>Lunch</b>	
<b>13:00</b>	<b>National Green Theatre Programme: Setting the scene</b> Mr David Taggart, Head of Climate Change Delivery, National Green Theatres Programme, Centre for Sustainable Delivery	
<b>13:20</b>	<b>National Green Theatre Programme: Leaning surgical sets – developing a national approach</b> Ms Lydia Robb, Plastic Surgery Registrar, NHS Tayside	



<b>13:55</b>	<b>National Green Theatre Programme: Highlights and horizons</b> Mr Steven Chawk, Project Manager, National Green Theatres Programme, Centre for Sustainable Delivery
<b>14:00</b>	<b>Lean trays audit</b> Ms Prakriti Shrestha, GIRFT Fellow and Junior Clinical Fellow, Manchester University NHS Foundation Trust
<b>14:15</b>	<b>The WaSTE Study: A national audit of waste management in hip and knee arthroplasty</b> Mr Rohan Prakash, ST7 Registrar in Trauma and Orthopaedic, Royal Orthopaedic Hospital NHS Foundation Trust
<b>Presentations of submitted work</b>	
<b>14:30</b>	<b>Gianluca Fiorentini</b>
<b>14:35</b>	<b>Hetta Friend</b>
<b>14:40</b>	<b>Xavier Carr-Deed</b>
<b>14:45</b>	<b>Sima Patel</b>
<b>14:50</b>	<b>Sima Patel</b>
<b>14:55</b>	<b>Announcement of Dragon's Den winner(s)</b> Mr Adam Pilarski, ST6 Registrar in Trauma and Orthopaedic Surgery and Warwick Deanery BOTA Representative, University Hospitals Coventry and Warwickshire NHS Trust
<b>15:15</b>	<b>Summary and close of event</b> Mr Adam Pilarski, ST6 Registrar in Trauma and Orthopaedic Surgery and Warwick Deanery BOTA Representative, University Hospitals Coventry and Warwickshire NHS Trust





Orthopaedic Research UK  
Furlong House, 10a Chandos Street  
London, W1G 9DQ

UK Registered Charity No. 1111657



+44 (0)20 7637 5789



[info@oruk.org](mailto:info@oruk.org)



[www.oruk.org](http://www.oruk.org)



[@OR\\_UK](https://twitter.com/OR_UK)



[/ORUKcharity](https://www.facebook.com/ORUKcharity)



Orthopaedic Research UK