



British Orthopaedic  
Association





# Consultant preparation course

Date: 28 February 2026

Venue: London, TBC

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## Convenors:

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### **Mr Hiro Tanaka**

Consultant Trauma Orthopaedic Surgeon  
[Royal Gwent Hospital](#)

### **Mr Rajesh Nanda**

Consultant Trauma Orthopaedic Surgeon  
[University Hospital of North Tees and Hartlepool](#)

### **Mr Paul Banaszkiewicz**

Consultant Orthopaedic Surgeon  
[Queen Elizabeth Hospital](#)

## Educational aims and objectives

This course is designed to prepare senior trainees and doctors who are getting ready to apply for a trauma and orthopaedics consultant job in the next year or two.

It will include a series of lectures covering topics relevant to understanding the requirements of the job, the job application and interview process, and how to prepare yourself to improve your chances of selection.

Candidates will be assigned into small groups for the mock interview stations. Feedback will be provided, and candidates will have opportunities throughout the day to ask questions to the faculty. The faculty will consist of senior consultants who are involved in the consultant appointment process and recent consultant appointments.

# Programme

09:00	<b>Registration and refreshments</b>
09:30	<b>Welcome and introduction</b> Mr Hiro Tanaka, Consultant Trauma Orthopaedic Surgeon, Royal Gwent Hospital; Mr Rajesh Nanda, Consultant Trauma Orthopaedic Surgeon, University Hospital of North Tees and Hartlepool; and Mr Paul Banaszkiewicz, Consultant Orthopaedic Surgeon, Queen Elizabeth Hospital
09:40	<b>What the hospital / department is looking for: Perspectives from a Medical / Clinical Director</b>
10:00	<b>What can I do to improve my chances of getting a consultant job? Do I need a research portfolio on my CV?</b>
10:15	<b>Pre-application: How do I approach it? How to write a winning application form</b>
10:30	<b>Shortlisted: What now?</b>
10:45	<b>Q&amp;A</b>
11:00	<b>Refreshments</b>
11:30	<b>Hot 'current' topics that you might be asked about</b>
11:50	<b>RCSEng AAC and Consultant Interviewee panel members (their roles)</b>
12:05	<b>Interview and presentation skills</b>
12:30	<b>Q&amp;A</b>
12:45	<b>Lunch</b>
13:45	<b>Introduction to interview workshops</b>
	<b>WORKSHOPS</b>
13:55	<b>Rotation 1: Improving your interview presentation</b>
14:25	<b>Rotation 2: Consultant colleague</b>
14:55	<b>Rotation 3: Clinical Director Station 1</b>
15:25	<b>Refreshments</b>
15:45	<b>Rotation 4: Clinical Director Station 2</b>
16:15	<b>Rotation 5: Medical Director's perspective</b>
16:45	<b>Rotation 6: Peoples skills</b>
17:15	<b>Summary and close of event</b>