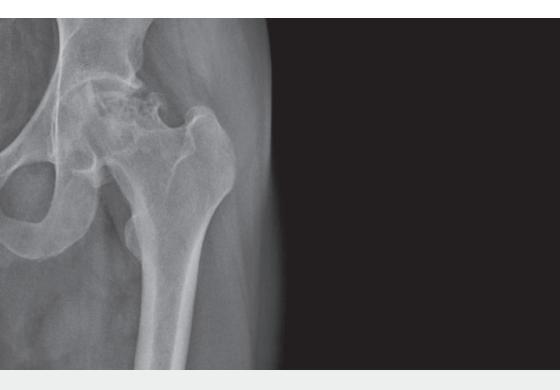




# To ST3 and beyond: Principles and skills in orthopaedics



Date: 11 July 2025 Venue: Littlewood Hall, Leeds General Infirmary  11 July 2025
Littlewood Hall, Leeds General Infirmary

#### **Registration fee**

Standard: £200

Register here: https://bit. ly/4iFhNZY

#### Convenors:

**Mr John Davies** Consultant Orthopaedic Surgeon Leeds Teaching Hospitals NHS Trust

**Mr Bryan Soe** Surgical Trainee Leeds Teaching Hospitals NHS Trust

#### **Mr William Reynolds** Surgical Trainee Leeds Teaching Hospitals NHS Trust

## Educational aims and objectives

Transition to ST3 is a key career stage. This course is designed to help you progress into higher surgical training by combining practical skills in trauma and fracture management, with application and interview for ST3.

This course will cover:

- Fractured neck of femur treatment by DHS and hemiarthroplasty
- Application of external fixators in trauma, in addition to small fragment plating and intramedullary nailing in dry bone skill lab simulations
- Basic and advanced techniques

Who should attend?

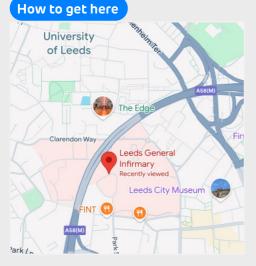
Juniors pre-ST3 (foundation doctors, core surgical trainees), as well as a refresher for ST3-5 training registrars.

With a national and international teaching faculty of consultant orthopaedic surgeons, this course aims to develop the fundamental skills essential for success at ST3 level and beyond.

# Programme

07:45	Registration and refreshments
08:00	Welcome and introduction Mr John Davies, Consultant Orthopaedic Surgeon, Leeds Teaching Hospitals NHS Trust; Mr Bryan Soe, Surgical Trainee, Leeds Teaching Hospitals NHS Trust; and Mr William Reynolds, Surgical Trainee, Leeds Teaching Hospitals NHS Trust
08:10	<b>Principles of fracture fixation</b> Mr John Davies, Consultant Orthopaedic Surgeon, Leeds Teaching Hospitals NHS Trust
08:40	<b>Dynamic hip screw (DHS)</b> Mr Richard Pilling, Consultant Orthopaedic Surgeon, Harrogate and District NHS Foundation Trust
09:00	Small fragment practical
09:55	DHS practical
10:50	Refreshments
11:10	<b>Hip hemiarthroplasty</b> Mr Ben Haughton, Consultant Orthopaedic Surgeon, Harrogate and District NHS Foundation Trust
11:40	Intramedullary nailing Speaker to be confirmed
12:10	Hip hemiarthroplasty practical
13:05	<b>ST3 talk</b> Mr Rishi Dhir, Consultant Orthopaedic Surgeon, Princess Alexandra Hospital NHS Trust
13:35	Lunch
14:35	Intramedullary nailing practical
15:30	<b>External fixation</b> Mr Tosan Okoro, Consultant Orthopaedic Surgeon, Ribert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust
16:00	Refreshments
16:20	Ex-fixation practical
17:15	Close of course





#### Travelling by tube or train

Leeds train station – 17 min walk

### Travelling by bus

The main routes include: Leeds General Infirmary A&E – 2 min walk Fenton Street – 6 min walk

#### Venue address

Littlewood Hall, Leeds General Infirmary, Great George Street, Leeds, LS1 3EX

