LSM2025

Orthopaedic Research UK

London shoulder meeting 2025

Date: 16—17 May 2025
Venue: The Royal Society of Medicine, London
CPD: 12 credits (applied for)

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London shoulder meeting

THE **SHOULDER PRACTICE**

Friday 16—Saturday 17 May 2025

Location: Royal Society of Medicine, 1 Wimpole Street, London, W1G 0AE

Educational aims and objectives

The London shoulder meeting returns for its 11th successive year

This two-day event will focus on evidence, techniques and rehabilitation in shoulder and elbow trauma and arthroplasty. Day 1 will consist of lectures and focused breakout sessions. Day 2 will be workshop based. (You can attend just one or both days.) There will be a complimentary networking drinks reception at the end of day 1.

The meeting will include presentations, panel discussions, re-live surgery, masterclasses, surgical techniques and hands-on workshops. The convening panel from The Shoulder Practice are joined this year by a guest convenor, Dimitri Karadaglis, and an expert invited multidisciplinary international faculty.

Based on feedback from previous meetings, we will continue to have plenty of time for panel discussions, giving the chance for all delegates to interact and get involved in the lively debates.

By the end of the meeting, participants should come away with a greater understanding of a broad range of topics on shoulder and elbow, useful practical surgical tips and tricks, and up-to-date strategies for rehabilitation.

Meeting convenors:

Mr Carlos Cobiella
Consultant Orthopaedic Surgeon
University College London Hospitals

Mr Henry Colaço
Consultant Orthopaedic Surgeon
Royal Hampshire County Hospital

Mr Dimitrios Karadaglis
Consultant Orthopaedic Surgeon
Queen Elizabeth Hospital, London

Mr Simon Lambert
Consultant Orthopaedic Surgeon
University College London Hospitals

Mr Jae Rhee
Consultant Orthopaedic Surgeon
Princess Royal Hospital, West Midlands

*Registration fees

1 day:

Company Representative: £200

Consultant: £99

Trainee: £95

***Allied Health Professional:** £90

*Please note that only day 1 is applicable to AHPs.

2 days:

Company Representative: £400

Consultant: £195

Trainee: £190

Click here to register: **http://bit.ly/LSM25**

Programme day 1 - Friday 16 May 2025

08:00	**Registration and refreshments**
08:30	**Introduction and welcome** Mr Carlos Cobiella, Consultant Orthopaedic Surgeon, University College London Hospitals
	TRAUMA
08:40	**What do we know about proximal humerus fractures?** Professor Carl Ekholm, Associate Professor, Department of Orthopaedics, Sahlgrenska University Hospital, Göteborg, Sweden
08:48	**Which proximal humerus fractures do we fix and how ?** Mr Peter Domos, Consultant Trauma and Orthopaedic Surgeon, Barnet Hospital, Royal Free London NHS Foundation Trust
09:15	**Challenges of reverse shoulder arthroplasty for trauma** Mr Sven Lichtenberg, Consultant Orthopaedic Surgeon, Deutsches Gelenkzentrum Heidelberg
09:23	**Is there still a role for the trauma hemiarthroplasty?** Speaker to be confirmed
09:31	**Rehabilitation following proximal humerus fracture: best practice** Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
09:39	**Coro clavicular ligament reconstruction is the key** Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital
09:47	**The modern hook plate: when and how?** Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg
09:55	**Challenges of rehabilitation following ACJ injury** Professor Ian Horsley, Athlete Health Lead Physiotherapist, UK Sports Institute
10:03	**Discussion**
10:20	**Refreshments and exhibition**
	REVERSE SHOULDER ARTHROPLASTY
10:50	**The influence of implants and scapula kinematics on outcome of RSA** Professor Alexander Van Tongel, Shoulder and Elbow Surgeon, UZ Gent
10:58	**The trend towards lateralisation: is this the only answer?** Dr Clara Azevedo, Consultant Orthopedic Surgeon, Joaquim Chaves Saúde, and Head of the Shoulder and Elbow Unit, SAMS Hospital
11:06	**The outcomes of lateralisation using bio RSA** Mr Lionel Neyton, Consultant Orthopaedic and Shoulder Surgeon, Centre Orthopédique Santy/Hôpital Privé Jean Mermoz
11:14	**Reverse should arthroplasty with tendon transfer: where are we in 2025?** Mr Jaime Candal-Couto, Consultant Orthopaedic Surgeon, Northumbria Healthcare
11:22	**Development of rehabilitation protocols following RSA and tendon transfer** Speaker to be confirmed
11:30	**Update on trends in stem design in total shoulder arthroplasty: where are we heading?** Mr Johan Scheer, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Linkoping University Hospital, Sweden
11:38	**Discussion**
	ANATOMIC SHOULDER ARTHROPLASTY
11:58	**Is there a role for pyrocarbon hemiarthroplasty in young patients?** Professor Giuseppe Porcellini, Professor of Orthopaedic Surgery, Università di Modena e Reggio-Emilia, Modena, Italy
12:06	**Challenges of complex primary anatomic shoulder replacement** Mr Paolo Paladini, Chief of Orthopaedic Shoulder Unit, Cervesi Hospital, Cattolica
12:14	**Posterior glenoid bone loss and retroversion: can we delay the need for replacement?** Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital
12:22	**Outcomes and expectations for rehabilitation post arthroplasty** Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
12:30	**The cuff intact reverse shoulder arthroplasty: a modern dilemma** Dr Alex Lädermann, Shoulder and Elbow Surgeon, University of Geneva
12:38	Discussion
13:00	**Lunch and exhibition**

Please note this programme may be subject to change.

	BREAKOUT SESSION 1: Arthroplasty techniques (Surgeons)
14:00	**Relive surgery 1: Complex anatomic shoulder arthroplasty** Professor Giuseppe Porcellini, Professor of Orthopaedic Surgery, Università di Modena e Reggio-Emilia, Modena, Italy
14:08	**Relive surgery 2: Reverse shoulder arthroplasty: bioRSA v lateralising glenosphere** Mr Lionel Neyton, Consultant Orthopaedic and Shoulder Surgeon, Centre Orthopédique Santy/Hôpital Privé Jean Mermoz
14:16	**Posterior glenoid realignment osteotomy** Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital
14:24	**Reverse shoulder arthroplasty with tendon transfer** Mr Paolo Paladini, Chief of Orthopaedic Shoulder Unit, Cervesi Hospital, Cattolica
14:32	**Revision arthroplasty with bone loss** Mr Steve Bale, Consultant Shoulder Surgeon, Wrightington Hospital
14:40	**Discussion and cases**
15:00	**Refreshments and exhibition**

	BREAKOUT SESSION 1: Post-arthroplasty rehabilitation (Physiotherapists)
14:00	**Rehabilitation following anatomic shoulder arthroplasty** Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
14:15	**Rehabilitation following reverse shoulder arthroplasty & tendon transfer** Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
14:30	**Rehabilitation following reverse shoulder arthroplasty** Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
14:45	**Discussion**
15:00	**Refreshments and exhibition**

Please note this programme may be subject to change.

	BREAKOUT SESSION 2: Trauma techniques (Surgeons)
15:30	**Relive surgery 1: Proximal humerus fracture arthroplasty: tips and tricks** Dr Alex Lädermann, Shoulder and Elbow Surgeon, University of Geneva
15:50	**Relive surgery 2: Lateral clavicle & ACJ injuries** Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital
16:10	**Cases**
16:30	**Close of workshops**

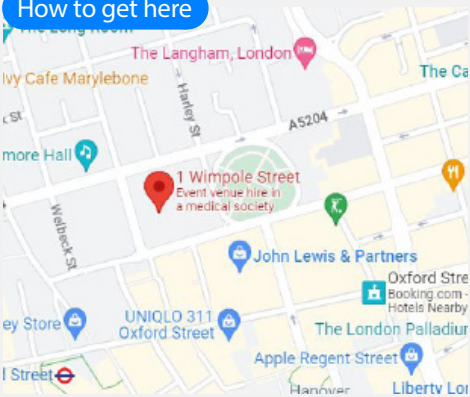
	BREAKOUT SESSION 2: Post-trauma rehabilitation (Physiotherapists)
15:30	**Management of elbow dislocation & instability** Ms Sally Spence, Upper Limb Extended Scope Practitioner, Sheffield Teaching Hospital
15:45	**Management of ACJ injuries - non-operative and post-operative strategies** Professor Ian Horsley, Athlete Health Lead Physiotherapist, UK Sports Institute
16:00	**Management of proximal humerus fractures - non-operative and post-fixation strategies** Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
16:15	**Discussion**
16:30	**Close of workshops**

	ELBOW TRAUMA (All)
16:30	**Persistent elbow dislocation** Anna van der Windt, Consultant Orthopaedic Surgeon, Department of Orthopaedics, Erasmus MC, University Medical Center Rotterdam
16:38	**Stiff elbow** Anna van der Windt, Consultant Orthopaedic Surgeon, Department of Orthopaedics, Erasmus MC, University Medical Center Rotterdam
16:46	**Trauma rehabilitation** Ms Sally Spence, Upper Limb Extended Scope Practitioner, Sheffield Teaching Hospital
16:54	**Cases**
17:15	**Networking drinks reception and exhibition**
18:00	**Close of day 1**

Programme day 2 - Saturday 17 May 2025 (Surgeons only)

09:30	**Registration and refreshments**
09:55	**Introduction to workshops** Mr Henry Colaço, Consultant Orthopaedic Surgeon, Royal Hampshire County Hospital
	SURGICAL WORKSHOP: ELBOW TRAUMA
10:00	**Re-live surgery** Professor Roger van Riet, Consultant Orthopaedic and Elbow Surgeon, University of Antwerp, Belgium
11:00	**Arthroplasty planning** Speaker to be confirmed
11:30	**Refreshments and exhibition**
	SURGICAL MASTERCLASSES
12:00	**Masterclass (1/2/3) - Arthrex** Mr Sven Lichtenberg, Consultant Orthopaedic Surgeon, Deutsches Gelenkzentrum Heidelberg **Masterclass (1/2/3) - Exactech** Mr Ben Gooding, Consultant Orthopaedic Shoulder and Elbow Surgeon, Nottingham University Hospitals **Masterclass (1/2/3) - DePuy Synthes** Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
13:30	**Lunch and exhibition**
	SURGICAL WORKSHOP 3: PROXIMAL HUMERUS FRACTURES
14:30	**Cases**
15:30	**Close of meeting**

How to get here



Venue address

Royal Society of Medicine,
1 Wimpole Street,
London, W1G 0AE

Travelling by tube

Oxford Circus station (Victoria, Bakerloo, Central lines) 4 minutes' walk

Bond street (Central, Jubilee lines) 5 minutes' walk

Great Portland Street (Hammersmith & City, Circle lines) 15 minutes' walk

Travelling by train

London Victoria Station (Gatwick Express)
2 stops on the Victoria line to Oxford Circus
10 minutes by taxi

London Charing Cross
2 stops on the Bakerloo line to Oxford Circus
10 minutes by taxi

London Euston Station
2 stops on the Victoria line to Oxford Circus
10 minutes by taxi

London King's Cross & St Pancras Station (Eurostar)
3 stops on the Victoria line to Oxford Circus

Orthopaedic Research UK
Furlong House, 10a Chandos Street
London, W1G 9DQ

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+44 (0)20 7637 5789

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