

LSM2025



London shoulder meeting 2025



Date: 16–17 May 2025

Venue: The Royal Society of Medicine, London

CPD: 10 credits

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London shoulder meeting

 Friday 16—Saturday 17 May
2025

 Location: Royal Society of
Medicine, 1 Wimpole Street,
London, W1G 0AE

Educational aims and objectives

The London shoulder meeting returns for its 11th successive year.

This two-day event will focus on evidence, techniques and rehabilitation in shoulder and elbow trauma and arthroplasty.

Day 1 will consist of lectures and focused breakout sessions. Day 2 will be workshop based. (You can attend just one or both days.) There will be a complimentary networking drinks reception at the end of day 1.

The meeting will include presentations, panel discussions, re-live surgery, masterclasses, surgical techniques and hands-on workshops. The convening panel from The Shoulder Practice are joined this year by a guest convenor, Dimitri Karadaglis, and an expert invited multidisciplinary international faculty.

Based on feedback from previous meetings, we will continue to have plenty of time for panel discussions, giving the chance for all delegates to interact and get involved in the lively debates.

By the end of the meeting, participants should come away with a greater understanding of a broad range of topics on shoulder and elbow, useful practical surgical tips and tricks, and up-to-date strategies for rehabilitation.

THE SHOULDER PRACTICE

Meeting convenors:

Mr Carlos Cobiella
Consultant Orthopaedic Surgeon
[University College London Hospitals](#)

Mr Henry Colaço
Consultant Orthopaedic Surgeon
[Royal Hampshire County Hospital](#)

Mr Dimitrios Karadaglis
Consultant Orthopaedic Surgeon
[Queen Elizabeth Hospital, London](#)

Mr Simon Lambert
Consultant Orthopaedic Surgeon
[University College London Hospitals](#)

Mr Jae Rhee
Consultant Orthopaedic Surgeon
[Princess Royal Hospital, West Midlands](#)

*Registration fees

1 day:

Company Representative: £200

Consultant: £99

Trainee: £95

***Allied Health Professional:** £90

*Please note that only day 1 is applicable to AHPs.

2 days:

Company Representative: £400

Consultant: £195

Trainee: £190

Click here to register: <http://bit.ly/LSM25>

Programme day 1 - Friday 16 May 2025

08:00	Registration and refreshments
08:30	Introduction and welcome Mr Carlos Cobiella, Consultant Orthopaedic Surgeon, University College London Hospitals
TRAUMA Chair: Mr Carlos Cobiella	
08:40	What do we know about proximal humerus fractures? Professor Carl Ekholm, Associate Professor, Department of Orthopaedics, Sahlgrenska University Hospital, Göteborg, Sweden
08:50	Which proximal humerus fractures do we fix and how? Mr Peter Domos, Consultant Trauma and Orthopaedic Surgeon, Barnet Hospital, Royal Free London NHS Foundation Trust
09:00	Challenges of reverse shoulder arthroplasty for trauma Mr Sven Lichtenberg, Consultant Orthopaedic Surgeon, Deutsches Gelenkzentrum Heidelberg
09:10	Is there still a role for trauma hemiarthroplasty? Mr Jaime Candal-Couto, Consultant Orthopaedic Surgeon, Northumbria Healthcare
09:20	Rehabilitation following proximal humerus fracture: best practice Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
09:30	Coracoclavicular ligament reconstruction is the key Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital
09:40	The modern hook plate: when and how? Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg
09:50	Challenges of rehabilitation following ACJ injury Professor Ian Horsley, Athlete Health Lead Physiotherapist, UK Sports Institute
10:00	Discussion
10:20	Refreshments and exhibition
REVERSE SHOULDER ARTHROPLASTY Chair: Mr Henry Colaço	
10:50	The importance of scapular kinematics in the outcome of RSA Professor Alexander Van Tongel, Shoulder and Elbow Surgeon, UZ Gent
10:58	The trend towards lateralisation: is this the only answer? Dr Clara Azevedo, Consultant Orthopaedic Surgeon, Joaquim Chaves Saúde, and Head of the Shoulder and Elbow Unit, SAMS Hospital

11:06	The outcomes of lateralisation using BIO-RSA Mr Lionel Neyton, Consultant Orthopaedic and Shoulder Surgeon, Centre Orthopédique Santy/Hôpital Privé Jean Mermoz
11:14	RSA + LD transfer: when and how, a scope review (RECORDED) Dr Abdulilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital
11:22	Development of rehabilitation protocols following RSA and tendon transfer Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
11:30	Update on trends in stem design in total shoulder arthroplasty: where are we heading? Mr Johan Scheer, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Linköping University Hospital, Sweden
11:38	Discussion
ANATOMIC SHOULDER ARTHROPLASTY Chair: Mr Jae Rhee	
11:58	Is there a role for pyrocarbon hemiarthroplasty in young patients? Professor Giuseppe Porcellini, Professor of Orthopaedic Surgery, Università di Modena e Reggio-Emilia, Modena, Italy
12:06	Challenges of complex primary anatomic shoulder replacement Mr Paolo Paladini, Chief of Orthopaedic Shoulder Unit, Cervesi Hospital, Cattolica
12:14	Posterior glenoid bone loss and retroversion: can we delay the need for replacement? Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
12:22	Outcomes after anatomic shoulder arthroplasty – how do we define success? Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
12:30	The cuff intact reverse shoulder arthroplasty: a modern dilemma Dr Alex Lädermann, Shoulder and Elbow Surgeon, University of Geneva
12:38	Discussion
13:00	Lunch and exhibition

Please note this programme may be subject to change.

BREAKOUT SESSION 1: Arthroplasty techniques (Surgeons)	
Chair: Mr Jae Rhee (Main lecture theatre)	
14:00	Relive surgery 1: Complex anatomic shoulder arthroplasty Professor Giuseppe Porcellini, Professor of Orthopaedic Surgery, Università di Modena e Reggio-Emilia, Modena, Italy
14:10	Relive surgery 2: Reverse shoulder arthroplasty: BIO-RSA v lateralising glenosphere Mr Lionel Neyton, Consultant Orthopaedic and Shoulder Surgeon, Centre Orthopédique Santy/Hôpital Privé Jean Mermoz
14:20	Posterior glenoid realignment osteotomy (RECORDED) Dr Abdulilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital
14:30	Reverse shoulder arthroplasty with tendon transfer Mr Paolo Paladini, Chief of Orthopaedic Shoulder Unit, Cervesi Hospital, Cattolica
14:38	Revision arthroplasty with bone loss Mr Steve Bale, Consultant Shoulder Surgeon, Wrightington Hospital
14:46	Discussion and cases
15:00	Refreshments and exhibition

BREAKOUT SESSION 1: Post-arthroplasty rehabilitation (Physiotherapists)	
Chair: Mr Simon Lambert (Breakout room)	
14:00	Rehabilitation after shoulder arthroplasty Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
14:30	Rehabilitation following reverse shoulder arthroplasty and tendon transfer Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
14:45	Discussion
15:00	Refreshments and exhibition

BREAKOUT SESSION 2: Trauma techniques (Surgeons)	
Chair: Mr Dimitri Karadaglis (Main lecture theatre)	
15:30	Proximal humerus fracture arthroplasty: tips and tricks Dr Alex Läderrmann, Shoulder and Elbow Surgeon, University of Geneva
15:50	Lateral clavicle and ACJ injuries Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital
16:10	Cases
16:30	Close of workshops

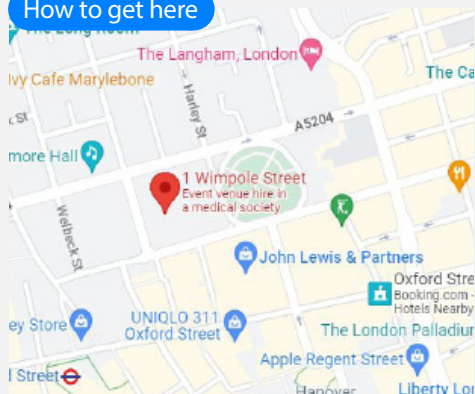
BREAKOUT SESSION 2: Post-trauma rehabilitation (Physiotherapists)	
Chair: Mr Simon Lambert (Breakout room)	
15:30	Management of elbow dislocation and instability Ms Sally Spence, Upper Limb Extended Scope Practitioner, Sheffield Teaching Hospital
15:45	Management of ACJ injuries – non-operative and post-operative strategies Professor Ian Horsley, Athlete Health Lead Physiotherapist, UK Sports Institute
16:00	Management of proximal humerus fractures – non-operative and post-fixation strategies Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
16:15	Discussion
16:30	Close of workshops, relocate to Main lecture theatre

ELBOW TRAUMA (All)		Chairs: Mr Henry Colaço and Mr Simon Lambert
16:30	Persistent elbow dislocation (RECORDED) Anna van der Windt, Consultant Orthopaedic Surgeon, Department of Orthopaedics, Erasmus MC, University Medical Center Rotterdam	
16:38	Management of the stiff elbow (RECORDED) Anna van der Windt, Consultant Orthopaedic Surgeon, Department of Orthopaedics, Erasmus MC, University Medical Center Rotterdam	
16:46	Rehabilitation after elbow trauma Ms Sally Spence, Upper Limb Extended Scope Practitioner, Sheffield Teaching Hospital	
16:54	Clinical cases and poster prize presentation	
17:15	Networking drinks reception and exhibition	
18:00	Close of day 1	

Programme day 2 – Saturday 17 May 2025 (Surgeons only)

09:30	Registration and refreshments
09:55	Introduction to workshops Mr Henry Colaço, Consultant Orthopaedic Surgeon, Royal Hampshire County Hospital
SURGICAL WORKSHOP: ELBOW TRAUMA Chair: Mr Simon Lambert	
10:00	Re-live surgery: Arthroscopic and open surgical techniques Professor Roger van Riet, Consultant Orthopaedic and Elbow Surgeon, University of Antwerp, Belgium
ARTHROPLASTY Chair: Mr Henry Colaço	
11:00	Preoperative planning: evidence and outcomes Mr Tan Thangarajah, Consultant Shoulder and Elbow Surgeon, University College London Hospitals NHS Foundation Trust
11:20	Preoperative planning: a look into the future Mr Andrew Sankey, Consultant Orthopaedic Surgeon, Chelsea and Westminster Hospital NHS Foundation Trust
11:30	Refreshments and exhibition
SURGICAL MASTERCLASSES (3 X 40 MINUTE ROTATIONS)	
12:00	Masterclass 1: Virtual Implant Positioning™ (VIP), Arthrex Mr Sven Lichtenberg, Consultant Orthopaedic Surgeon, Deutsches Gelenkzentrum Heidelberg Masterclass 2: Intraoperative CT-guided navigation, Exactech Mr Ben Gooding, Consultant Orthopaedic Shoulder and Elbow Surgeon, Nottingham University Hospitals Masterclass 3: Proximal humerus fixation: re-engineering a gold standard, DePuy Synthes Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
14:00	Lunch and exhibition
15:00	Clinical cases
15:30	Close of meeting

How to get here



Venue address

Royal Society of Medicine,
1 Wimpole Street,
London, W1G 0AE

Travelling by tube

Oxford Circus station (Victoria, Bakerloo, Central lines) 4 minutes' walk

Bond street (Central, Jubilee lines) 5 minutes' walk

Great Portland Street (Hammersmith & City, Circle lines) 15 minutes' walk

Travelling by train

London Victoria Station (Gatwick Express)
2 stops on the Victoria line to Oxford Circus
10 minutes by taxi

London Charing Cross
2 stops on the Bakerloo line to Oxford Circus
10 minutes by taxi

London Euston Station
2 stops on the Victoria line to Oxford Circus
10 minutes by taxi

London King's Cross & St Pancras Station
(Eurostar)
3 stops on the Victoria line to Oxford Circus

Orthopaedic Research UK
Furlong House, 10a Chandos Street
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