

LSM2025

Orthopaedic
Research UK 

London shoulder meeting 2025



Date: 16–17 May 2025

Venue: The Royal Society of Medicine, London

CPD: 12 credits (applied for)

We are most grateful for the support of our sponsors

Platinum sponsors



Call for abstracts


Consultants, trainees, and AHPs are invited to submit abstracts for the LSM poster presentation prize (£300). Abstracts should focus on the areas of trauma, arthroplasty, soft tissue and rehabilitation in relation to the shoulder and/or elbow.

Submission deadline: **Sunday 16 March 2025**

Email events@oruk.org for further information.

London shoulder meeting

 Friday 16—Saturday 17 May
2025

 Location: Royal Society of
Medicine, 1 Wimpole Street,
London, W1G 0AE

Educational aims and objectives

The London shoulder meeting returns for its 11th successive year

This two-day event will focus on evidence, techniques and rehabilitation in shoulder and elbow trauma and arthroplasty.

Day 1 will consist of lectures and focused breakout sessions. Day 2 will be workshop based. (You can attend just one or both days.) There will be a complimentary networking drinks reception at the end of day 1.

The meeting will include presentations, panel discussions, re-live surgery, masterclasses, surgical techniques and hands-on workshops. The convening panel from The Shoulder Practice are joined this year by a guest convenor, Dimitri Karadaglis, and an expert invited multidisciplinary international faculty.

Based on feedback from previous meetings, we will continue to have plenty of time for panel discussions, giving the chance for all delegates to interact and get involved in the lively debates.

By the end of the meeting, participants should come away with a greater understanding of a broad range of topics on shoulder and elbow, useful practical surgical tips and tricks, and up-to-date strategies for rehabilitation.

THE SHOULDER PRACTICE

Meeting convenors:

Mr Carlos Cobiella
Consultant Orthopaedic Surgeon
[University College London Hospitals](#)

Mr Henry Colaço
Consultant Orthopaedic Surgeon
[Royal Hampshire County Hospital](#)

Mr Dimitrios Karadaglis
Consultant Orthopaedic Surgeon
[Queen Elizabeth Hospital, London](#)

Mr Simon Lambert
Consultant Orthopaedic Surgeon
[University College London Hospitals](#)

Mr Jae Rhee
Consultant Orthopaedic Surgeon
[Princess Royal Hospital, West Midlands](#)

*Registration fees

1 day:

Company Representative: £200

Consultant: £99

Trainee: £95

***Allied Health Professional:** £90

*Please note that only day 1 is applicable to AHPs.

2 days:

Company Representative: £400

Consultant: £195

Trainee: £190

Click here to register: <http://bit.ly/LSM25>

Programme day 1 - Friday 16 May 2025

08:00 Registration and refreshments

08:30 Introduction and welcome
Mr Carlos Cobiella, Consultant Orthopaedic Surgeon, University College London Hospitals

TRAUMA

08:40 What do we know about proximal humerus fractures?
Professor Carl Ekholm, Associate Professor, Department of Orthopaedics, Sahlgrenska University Hospital, Göteborg, Sweden

08:48 Which proximal humerus fractures do we fix and how ?
Mr Peter Domos, Consultant Trauma and Orthopaedic Surgeon, Barnet Hospital, Royal Free London NHS Foundation Trust

09:15 Challenges of reverse shoulder arthroplasty for trauma
Mr Sven Lichtenberg, Consultant Orthopaedic Surgeon, Deutsches Gelenkzentrum Heidelberg

09:23 Is there still a role for the trauma hemiarthroplasty?
Speaker to be confirmed

09:31 Rehabilitation following proximal humerus fracture: best practice
Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester

09:39 Coro clavicular ligament reconstruction is the key
Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital

09:47 The modern hook plate: when and how?
Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg

09:55 Challenges of rehabilitation following ACJ injury
Professor Ian Horsley, Athlete Health Lead Physiotherapist, UK Sports Institute

10:03 Discussion

10:20 Refreshments and exhibition

REVERSE SHOULDER ARTHROPLASTY

10:50 The influence of implants and scapula kinematics on outcome of RSA
Professor Alexander Van Tongel, Shoulder and Elbow Surgeon, UZ Gent

10:58 The trend towards lateralisation: is this the only answer?
Dr Clara Azevedo, Consultant Orthopedic Surgeon, Joaquim Chaves Saúde, and Head of the Shoulder and Elbow Unit, SAMS Hospital

11:06 The outcomes of lateralisation using bio RSA
Mr Lionel Neyton, Consultant Orthopaedic and Shoulder Surgeon, Centre Orthopédique Santy/Hôpital Privé Jean Mermoz

11:14 Reverse should arthroplasty with tendon transfer: where are we in 2025?
Mr Jaime Candal-Couto, Consultant Orthopaedic Surgeon, Northumbria Healthcare

11:22 Development of rehabilitation protocols following RSA and tendon transfer (VIRTUAL)
Ms Edel Fanning, Lead Shoulder Physiotherapist, UPMC Sports Surgery Clinic's Sports Medicine Santry, Dublin

11:30 Update on trends in stem design in total shoulder arthroplasty: where are we heading?
Mr Johan Scheer, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Linköping University Hospital, Sweden

11:38 Discussion

ANATOMIC SHOULDER ARTHROPLASTY

11:58 Is there a role for pyrocarbon hemiarthroplasty in young patients?
Professor Giuseppe Porcellini, Professor of Orthopaedic Surgery, Università di Modena e Reggio-Emilia, Modena, Italy

12:06 Challenges of complex primary anatomic shoulder replacement
Mr Paolo Paladini, Chief of Orthopaedic Shoulder Unit, Cervesi Hospital, Cattolica

12:14 Posterior glenoid bone loss and retroversion: can we delay the need for replacement?
Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital

12:22 Outcomes and expectations for rehabilitation post arthroplasty
Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina

12:30 The cuff intact reverse shoulder arthroplasty: a modern dilemma
Dr Alex Lädermann, Shoulder and Elbow Surgeon, University of Geneva

12:38 Discussion

13:00 Lunch and exhibition

BREAKOUT SESSION 1: Arthroplasty techniques (Surgeons)	
14:00	Relive surgery 1: Complex anatomic shoulder arthroplasty Professor Giuseppe Porcellini, Professor of Orthopaedic Surgery, Università di Modena e Reggio-Emilia, Modena, Italy
14:08	Relive surgery 2: Reverse shoulder arthroplasty: bioRSA v lateralising glenosphere Speaker to be confirmed
14:16	Posterior glenoid realignment osteotomy Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital
14:24	Reverse shoulder arthroplasty with tendon transfer Speaker to be confirmed
14:32	Revision arthroplasty with bone loss Mr Steve Bale, Consultant Shoulder Surgeon, Wrightington Hospital
14:40	Discussion and cases
15:00	Refreshments and exhibition

BREAKOUT SESSION 1: Post-arthroplasty rehabilitation (Physiotherapists)	
14:00	Rehabilitation following anatomic shoulder arthroplasty Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
14:15	Rehabilitation following reverse shoulder arthroplasty Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
14:30	Rehabilitation following reverse shoulder arthroplasty & tendon transfer Ms June Kennedy, Senior Physical Therapist, Duke Sports Medicine Physical Therapy, North Carolina
14:45	Discussion
15:00	Refreshments and exhibition

BREAKOUT SESSION 2: Trauma techniques (Surgeons)	
15:30	Relive surgery 1: Proximal humerus fracture arthroplasty: tips and tricks Speaker to be confirmed
15:50	Relive surgery 2: Lateral clavicle & ACJ injuries Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital
16:10	Cases
16:30	Close of workshops

BREAKOUT SESSION 2: Post-trauma rehabilitation (Physiotherapists)	
15:30	Management of elbow dislocation & instability Ms Sally Spence, Upper Limb Extended Scope Practitioner, Sheffield Teaching Hospital
15:45	Management of ACJ injuries - non-operative and post-operative strategies Professor Ian Horsley, Athlete Health Lead Physiotherapist, UK Sports Institute
16:00	Management of proximal humerus fractures - non-operative and post-fixation strategies Ms Helen Tunnicliffe, Consultant and Advanced Practice Physiotherapist, University Hospitals of Leicester
16:15	Discussion
16:30	Close of workshops

ELBOW TRAUMA (All)	
16:30	Persistent elbow dislocation Anna van der Windt, Consultant Orthopaedic Surgeon, Department of Orthopaedics, Erasmus MC, University Medical Center Rotterdam
16:38	Stiff elbow Anna van der Windt, Consultant Orthopaedic Surgeon, Department of Orthopaedics, Erasmus MC, University Medical Center Rotterdam
16:46	Trauma rehabilitation Ms Sally Spence, Upper Limb Extended Scope Practitioner, Sheffield Teaching Hospital
16:54	Cases
17:15	Networking drinks reception and exhibition
18:00	Close of day 1

Programme day 2 - Saturday 17 May 2025 (Surgeons only)

09:30 **Registration and refreshments**

09:55 **Introduction to workshops**

Mr Henry Colaço, Consultant Orthopaedic Surgeon, Royal Hampshire County Hospital

SURGICAL WORKSHOP 1: ELBOW TRAUMA

10:00 **Re-live surgery**

Professor Roger van Riet, Consultant Orthopaedic and Elbow Surgeon, University of Antwerp, Belgium

11:30 **Refreshments and exhibition**

SURGICAL WORKSHOP 2: SHOULDER ARTHROPLASTY - IMPROVING ACCURACY

12:00

- 3D planning
- Augmented reality
- Custom guides
- Navigation
- Artificial intelligence

Dr Jean-David Werthel, Shoulder Surgeon, Ambroise Paré Hospital, France

13:30 **Lunch and exhibition**

SURGICAL WORKSHOP 3: PROXIMAL HUMERUS FRACTURES

14:30

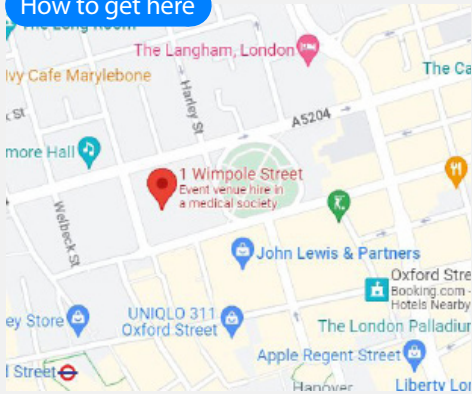
- Evolution of fixation
- Re-live surgery

Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center

16:00

Close of meeting

How to get here



Venue address

Royal Society of Medicine,
1 Wimpole Street,
London, W1G 0AE

Travelling by tube

Oxford Circus station (Victoria, Bakerloo, Central lines) 4 minutes' walk

Bond street (Central, Jubilee lines) 5 minutes' walk

Great Portland Street (Hammersmith & City, Circle lines) 15 minutes' walk

Travelling by train

London Victoria Station (Gatwick Express)

2 stops on the Victoria line to Oxford Circus
10 minutes by taxi

London Charing Cross

2 stops on the Bakerloo line to Oxford Circus
10 minutes by taxi

London Euston Station

2 stops on the Victoria line to Oxford Circus
10 minutes by taxi

London King's Cross & St Pancras Station
(Eurostar)

3 stops on the Victoria line to Oxford Circus



+44 (0)20 7637 5789



events@oruk.org



www.oruk.org



@OR_UK



/ORUKcharity



Orthopaedic Research UK

Orthopaedic Research UK
Furlong House, 10a Chandos Street
London, W1G 9DQ

UK Registered Charity No. 1111657