



# Surgical management of neck of femur fractures

Date: Tuesday 18 March 2025

Venue: Macdonald Burlington Hotel, Birmingham

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# Programme

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| <b>08:45</b> | <b>Registration and refreshments</b>  |
| <b>09:15</b> | <b>Welcome and introduction</b><br>Mr Tosan Okoro, Consultant Orthopaedic Surgeon, Robert Jones and Agnes Hunt Orthopaedic Hospital   |
| <b>09:20</b> | <b>Anatomy of the hip and the blood supply to the femoral head</b><br>Mr John Davies, Consultant Paediatric Trauma and Orthopaedic Surgeon, Leeds Teaching Hospitals NHS Trust                                |
| <b>09:30</b> | <b>Clinical presentation and assessment of the fractured neck of femur patient</b><br>Mr Harry Benjamin-Laing, Consultant Orthopaedic Surgeon; Milton Keynes University Hospital NHS Foundation Trust         |
| <b>09:40</b> | <b>NICE guidelines for optimal management of NOFs in the UK. What are the standards globally?</b><br>Mr Caesar Wek, Consultant Orthopaedic Surgeon, Dorset County Hospital                                    |
| <b>09:50</b> | <b>Biomechanics of hip fracture fixation</b><br>Mr Saqib Masud, Consultant Specialist Knee and Orthopaedic Trauma Surgeon, Morriston Hospital, Swansea  |
| <b>10:00</b> | <b>Dynamic hip screw (DHS) vs intramedullary(IM) nail for inter-trochanteric hip fractures – what is the current evidence?</b><br>Professor Paul Lee, Consultant Orthopaedic Surgeon, Princess Grace Hospital |
| <b>10:10</b> | <b>Special circumstances – paediatric neck of femur fractures</b><br>Mr John Davies, Consultant Paediatric Trauma and Orthopaedic Surgeon, Leeds Teaching Hospitals NHS Trust                                 |
| <b>10:20</b> | <b>Refreshments</b>   |
| <b>10:50</b> | <b>Workshop: DHS</b>  |
| <b>12:50</b> | <b>Lunch</b>  |
| <b>13:50</b> | <b>Biomechanics of hip hemiarthroplasty</b><br>Mr Ogbo Obakponovwe, Consultant Orthopaedic Surgeon, St Richard's Hospital, Chichester   |



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| 14:00 | <b>DHS vs cannulated screws for intracapsular hip fractures – what is the current evidence?</b><br>Mr Ben Hickey, Consultant Trauma and Orthopaedic Surgeon, Wrexham Maelor Hospital                           |
| 14:10 | <b>Hemiarthroplasty vs. THR for intracapsular fractures – What is the current evidence?</b><br>Mr Harry Benjamin-Laing, Consultant Orthopaedic Surgeon; Milton Keynes University Hospital NHS Foundation Trust |
| 14:20 | <b>The optimal approach for hip hemiarthroplasty- anterior vs lateral vs. posterior</b><br>Mr Saqib Masud, Consultant Specialist Knee and Orthopaedic Trauma Surgeon, Morriston Hospital, Swansea              |
| 14:30 | <b>Understanding horizontal hip offset- implant choices for hip hemiarthroplasty</b><br>Mr Leo Vachtsevanos, Consultant Trauma and Orthopaedic Surgeon, Salisbury NHS Foundation Trust                         |
| 14:40 | <b>Refreshments</b>  |
| 15:10 | <b>Workshop: Hemiarthroplasty</b>  |
| 16:55 | <b>Course summary and close of day</b>   |



## **Faculty biographies (where supplied)**

### **Mr Harry Benjamin-Laing**

**Consultant Hand and Wrist Surgeon, Milton Keynes University Hospital NHS Foundation Trust**

Mr Harry Benjamin-Laing is a Consultant Hand and Wrist Surgeon at Milton Keynes University Teaching Hospital, with extensive experience in trauma and orthopaedic surgery. He completed his specialist training on the NorthWest Mersey Rotation, obtaining his CCT in 2022, followed by advanced fellowships at Wrightington Hospital, focusing on complex hand and wrist procedures such as carpectomies, arthroplasties, and peripheral nerve decompressions.

Mr Benjamin-Laing has a strong interest in medical education, contributing to peer-reviewed publications, textbooks, and presentations at national and international conferences. He founded the Orthom8 Orthopaedic Education YouTube channel, supporting FRCS Orth exam candidates and trainees. His leadership potential has been recognized through his selection as a British Orthopaedic Association Future Leader candidate and awards like the Frostick Foundation Grant.

Committed to patient-centered care, Mr. Benjamin-Laing combines clinical expertise, research, and education to enhance outcomes in both elective and trauma-related hand and wrist surgery.

### **Mr Tosan Okoro**

**Consultant Trauma and Orthopaedic Surgeon, Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust**

Mr Tosan Okoro attended medical school at the University of Warwick and did his core surgical training in the West Midlands Deanery. He was subsequently appointed as a Wales Clinical Academic Trainee (WCAT) in trauma and orthopaedics. His PhD at Bangor University was focused on exercise rehabilitation following total hip arthroplasty, with subsequent higher orthopaedic specialist clinical training across south Wales. Mr Okoro is a graduate of the British Orthopaedic Association (BOA) National Future Leaders Programme (class of 2018) and has a Level 7 certificate in strategic management and leadership.

He recently completed a lower limb reconstruction fellowship at the Sunnybrook Holland Orthopaedic and Arthritic centre in Toronto, Canada (August 2018–August 2019). He has also completed an AOTrauma Fellowship at the Hospital das Clínicas da Faculdade de Medicina (University of Sao Paulo, USP) de Ribeirão Preto, Brazil (May 2017); a Stephan Perren AOTrauma Research Fellowship at the Charite Hospital in Berlin (September 2019); and a BOA Travelling Fellowship at the Hamburg Endo-Klinik in Germany (May 2016). Whilst in North America, he visited the arthroplasty unit at the Mayo Clinic in Rochester, Minnesota (April 2019).

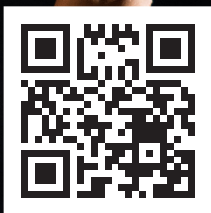
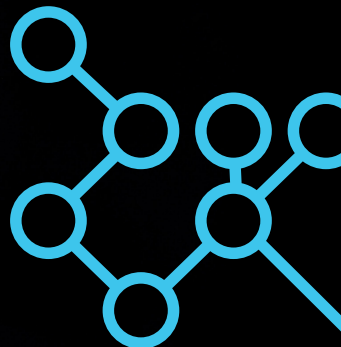
He is well published in peer-reviewed research journals (see below). His current research interests are varied and include the assessment of patient reported outcomes measures in ambulatory trauma, surgeon volumes in arthroplasty, and the biomechanics of fracture fixation. Mr Okoro is a clinical supervisor to Registrars on the Oswestry / Stoke orthopaedic rotation and also teaches on a number of educational courses.

In his spare time, he enjoys cycling, travelling, and movies.



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