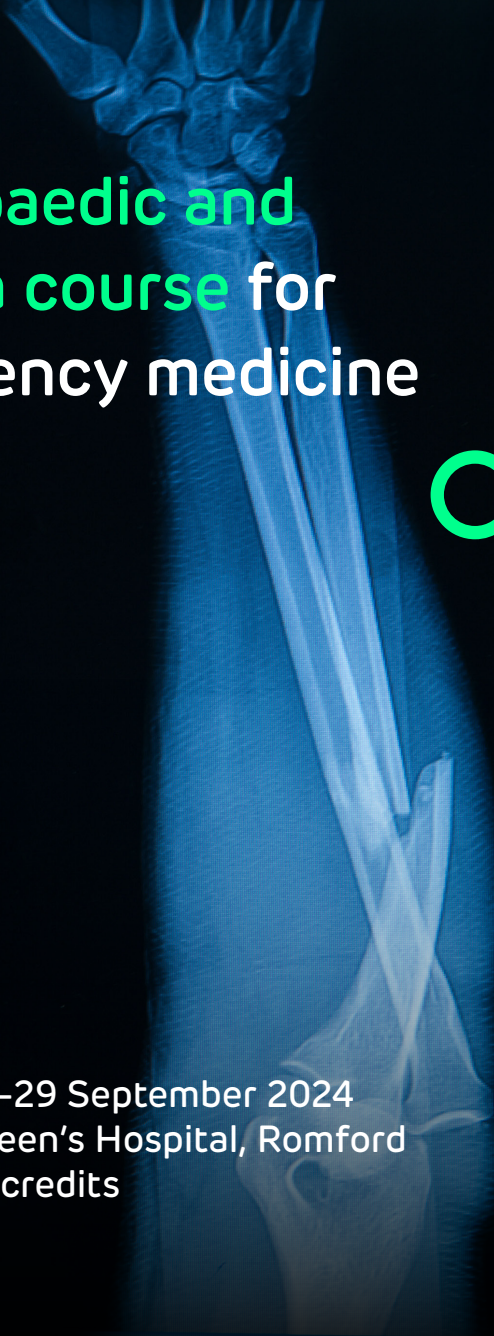
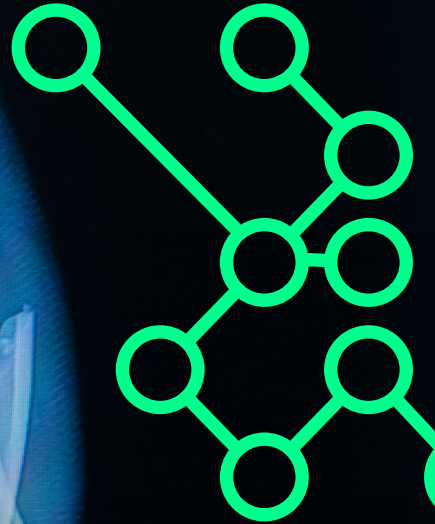


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Orthopaedic and trauma course for emergency medicine



Date: 28–29 September 2024
Venue: Queen's Hospital, Romford
CPD: 10 credits

Programme (Day 1)

Saturday 28 September

08:00	Registration and refreshments
08:30	Welcome and introduction Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
08:40	Femur shaft and tibial shaft fractures Mr James Wong, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:00	Fractures around the knee Mr Ahmad Ali, Consultant Trauma and Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:20	Foot and ankle fractures (excluding Lisfranc's) Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:40	Lisfranc's fracture and achillies tendon rupture Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:50	Shoulder dislocations and rotatorcuff injuries Mr Dimitrios Tsekas, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:05	Fractures around shoulder (excluding paediatrics) Mr Karam Al-Tawil, Consultant Trauma and Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:20	Fractures around the elbow Mr Steven Kyriacou, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:40	Refreshments
11:00	Wrist and hand fractures Mr Karam Al-Tawil, Consultant Trauma and Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
11:30	Peripheral nerve examination of the upper limb Mr Dimitrios Tsekas, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
11:40	Pearls in hand splinting Ms Eskarlett Pereira, Consultant and Extended Scope Practitioner, Barking, Havering and Redbridge University Hospitals NHS Trust
11:50	Hand splinting application session Ms Eskarlett Pereira, Consultant and Extended Scope Practitioner and Team, Barking, Havering and Redbridge University Hospitals NHS Trust
13:00	Lunch

13:50	Fractures around the elbow (paediatrics) Mr Steven Kyriacou, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
14:10	Fractures in upper limb (paediatrics) Mr Niraj Vetharajan, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
14:20	Safeguarding fractures (children) Dr Katie Ruck, Paediatric Consultant, Barking, Havering and Redbridge University Hospitals NHS Trust
14:30	Pelvic fractures Mr Hussein Taki, Post CCT Fellow, Royal National Orthopaedic Hospital
14:50	Practical sessions Led by Mr Krishna Vemulapalli, Mr Asif Parkar and Mr Shivakumar Shankar
	Reduction of colles
	Reduction of ankle dislocations
	Application of pelvic binders
	Application of femur fracture splints
15:50	Refreshments
16:10	Safeguarding fractures (adults) Mr Niraj Vetharajan, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:20	Compartment syndrome Mr Asif Parkar, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:30	Open fractures Mr Shivakumar Shankar, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:40	Radiology in A&E Dr Mohamed Elsayad, Consultant Radiologist, Barking, Havering and Redbridge University Hospitals NHS Trust
16:55	Soft tissue hand injuries Mr Manu Sood, Consultant Plastic Surgeon, Mid and South Essex NHS Foundation Trust
17:25	Close of day

Programme (Day 2)

Sunday 29 September

08:00	Registration and refreshments
08:15	Back pain and cauda equina and spinal fractures Mr Alagappan Sivaraman, Consultant Orthopaedic Spine Surgeon, All About Spines
08:40	Limping child (septic arthritis; SUFE and perthes) Mr Madhu Tiruveedhula, Consultant Trauma and Orthopaedic Surgeon, Basildon University Hospital
08:55	Fractures in lower limb (paediatrics) Mr Madhu Tiruveedhula, Consultant Trauma and Orthopaedic Surgeon, Basildon University Hospital
09:10	Anaesthesia in A&E Dr Gyanendra Upmanyu, Consultant Anaesthetist, Barking, Havering and Redbridge University Hospitals NHS Trust
9:20	Pearls of plastering Led by Amanda Barlow, Lead Orthopaedic Technician, Barking, Havering and Redbridge University Hospitals NHS Trust
9:30	Plastering practical session 1 Led by Amanda Barlow and team
11:00	Refreshments
11:15	Plastering practical session 2 Led by Amanda Barlow and team
12:45	Close of course

Certificate of attendance:

Please scan the QR code to complete the online feedback form.

Your certificate of attendance will be sent to you via email after the feedback form has been completed.



Faculty biographies (where supplied)

Mr Ahmad Ali

Mr Ahmad Ali is a Consultant Orthopaedic and Trauma surgeon specialising in the management of complex knee problems and sport injuries. He originally trained in Oxford, then Sheffield and on the Northwest High Surgical Training Programme. He developed his specialised skills when he spent one year as a knee fellow which included multiple ligament reconstruction and knee replacements.

He is presently a Consultant Knee Specialist at Queen's Hospital, Romford as well as at King George Hospital, Goodmayes, Essex, where he has been heavily involved in research and teaching.

Mr Karam Al-Tawil

Mr Karam Al-Tawil is a Consultant Upper Limb Surgeon and has a well-established and NHS practice based at Queen's and King George Hospitals in London (Barking Havering and Redbridge University Hospitals Trust). He specialises in all aspects of upper limb surgery - hand and wrist, elbow, and shoulder. This includes soft tissue and bony work, arthroscopic (keyhole) surgery, sports conditions, and joint replacement surgery.

He completed orthopaedic training on the prestigious Cambridge rotation, spending his final year at Addenbrooke's Hospital (Cambridge) upper limb unit, and subsequently the London Major Trauma Centre, further specialising in both hand and wrist, and shoulder and elbow surgery.

Dr Mohammed Elsayad

Dr Mohammed Elsayad is a Consultant Radiologist whose interests include musculoskeletal and body imaging, including sports medicine, reporting CT, MRI, ultrasound guided injections and CT guided biopsies and intervention, gastrointestinal and gynaecological imaging. He has extensive experience in abdominal, pelvic, transvaginal, testicular, thyroid ultrasound and vascular ultrasound, including carotid duplex.

Mr Steven Kyriacou

Mr Steven Kyriacou is a Locum Consultant Orthopaedic Surgeon at Queen's Hospital, Romford with a specialist interest in upper limb surgery.

Mr Asif Parkar

Mr Asif Parkar was trained through the prestigious Royal London Trauma and Orthopaedic training rotation programme. He has done fellowships at the Barts Health NHS trust, London, Guy's and St Thomas's NHS Foundation Trust, London and a North American fellowship based in Calgary. These are level one trauma centres and tertiary referral centres for complex orthopaedic procedures.

He is based at Queen's Hospital and King George Hospital, London. His practice is mainly focussed on sports knee injuries, ligament reconstruction, partial knee, primary, revision total knee and total hip replacement. He offers patient specific treatment to conditions like patella instability, joint preservation surgery such as osteotomy around knee. He is one of the few surgeons in the country with fellowship training in performing hip replacement through direct anterior approach. This is a less invasive technique of performing hip replacement which enables patients to go home same day. He is also the infection control lead for the department.

He has been actively involved in research. He has written book chapters and has published his work in several peer-reviewed journals. He believes in holistic and evidence-based approach towards patient care.

Mr Shivakumar Shankar

Mr Shivakumar Shankar works as an NHS Consultant at Barking, Havering and Redbridge Hospital, based at Queen's Hospital, Romford and King George Hospital, Good Mayes.

He obtained his higher surgical training in trauma and orthopaedics on the North East Thames and London Deanery on the prestigious Royal National Orthopaedic Hospital (RNOH) rotation. He trained in university hospitals like RNOH and the Great Ormond Street Hospital. He obtained trauma training at one of the London's major trauma centres, the Royal London Hospital. He also obtained training in various district general hospitals in London and Essex.

Mr Shankar is fellowship trained and his UK fellowship was the prestigious RNOH, Stanmore lower limb arthroplasty fellowship. Armed with evidence of innovation in the form of computed assisted and robotic lower limb arthroplasty to aid provision of best outcomes for his arthroplasty patients, he completed his fellowship at The Golden Jubilee Hospital, Glasgow in computer navigation assisted hip and knee arthroplasty fellowship. To further his experience, he completed a travelling fellowship in Germany in Rummelsberg in the reputed unit of Professor Wagner with experience in anterior approach hip arthroplasty. He has clinical and academic links with the unit.

Mr Alagappan Sivaraman

Mr Alagappan Sivaraman is a full-time private Consultant Orthopaedic Spinal Surgeon in London specialising in back and spine conditions. He specialises in spinal surgery with a main interest in degenerative disorders of the spine including back and neck pain.

Mr Manu Sood

Mr Manu Sood is a Consultant Plastic and Hand Surgeon at the St Andrew's Centre for Plastic Surgery, Chelmsford, UK. He is also the Medical Director for Plastic Surgery and Dermatology for Mid and South Essex NHS Trust.

His principal areas of interest are post-trauma reconstruction, small joint arthroplasty including CMC joint replacement, management of the paralysed hand, reconstruction of scaphoid non-union and surgical reconstruction of the upper extremity in patients with strokes and cerebral palsy.

He has an interest in clinical research and has published articles on hand surgery in peer reviewed journals. He is actively involved in postgraduate teaching and is responsible for the training of the Senior Specialist Registrar in Hand Surgery attached to the Regional Plastic Surgery Unit.

Mr Hussein Taki

Mr Hussein Taki is an Orthopaedic Surgeon with Fellowship training in complex arthroplasty, revision hip surgery, pelvic and acetabular surgery, major trauma and periprosthetic fractures. He is particularly interested in how arthroplasty solutions can play a role in complex trauma, including fix and replace for acetabular fractures.

He trained on the East of England rotation and has done Fellowships at the Royal London and Royal National Orthopaedic Hospital. He is interested in education and has been faculty on FRCS courses as well as organising regional registrar teaching.

Mr Madhu Tiruveedhula

Mr Madhu Tiruveedhula is a Consultant Orthopaedic surgeon at Basildon University Hospital, UK. He sub-specialises in children (paediatric) orthopaedics, complex paediatric and adult foot and ankle surgery, and diabetic foot related conditions.

After his MBBS in India, he completed his specialist orthopaedics training in the UK followed by Fellowship training at Royal National Orthopaedic Hospital (RNOH), Guy's and St Thomas' Hospital in London and Southampton General Hospital.

He is a keen teacher, medical school examiner and postgraduate trainer. He published one book chapter and 17 papers in peer reviewed journals. He organises regular teaching sessions for postgraduate trainees and once a year, a cadaveric workshop on diabetic foot surgery.

Mr Dimitrios Tsekas

Mr Dimitrios Tsekas provides a full comprehensive shoulder, elbow service for degenerate disease and sports injuries, promoting good medical practice. His approach to the patient is holistic and multidisciplinary, working closely with orthopaedic consultants and other skilled health professionals, to provide a caring and evidence-based treatment to his patients. Mr Tsekas holds a substantive post as "Trauma and Orthopaedics Consultant" and "Trauma Lead" in Queen's Hospital, London (Barking Havering and Redbridge University Hospitals Trust), specialising in shoulder, elbow and wrist surgery.

He is passionate about medical training and teaching and was awarded with the "Trainer of the year" award for 2021, from the Royal London Hospital Orthopaedic and Trauma Society (RLHOTS). As "Unit Training Director and Research Lead" for the Orthopaedic Department in Basildon Hospital, he received the award for the best orthopaedic department for trainees in the RLHOTS rotation for 2021. He structures and runs courses on Upper Limb Surgery while being a member of faculty for shoulder surgery cadaveric labs in Paris. He has completed two substantive Upper Limb Fellowships; in Royal Free London focusing in shoulder arthroplasty and arthroscopies, and in Royal London Hospital focusing on shoulder, elbow, wrist and hand complex trauma as well as elective upper limb surgery.

He graduated from the University of Athens Medical School in 2003. During his specialist orthopaedic training, he acquired experience and skills in the whole spectrum of orthopaedics, obtaining the Fellow of European Board of Orthopaedics and Traumatology (FEBOT) and Fellow of the Royal College of Surgeons of England (FRCS) diplomas. In 2009 he obtained his MSc in "Metabolic Bone Disorders" from University of Athens Medical School. Throughout his orthopaedic career Mr Tsekas has completed research, published articles in peer reviewed journals and has numerous presentations in orthopaedic meetings in national and international level.

Mr Krishna Vemulapalli

Mr Krishna Vemulapalli graduated from India and completed his higher surgical training at The Royal London Hospital and Percivall Potts Rotation before his appointment as a Consultant Orthopaedic Surgeon at Barking Havering and Redbridge University Hospitals NHS Trust. He specialises in foot and ankle surgery and orthopaedic surgery for children. He is also honorary senior lecturer at Queen Mary University, London.

He is passionate about teaching and was instrumental in getting the Queen's Hospital 'Training Hospital of the Year 2014' and 2nd runner-up in 2020 for orthopaedics. He organises several courses for the future orthopaedic consultants.

He was nominated 9 times as 'Trainer of the year' and has won several awards for Teaching including 'Trainer of Year 2015' and 'Highly Commended Clinical Supervisor of the year-PGMDE-UCL partners 2016' and runner-up for Stanmore and Pott rotation in 2020.

He was Clinical Lead of the department and chief architect for BONES (BHRUT Orthopaedics NHS Elective Surgery) Project which is a pioneer NHS High Volume week performing 135 Hip & Knee arthroplasties and 85-day cases in a week. This project has been described as 'Exemplary' by the RCS president in British Parliament as well as example of delivering the elective service in the February 2022 NHS report.

Mr James Wong

Mr James Wong is a Consultant Orthopaedic Surgeon with a specialist interest in hip and knee replacement surgery. His NHS base is Queen's Hospital in Romford and King George Hospital in Ilford.

He graduated from King's College School of Medicine and Dentistry in 2000. He completed his Orthopaedic and Trauma surgical training on the prestigious Royal National Orthopaedic Hospital rotation and has further specialised in hip and knee surgery. He became a Fellow of the Royal College of Surgeons (FRCS Trauma and Orthopaedics) in 2010.

Additionally, he undertook further specialist fellowship training in hip and knee surgery in Melbourne at the Royal Melbourne and Epworth Hospitals, and at the Joint Reconstruction Unit at the Royal National Orthopaedic Hospital in Stanmore.

Mr Wong's practice is dedicated to hip and knee surgery, in particular knee arthroscopy and joint replacement surgery. He is well published in peer-reviewed journals and has carried out research in several areas including revision hip surgery.