



Barking, Havering and Redbridge  
University Hospitals  
NHS Trust



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# Orthopaedic and Trauma Course for Emergency Medicine

Includes plaster  
application  
workshop



**Date:** 28 – 29 September 2024  
**Venue:** Queen's Hospital, Romford  
**CPD:** 10 credits (applied for)

## Orthopaedic and trauma course for emergency medicine

 28 - 29 September 2024  
 Queen's Hospital, Romford

### Course convenor:

**Mr Krishna Vemulapalli,**  
Consultant Orthopaedic Surgeon,  
Barking, Havering and Redbridge University  
Hospitals NHS Trust

### Registration fees

**Full course:** .....£250

**Lectures only:** .....£200

We have limited spaces available on this course, so please ensure you book early to avoid disappointment.

Click here to register:

<https://oruk.org/upcoming-events/orthopaedic-and-trauma-course-for-emergency-medicine-28-29-september-2024/>

### Educational aims and objectives

This course will cover all aspects of trauma and orthopaedics needed for any person working in an accident and emergency department. Designed for all levels of staff including SHO's, registrars, ENP's, GP's working in A&E, and A&E consultants that wish to refresh their knowledge.

The first day will consist of comprehensive lectures, with ample time for discussions and clarifying issues with experienced faculty. The second day is devoted to hands-on session experience of plaster application.

By the end of the course delegates will be confident in dealing with the varying trauma which lands on their doorstep. They will also be familiar with emergency treatment of all trauma in A&E and more importantly when to refer.

## Course Programme (Day 1)

Saturday 28 September 2024

08:00	<b>Registration and Refreshments</b>
08:30	<b>Welcome and Introduction</b> Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
08:40	<b>Femur Shaft and Tibial Shaft Fractures</b> Mr James Wong, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:00	<b>Fractures around the Knee</b> Mr Ahmad Ali, Consultant Trauma Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:20	<b>Foot and Ankle Fractures (Excluding Lisfranc's)</b> Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:40	<b>Lisfranc's Fracture and Achilles Tendon Rupture</b> Mr Krishna Vemulapalli, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
09:50	<b>Shoulder Dislocations &amp; Rotatorcuff Injuries</b> Mr Dimitrios Tsekis, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:05	<b>Fractures around Shoulder (Excluding Paediatrics)</b> Mr Karam Al-Tawil, Consultant Trauma and Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:20	<b>Fractures around the Elbow</b> Mr Steven Kyriacou, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
10:40	<b>Refreshments</b>
11:00	<b>Wrist and Hand Fractures</b> Mr Karam Al-Tawil, Consultant Trauma and Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
11:30	<b>Peripheral Nerve Examination of Upperlimb</b> Mr Dimitrios Tsekis, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
11:40	<b>Pearls in Hand Splinting</b> Ms Eskarlett Pereira, Consultant HT and EXT Scope Practitioner, Barking, Havering and Redbridge University Hospitals NHS Trust
11:50	<b>Hand Splinting application Session</b> Ms Eskarlett Pereira, Consultant HT and EXT Scope Practitioner, Barking, Havering and Redbridge University Hospitals NHS Trust
13:00	<b>Lunch</b>
13:50	<b>Fractures around the Elbow (Paediatrics)</b> Mr Steven Kyriacou, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust

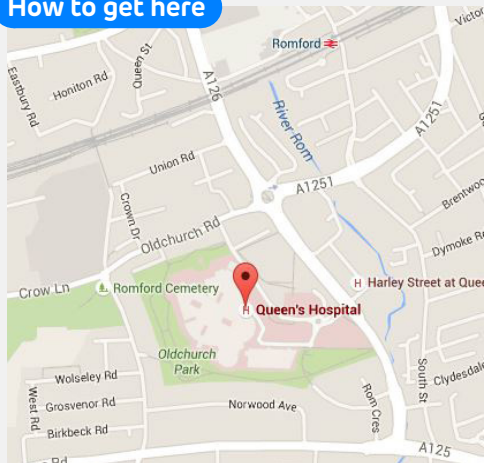
## Course Programme (Day 2)

14:10	<b>Fractures in Upperlimb (Paediatrics)</b> Mr Niraj Vetharajan, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
14:20	<b>SafeGuarding Fractures (Children)</b> Dr Katie Ruck, Paediatric Consultant, Barking, Havering and Redbridge University Hospitals NHS Trust
14:30	<b>Pelvic Fractures</b> Mr Tom Jackson, Pelvic Fellow, Barts Health NHS Trust
14:50	<b>Practical Sessions</b> Led by Mr Krishna Vemulapalli, Mr Asif Parkar and Mr Shivakumar Shankar
	<b>Reduction of Colles</b>
	<b>Reduction of Ankle Dislocations</b>
	<b>Application of Pelvic Binders</b>
	<b>Application of Femur Fracture Splints</b>
15:50	<b>Refreshments</b>
16:10	<b>SafeGuarding Fractures (Adults)</b> Mr Niraj Vetharajan, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:20	<b>Compartment Syndrome</b> Mr Asif Parkar, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:30	<b>Open Fractures</b> Mr Shivakumar Shankar, Consultant Orthopaedic Surgeon, Barking, Havering and Redbridge University Hospitals NHS Trust
16:40	<b>Radiology in A&amp;E</b> Dr Mohamed Elsayad, Consultant Radiologist, Barking, Havering and Redbridge University Hospitals NHS Trust
16:55	<b>Soft Tissue Hand Injuries</b> Mr Manu Sood, Consultant Plastic Surgeon, Mid and South Essex NHS Foundation Trust
17:25	<b>Close of day</b>

### Sunday 29 September 2024

08:00	<b>Registration and Refreshments</b>
08:15	<b>Back Pain &amp; Cauda Equina &amp; Spinal Fractures</b> Mr Alagappan Sivaraman, Consultant Orthopaedic Spine Surgeon, All About Spines
08:40	<b>Limping Child (Septic Arthritis; SUFE &amp; Perthes)</b> Mr Madhu Tiruveedhula, Consultant Trauma and Orthopaedic Surgeon, Basildon University Hospital
08:55	<b>Fractures in Lowerlimb (Paediatrics)</b> Mr Madhu Tiruveedhula, Consultant Trauma and Orthopaedic Surgeon, Basildon University Hospital
09:10	<b>Anaesthesia in A&amp;E</b> Dr Gyanendra Upmanyu, Consultant Anaesthetist, Barking, Havering and Redbridge University Hospitals NHS Trust
9:20	<b>Pearls of Plastering</b> Led by Amanda Barlow, Lead Orthopaedic Technician, Barking, Havering and Redbridge University Hospitals NHS Trust
9:30	<b>Plastering Practical session 1</b> Led by Amanda Barlow and team
11:00	<b>Refreshments</b>
11:15	<b>Plastering Practical session 2</b> Led by Amanda Barlow and team
12:45	<b>Close of course</b>

## How to get here



### Venue address

Education Department, Queen's Hospital, Rom Valley Way, Romford, Essex, RM7 0AG

### Travelling by tube

The nearest tube stations are Dagenham Heathway (District line) then 175 bus, or Hornchurch (District line) then 193 bus into the hospital.

### Travelling by train

The closest train station is Romford, which is part of Greater Anglia services.

### Travelling by bus

Buses 128, 175, 193, 365, 496 and 898 all come into the hospital grounds.

Buses 103, 174 and 499 serve Oldchurch Road.

Buses 5 and 294 serve South Street.

### Travelling by car

Car access is through the entrance on Rom Valley Way. If you are travelling by road via the M25, take Junction 28 (A12), then A125 or junction 29 (A127) then A118 to Romford town centre.



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