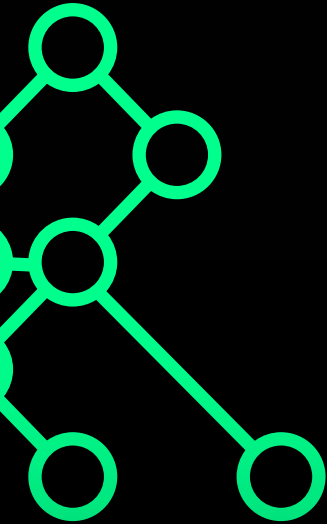


# Hand and Wrist FRCS (Tr & Orth) Revision Course



**Date:** 12-13 September 2024  
**Venue:** London  
**CPD:** 12 credits

# Hand and Wrist FRCS (Tr & Orth) Revision Course

 12-13 September 2024  
 London

## Registration fees

**Lectures with vivas  
and clinicals:** .....£385

**Lectures only:**.....£285

**This course has been organised  
jointly by Orthopaedic Research  
UK and Let's Talk Dr.**

## Course convenors:

**Mr Rishi Dhir**

Consultant Upper Limb Surgeon,  
The Princess Alexandra Hospital NHS Trust

## Educational aims and objectives

This course is designed for candidates preparing for the FRCS (Tr & Orth) exam, and trainees who are in their earlier years of training and would like to gain hand and wrist surgery knowledge and viva experience. It is particularly unique as it is completely exam focused giving you the exact buzz words and key concepts to help you in the exam.

In the mornings, we will deliver a comprehensive lecture programme covering the core components of hand and wrist surgery topics for the FRCS (Tr & Orth) exam.

In the afternoons, mock viva stations will provide you with the opportunity to refine and test your hand and wrist surgery knowledge, practise your exam technique, and clarify any issues with an experienced specialist faculty.

## Cancellation policy & filming notice

To view our cancellation policy and filming notice, please visit the ORUK website here: [www.oruk.org/  
event-cancellation-policy](http://www.oruk.org/event-cancellation-policy)

We are most grateful for the support of our sponsors

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## Course faculty:

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### **Mr Aprajit Bhalla,**

Consultant Orthopaedic Hand Surgeon  
[North Middlesex University Hospital NHS Trust](#)

### **Mr Jonathan Compson**

Consultant Orthopaedic & Trauma Surgeon  
[King's College Hospital NHS Foundation Trust](#)

### **Mr Benjamin Dean**

Consultant Hand and Wrist Surgeon and Research Fellow  
[Oxford University Hospitals NHS Foundation Trust](#)

### **Mr Amitava Dutta**

Consultant Orthopaedic Surgeon  
[Lewisham and Greenwich Healthcare Trust](#)

### **Ms Laura Hamilton**

Consultant Orthopaedic Hand Surgeon  
[University Hospitals Sussex NHS Foundation Trust](#)

### **Mr Timothy Hardwick**

Consultant Orthopaedic Surgeon  
[University Hospitals Sussex NHS Foundation Trust](#)

### **Miss Alexandra Hazlerigg**

Consultant Trauma and Orthopaedic Surgeon  
[Gloucestershire Hospitals NHS Foundation Trust](#)

### **Professor Mohamed Imam**

Consultant Orthopaedic Surgeon  
[Ashford and St Peter's Hospitals NHS Foundation Trust](#)

### **Ms Suan Khor**

Post-CCT Hand and Wrist Fellow  
[Guy's and St Thomas' NHS Foundation Trust](#)

### **Mr Ravi Mallina**

Consultant Hand and Wrist Surgeon  
[Croydon Health Services NHS Trust](#)

### **Mr Matthew Ricks**

Consultant Upper Limb Orthopaedic Surgeon  
[Wrightington, Wigan and Leigh NHS Foundation Trust](#)

### **Mr Delukshan Srikantharajah**

Senior Orthopaedic Fellow  
[South-East London rotation](#)

### **Mr Christopher Williams**

Consultant Orthopaedic Hand Surgeon  
[University Hospitals Sussex NHS Foundation Trust](#)

### **Mr Simon Wimsey**

Consultant Trauma and Orthopaedic Surgeon  
[The Princess Alexandra Hospital NHS Trust](#)

### **Mr Medhat Zekry**

Consultant Hand Surgeon  
[Homerton University Hospital NHS Foundation Trust](#)

# Course programme

Thursday, 12 September 2023

08:40	Registration and refreshments
ELECTIVE LECTURES	
09:00	Morning introduction
09:05	Hand and wrist anatomy
09:20	General surgical approaches
09:35	Clinical approach to wrist pain
09:50	Carpal and wrist biomechanics
10:05	Dupuytren's
10:20	Inflammatory arthropathy (RA, Psoriatic, gout)
10:35	Osteoarthritis
10:50	Break
11:10	Kienbock's
11:25	Compressive neuropathies
11:40	Plexus and nerve conduction studies



# Course programme

11:55      Soft tissue

12:10      Hand and wrist lumps

12:25      Seminal elective papers

12:40      Lunch

VIVA

13:25      Viva

14:55      Break

15:25      Viva

16:55      Round the tables summary

17:05      5 questions and closer

17:25      Close of course



# Course programme

Friday, 13 September 2024

**08:40 Refreshments**

## TRAUMA LECTURES

09:00 Morning introduction

09:05 Scaphoid fracture

09:20 Soft tissue infection

09:35 Distal radius fractures

09:50 PIPJ and MCPJ dislocations

10:05 Mallet injuries

10:20 Base of thumb fractures

10:35 Thumb MCPJ injuries

**10:50 Break**

11:10 Metacarpal and phalangeal fractures

11:25 Hand compartment syndrome

11:40 Fingertip injuries



# Course programme

11:55	Seminal trauma papers
12:10	Congenital hand
12:25	Lunate and perilunate dislocation
12:40	Lunch
	VIVA
13:25	Viva
14:55	Break
15:25	Viva
16:55	Round the tables summary
17:05	5 questions and closer
17:25	Close of course

