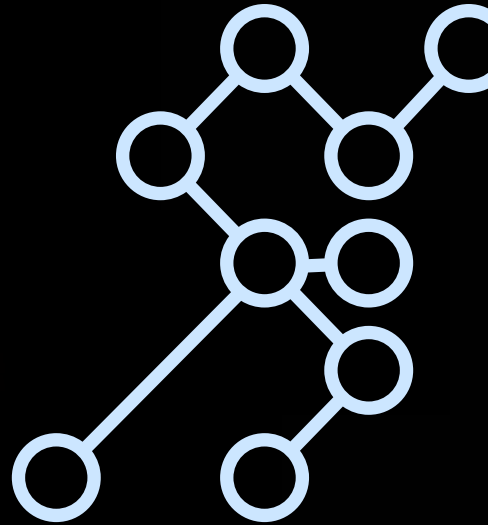


# Early Intervention in Hip Surgery Meeting



**Date: 11 November 2024**

**Venue: Grand Hotel Gosforth  
Park, Newcastle**

**CPD: 8 credits applied for**

# Early Intervention in Hip Surgery Meeting

11 November 2024

Location: Grand Hotel Gosforth Park, Newcastle

## Registration fee

Fee: £40.00

Click here to register:

<https://tinyurl.com/2s4xnavr>

## Course convenors:

Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust

Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust

## Educational aims and objectives

This meeting will provide core information on hip pathology in young adults, covering the current approaches to diagnosis and management. As well as providing a comprehensive review of the current state of non-operative treatment and hip joint preservation surgery, the meeting will also cover the challenges associated with total hip replacement performed in a young population and specific issues relating to reconstruction in complex deformities including developmental dysplasia, Perthes disease and slipped upper femoral epiphysis

We are most grateful for the support of our sponsors



# Programme

08:00	<b>Registration and refreshments</b>
08:25	<b>Introduction and welcome</b> Mr Ajay Malviya, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
08:30	<b>Anatomy of the hip joint - layered concept</b> Mr Tom Pollard, Consultant Orthopaedic Surgeon, Royal Berkshire NHS Foundation Trust
08:40	<b>Clinical assessment in the young patient – pearls in history and key clinical examination</b> Mr Alistair Dick, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
08:50	<b>Looking at radiographs in the young patient – a hip preservation surgeon’s perspective</b> Mr Marcus Bankes, Consultant Orthopaedic Surgeon, London
09:00	<b>Further imaging – my go to investigations after looking at the radiographs</b> Mr Vikas Khanduja, Consultant Orthopaedic Surgeon, Addenbrooke’s Hospital
09:10	<b>Discussion</b> <i>FAI/Dysplasia</i>
09:20	<b>FAI – an orthopaedic surgeon’s perspective</b> Mr Tony Andrade, Consultant Orthopaedic Surgeon, Royal Berkshire NHS Foundation Trust
09:30	<b>FAI – evolving evidence</b> Professor Femi Ayeni, Consultant Orthopaedic Surgeon, Hamilton Health Sciences, Canada (joining virtually)
09:45	<b>Technical factors in getting good outcomes in FAI surgery</b> Professor Michael Dienst, Consultant Orthopaedic Surgeon, University Hospital at Homburg/Saarland, Germany (joining virtually)
10:00	<b>Dysplasia - an orthopaedic surgeon’s perspective</b> Mr Johan Witt, Consultant Orthopaedic Surgeon, University College London Hospital NHS Foundation Trust
10:10	<b>Complex impingement morphologies: Acetabular retroversion, Femoral, Tibial torsion</b> Mr Callum McBryde, Consultant Orthopaedic Surgeon, Royal Orthopaedic Hospital NHS Foundation Trust
10:20	<b>Discussion</b>
10:35	<b>Refreshments</b>

11:05	<b>How do I rehab patients with hip dysplasia and FAI</b> Mr Benoy Mathew, Extended Scope Practitioner – MSK Specialist Physiotherapist, West London NHS Trust
11:15	<b>Outcomes of physiotherapy for hip dysplasia and FAI</b> Mr Barry Davison, Senior Specialist Physiotherapist, Northumbria Healthcare NHS Foundation Trust
11:25	<b>Pain catastrophisation – What does it mean for the clinician?</b> Dr Lorelle Dismore, Research Associate and Health Psychologist, Northumbria Healthcare NHS Foundation Trust
11:35	<b>What is chronic pain – do we address pain or morphology?</b> Mr Sanjay Varma
11:45	<b>Hypermobility – a special group</b> Speaker TBC
11:55	<b>Hyperlaxity – management goals during rehab</b> Ms Anna Higo, Physiotherapist, Physiocure
12:05	<b>Discussion</b>
12:15	<b>Lunch</b>
13:15	<b>Deep gluteal pain – Assessment and management</b> Mr Vikas Khanduja, Consultant Orthopaedic Surgeon, Addenbrooke’s Hospital
13:25	<b>Trochanteric pain syndrome – Assessment and management</b> Mr Tony Andrade, Consultant Orthopaedic Surgeon, Royal Berkshire NHS Foundation Trust
13:35	<b>Adductor/ groin pain – Assessment and management</b> Mr Tom Pollard, Consultant Orthopaedic Surgeon, Royal Berkshire NHS Foundation Trust
13:45	<b>Discussion</b>
14:00	<b>Workshops (breakout sessions)</b>

**Hip arthroscopy simulator**

Mr Christian Smith, Consultant Orthopaedic Surgeon Guy’s and St Thomas’ NHS Foundation Trust and Mr Sunil Kumar, Consultant Orthopaedic Surgeon, Addenbrooke’s Hospital

**Physiotherapists**

**How to rehab patients with Hamstring injuries,**  
Mr Benoy Mathew, Extended Scope Practitioner MSK Specialist Physiotherapist, West London NHS Trust

**How to rehab patients with Adductor,** Ms Anna Higo, Physiotherapist, Physiocure

**How to rehab patients with GTPS,** Mr Barry Davison, Senior Specialist Physiotherapist, Northumbria Healthcare NHS Foundation Trust

<b>Case presentations</b>	
	<b>How much OA is too much OA?</b>
15:00	<b>FAI</b> Mr Sunil Kumar, Consultant Orthopaedic Surgeon, Addenbrooke’s Hospital
15:15	<b>Dysplasia</b> Mr Christian Smith, Consultant Orthopaedic Surgeon Guy’s and St Thomas’ NHS Foundation Trust
15:30	<b>Borderline dysplasia</b> Mr Sunil Kumar, Consultant Orthopaedic Surgeon, Addenbrooke’s Hospital
15:45	<b>Rotational malalignment</b> Mr Christian Smith, Consultant Orthopaedic Surgeon Guy’s and St Thomas’ NHS Foundation Trust
16:00	<b>Rehabilitation – not all scopes are the same – not all patients are created equal</b> Dr Dora Papadopoulous, Consultant Sport and Exercise Medicine, Hip & Groin Lead Stanford Hall Defence Medical Rehabilitation Centre
16:10	<b>Failed hip arthroscopy – investigation and management</b> Mr Tony Andrade, Consultant Orthopaedic Surgeon, Royal Berkshire NHS Foundation Trust
16:20	<b>Early OA in the hip – Role of chondral grafting</b> Mr Callum McBryde, Consultant Orthopaedic Surgeon, Royal Orthopaedic Hospital NHS Trust
16:30	<b>Patient reported outcomes – how to make data collection easier?</b> Ms Anji Kingman, Clinical Outcomes Manager, Northumbria Healthcare NHS Foundation Trust
16:40	<b>Discussion</b>
16:45	<b>Learning points (summary from the faculty)</b>
17:00	<b>Close</b>