



Delivery of ESCAPE-pain Memorandum of Understanding and Declaration 2023

Background

The ESCAPE-pain programme is an intervention for people with chronic knee, hip or back pain. ESCAPE-pain is delivered by Orthopaedic Research UK (ORUK) under license from Guy's and St Thomas' NHS Foundation Trust (GSTT), the programme was created by Professor Michael Hurley and has been developed within the NHS. ESCAPE-pain is a UK registered trademark.

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Declaration

The trained facilitator / prospective provider undertakes:

- 1 To: deliver the programme(s) in adherence to the 'Core Four' as described below
- 2 To: ensure that the programme(s) delivered **only** by staff who have attended the accredited training course
- 3 Not To: adapt or otherwise modify the programme(s)
- 4 Not to use descriptors such as "based on the ESCAPE-pain programme" for any interventions that you may deliver
- 4 The Provider understands that failure to comply with points 1, 2 and 3 above will mean that the organisation may no longer use the 'ESCAPE-pain' title or branding
- 5 The Provider also undertakes to supervise the use of the Programme(s), control access to it and keep it secure.
- 6 The Provider remains fully responsible at all times for all acts and omissions of anyone it allows to use the Programme(s), including without limitation, any employee or independent contractor.

The provider agrees to deliver the 'core four':

- I. deliver 12 sessions over six weeks
- II. each session comprises an education and exercise component
- III. each group of participants begins and ends the programme together
- IV. the programme is delivered **only** by staff who have attended the accredited training course