



Advanced musculoskeletal course for primary care practitioners: Joint by joint



Date: Tuesday 4 July 2023

Venue: The Gordon Museum of Pathology, London


CPD: 6 hours (awarded by RCSEd)

We are most grateful for the support of our sponsor:



Advanced musculoskeletal course for primary care practitioners: **Joint by joint**

 4 July 2023

 The Gordon Museum of Pathology, London

Course convenor:

Professor Mohamed A. Imam,

Professor and Consultant Trauma and Upper Limb Surgeon

[Bristow Orthopaedic Centre and University of East London](#)

Educational aims and objectives

This one- day course will enhance the expertise and confidence of advanced primary care practitioners in managing joint pain, and improve patient outcomes by providing high-quality care.

Key aims and learning outcomes:

- To provide advanced primary care practitioners, including physiotherapists, general practitioners, and osteopaths, with a better understanding of joint pain and musculoskeletal common problems
- Enhance the knowledge and skills of participants in examining patients with joint pain, including joint examination techniques, diagnostic procedures, and assessment of joint function
- Equip participants with the latest management strategies and treatment options for joint pain, including non-pharmacological, pharmacological, and interventional approaches
- Allow participants to practice their joint injection techniques on models under the guidance of experienced, renowned faculty
- Demonstrate the use of platelet-rich plasma (PRP) injection for joint pain management and provide participants with a better understanding of the benefits and limitations of other orthobiologic treatment options
- Enable participants to feel more confident in managing joint pain, and to apply their experience and acquired knowledge and skills in their clinical practice

Registration fees

Course registration:..... £200

Register here: www.bit.ly/Jointbyjoint

Course programme

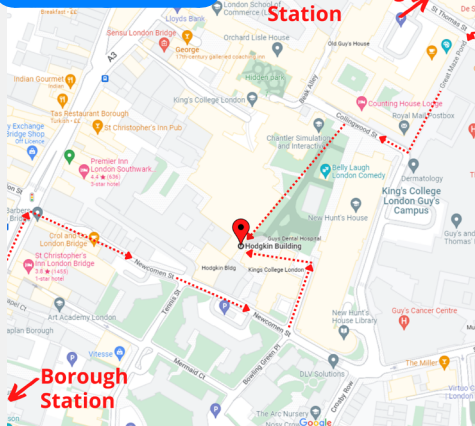
09:00	Registration and refreshments
	Upper limb problems:
09:20	Shoulder pain Professor Mohamed A. Imam, Professor and Consultant Trauma and Upper Limb Surgeon, Bristow Orthopaedic Centre and University of East London
09:40	Elbow pain Professor Mohamed A. Imam, Professor and Consultant Trauma and Upper Limb Surgeon, Bristow Orthopaedic Centre and University of East London
10:00	Hand and wrist pain Mr Ramon Tahmassebi, Consultant Orthopaedic Hand & Wrist Surgeon, King's College Hospital NHS Trust
10:20	Principles of hand therapy for primary care Mrs Caryn Sharrock, Hand Therapist, New Victoria Hospital and Parkside Hospital
10:40	Upper limb session Q&A
10:55	Refreshments
11:15	Joint injections breakout session Professor Mohamed A. Imam, Mr Ansar Mahmood, Mr Andrew Miller, Richard Morris, Zuhaib Shahid, Mr Ramon Tahmassebi
	Lower limb problems:
12:30	Hip pain Professor Richard Field, Consultant Orthopaedic Hip Surgeon, South West London Elective Orthopaedic Centre
12:50	Knee pain Professor Deairy Kader, Consultant Orthopaedic Knee Surgeon, South West London Elective Orthopaedic Centre
13:10	Lunch
13:50	Foot and ankle Mr Matthew Solan, Consultant Orthopaedic Foot and Ankle Surgeon, Royal Surrey NHS Foundation Trust
14:10	Lower limb session Q&A

Course programme continued

14:25	PRP injection live demo Mr Ansar Mahmood, Consultant Orthopaedic Surgeon, and founder and Medical Director of Pinnacle Global Healthcare
15:05	Refreshments
	Others problems:
15:25	Neck and back pain Mr George Prezerakos, Consultant Spinal Neurosurgeon, University College London Hospitals NHS Foundation Trust
15:45	The whole person approach in pain Mr Narender Nalajala, Consultant Physiotherapist, Ashford and St Peter's Hospital NHS Foundation Trust
16:05	Orthobiologics Mr Ansar Mahmood, Consultant Orthopaedic Surgeon, and founder and Medical Director of Pinnacle Global Healthcare
16:45	Rheumatology Dr Jyoti Bakshi, Consultant Rheumatologist, Ashford and St Peter's Hospitals NHS Trust
16:45	Other problems session Q&A
17:00	Close of course



How to get here



Venue address

The Gordon Museum of Pathology
Hodgkin Building
Guy's Campus
King's College London
London SE1 1UL

Please **do not follow GoogleMaps** directions to the venue, instead please follow the walking directions.

Travelling by tube or train

The nearest stations are Borough station and London Bridge station.

Finding the venue

The Gordon Museum is located within the Hodgkin Building of King's College London.

Walking from Borough station:

Please walk up Borough high street towards the Thames and turn right onto Newcomen Street (SE1 1UL). Walk a little further then turn left and walk down the unmarked road (opposite the turning onto Bowling Green Place). Once you enter the grassy area, turn left again and the Hodgkin building will be in front of you. Please go up the steps and head to reception where you will be shown to the Gordon Museum.

Walking from London Bridge station:

Within London Bridge station, follow the exit signs to the Shard viewing entrance or Guy's Hospital. Exit London Bridge Station and head towards Great Maze Pond (SE1 9GU) which is off St Thomas Street. Walk half way down Great Maze Pond, then turn right onto Collingwood Street. Walk halfway down Collingwood Street and you will see a grassy area to your left. Cross the grassy area and the Hodgkin Building will be on the far right. Please go up the steps and head to reception where you will be shown to the Gordon Museum.



Orthopaedic Research UK
Furlong House, 10a Chandos Street
London, W1G 9DQ

UK Registered Charity No. 1111657

+44 (0)20 7637 5789

info@oruk.org

www.oruk.org

@OR_UK

/ORUKcharity

Orthopaedic Research UK