




**'Paeds in one  
day'** intensive  
FRCS (Tr & Orth)  
revision course



**Date:** Saturday 30 September 2023  
**Location:** Virtual

# 'Paeds in one day' intensive FRCS (Tr & Orth) revision course

 Saturday 30 September 2023

 Location: Virtual

## Course convenors:

**Mr Gavin Spence,**  
Consultant Paediatric Orthopaedic Surgeon,  
[King's College Hospital London \(Dubai\)](#)

**Mr Michail Kokkinakis,**  
Consultant Paediatric Orthopaedic Surgeon,  
[Evelina London Children's Hospital](#)

## Registration fees

£250

Click here to register:

<https://tinyurl.com/njcedcum>

## Educational aims and objectives

Paediatric orthopaedics is traditionally a feared part of the FRCS (Tr & Orth) exam, filled as it with complexity and controversy. Many candidates have not had much personal experience in paediatrics, yet are still expected to be able to discuss the core knowledge in detail. But with so many other subspecialties to master, how do you prepare for it, when your time to revise is limited?

Distilling the techniques used in our popular online revision course into just one intensive study day, this new course aims to give you the knowledge you need to tackle paediatric cases with confidence.

## What delegates say about this course

*"Relieved a lot of anxiety surrounding the paediatric element of the FRCS and provided a strong foundation around which to base further revision"*

*"It's given me an excellent guide for approaching reading. Very useful exam technique tips"*

## Course programme

### Saturday 30 September 2023

07:45	Delegates log into Zoom
07:50	Welcome and introduction
08:00	Spotter session 1
08:30	Developmental dysplasia of the hip
09:15	Legg calve perthes disease
10:00	Discussion, MCQs, Vivas
11:00	Refreshments
11:15	Slipped capital femoral epiphysis
12:00	Discussion, MCQs, Vivas
12:30	Spotter session 1 discussion
13:00	Lunch
13:30	Spotter session 2
14:00	Clubfoot/Congenital vertical talus
14:45	Tarsal coalitions/Cavovarus foot/Flat foot
15:30	Discussion, MCQs, Vivas
16:30	Refreshments
16:45	Congenital and acquired knee conditions
17:30	Neuromuscular conditions
18:15	Discussion, MCQs, Vivas
19:15	Spotter session 2 discussion
19:45	Debrief
20:00	Close of day

Podcast

# COME BACK WHEN THE LEAVES ARE GREEN

Exam tips in Paediatric Orthopaedics  
for the FRCS (Orth) examination

Orthopaedic  
Research UK



## Come Back When The Leaves Are Green

by Gavin Spence and Michail Kokkinakis

Using interviews with great teachers, examiners, successful candidates and others, we discuss preparation for the exam, structuring paediatric viva questions logically, the marking scheme and how to score well, how to answer questions about controversial areas of practice, and the common pitfalls to avoid.

[Listen here](#)

<https://come-back-when-the-leaves-are-green.captivate.fm/listen>



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