

Advanced  
musculoskeletal  
course for primary  
care practitioners:  
**Joint by joint**



**Date:** Tuesday 4 July 2023

**Venue:** The Gordon Museum of Pathology, London

**CPD:** 5 credits (applied for)

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# Advanced musculoskeletal course for primary care practitioners: **Joint by joint**



4 July 2023



The Gordon Museum of Pathology, London

## Course convenor:

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**Professor Mohamed A. Imam,**

Professor and Consultant Trauma and Upper Limb Surgeon

[Bristow Orthopaedic Centre and University of East London](#)

## Educational aims and objectives

This one- day course will enhance the expertise and confidence of advanced primary care practitioners in managing joint pain, and improve patient outcomes by providing high-quality care.

### Key aims and learning outcomes:

- To provide advanced primary care practitioners, including physiotherapists, general practitioners, and osteopaths, with a better understanding of joint pain and musculoskeletal common problems
- Enhance the knowledge and skills of participants in examining patients with joint pain, including joint examination techniques, diagnostic procedures, and assessment of joint function
- Equip participants with the latest management strategies and treatment options for joint pain, including non-pharmacological, pharmacological, and interventional approaches
- Allow participants to practice their joint injection techniques on models under the guidance of experienced, renowned faculty
- Demonstrate the use of platelet-rich plasma (PRP) injection for joint pain management and provide participants with a better understanding of the benefits and limitations of other orthobiologic treatment options
- Enable participants to feel more confident in managing joint pain, and to apply their experience and acquired knowledge and skills in their clinical practice

## Registration fees

Course registration:..... £200

Register here: [www.bit.ly/Jointbyjoint](http://www.bit.ly/Jointbyjoint)

# Course programme

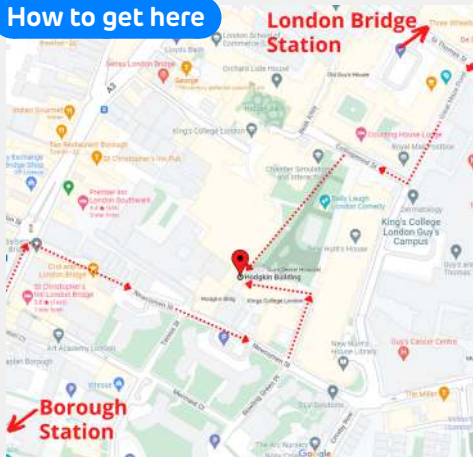
<b>09:00</b>	<b>Registration and refreshments</b>
	<b>Upper limb problems:</b>
<b>09:20</b>	<b>Shoulder pain</b> Professor Mohamed A. Imam, Professor and Consultant Trauma and Upper Limb Surgeon, Bristow Orthopaedic Centre and University of East London
<b>09:40</b>	<b>Elbow pain</b> Speaker to be confirmed
<b>10:00</b>	<b>Hand and wrist pain</b> Mr Ramon Tahmassebi, Consultant Orthopaedic Hand & Wrist Surgeon, King's College Hospital NHS Trust
<b>10:20</b>	<b>Upper limb session Q&amp;A</b>
<b>10:35</b>	<b>Refreshments</b>
<b>10:55</b>	<b>Joint injections breakout session</b> Mr Ansar Mahmood, Mr Andy Miller, Professor Mo A. Imam
	<b>Lower limb problems:</b>
<b>11:55</b>	<b>Hip pain</b> Professor Richard Field, Consultant Orthopaedic Hip Surgeon, South West London Elective Orthopaedic Centre
<b>12:15</b>	<b>Knee pain</b> Professor Deairy Kader, Consultant Orthopaedic Knee Surgeon, South West London Elective Orthopaedic Centre
<b>12:35</b>	<b>Lunch</b>
<b>13:20</b>	<b>Foot and ankle</b> Mr Sam Singh, Consultant Orthopaedic Foot and Ankle Surgeon, London Bridge Hospital
<b>13:40</b>	<b>Lower limb session Q&amp;A</b>
<b>13:55</b>	<b>PRP injection live demo</b> Mr Ansar Mahmood, Consultant Orthopaedic Surgeon, and founder and Medical Director of Pinnacle Global Healthcare

## Course programme continued

<b>14:30</b>	<b>Refreshments</b>
	<b>Others problems:</b>
<b>14:50</b>	<b>Neck and back pain</b> Mr George Prezerakos, Consultant Spinal Neurosurgeon, University College London Hospitals NHS Foundation Trust
<b>15:10</b>	<b>The whole person approach in pain</b> Mr Narender Nalajala, Consultant Physiotherapist, Ashford and St Peter's Hospital NHS Foundation Trust
<b>15:30</b>	<b>Orthobiologics</b> Mr Ansar Mahmood, Consultant Orthopaedic Surgeon, and founder and Medical Director of Pinnacle Global Healthcare
<b>15:50</b>	<b>Rheumatology</b> Speaker to be confirmed
<b>16:10</b>	<b>Other problems session Q&amp;A</b>
<b>16:25</b>	<b>Close of course</b>



## How to get here



## Venue address

The Gordon Museum of Pathology  
Hodgkin Building  
Guy's Campus  
King's College London  
London SE1 1UL

Please **do not follow GoogleMaps** directions to the venue, instead please follow the walking directions.

## Travelling by tube or train

The nearest stations are Borough station and London Bridge station.

## Finding the venue

The Gordon Museum is located within the Hodgkin Building of King's College London.

### Walking from Borough station:

Please walk up Borough high street towards the Thames and turn right onto Newcomen Street (SE1 1UL). Walk a little further then turn left and walk down the unmarked road (opposite the turning onto Bowling Green Place). Once you enter the grassy area, turn left again and the Hodgkin building will be in front of you. Please go up the steps and head to reception where you will be shown to the Gordon Museum.

### Walking from London Bridge station:

Within London Bridge station, follow the exit signs to the Shard viewing entrance or Guy's Hospital. Exit London Bridge Station and head towards Great Maze Pond (SE1 9GU) which is off St Thomas Street. Walk half way down Great Maze Pond, then turn right onto Collingwood Street. Walk halfway down Collingwood Street and you will see a grassy area to your left. Cross the grassy area and the Hodgkin Building will be on the far right. Please go up the steps and head to reception where you will be shown to the Gordon Museum.



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