

LSM2023

Orthopaedic
Research UK



London shoulder meeting 2023



Date: 19–20 May 2023

Venue: The Royal Society of Medicine, London

CPD: 12 credits (applied for)

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London Shoulder Meeting

 Friday 19—Saturday 20 May 2023

 Location: Royal Society of Medicine, 1 Wimpole Street, London, W1G 0AE

Educational aims and objectives

The London shoulder meeting returns for its ninth successive year with a new 2-day in-person format!

The meeting will be held at The Royal Society of Medicine, and will include presentations, panel discussions, re-live surgery, masterclasses and hands-on sawbone workshops. The programme will be devised by The Shoulder Practice, with an expert invited multidisciplinary international faculty.

Based on feedback from previous meetings, we will have plenty of time for panel discussions, giving the chance for all delegates to interact and get involved in the lively debates.

By the end of the meeting, participants should come away with a greater understanding of a broad range of topics on shoulder and elbow trauma and arthroplasty, useful practical surgical tips and tricks, and up-to-date strategies for rehabilitation.

Course convenors:

Mrs Catherine Barrett
Specialist Physiotherapist
[University College London, Central Health Physiotherapy and the London Hypermobility Unit](#)

Mr Carlos Cobiella
Consultant Orthopaedic Surgeon
[University College London Hospitals](#)

Mr Henry Colaço
Consultant Orthopaedic Surgeon
[Royal Hampshire County Hospital](#)

Mr Simon Lambert
Consultant Orthopaedic Surgeon
[University College London Hospitals](#)

Mr Jae Rhee
Consultant Orthopaedic Surgeon
[Princess Royal Hospital, West Midlands](#)

Registration fees

Early-Bird Consultant: £300

Early-Bird Company Representative: £350

Early-Bird Trainee: £250

Early-Bird Allied Health Professional: £180
(Includes Physiotherapists)

Early bird registration fees expire on **28 February 2023**, after which all fees will increase by 10%.

Click here to register: <https://bit.ly/LSM2023>

ROLE OF ARTHROPLASTY FOLLOWING TRAUMA

What does big data tell us

Mr Jeppe Rasmussen, Consultant Orthopaedic Surgeons, Associate Professor, Herlev and Gentofte Hospital

How to construct and understand a trial?

Professor Stig Brorson, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Centre for Evidence-Based Orthopaedics, Zealand University Hospital, Denmark

Tips and tricks to achieve optimal results

Dr Martin Jaeger, Senior Physician of Orthopedics, The University Medical Center Freiburg

Discussion

CHALLENGES OF ARTHROPLASTY AFTER LATARJET

Brachial plexus

Mr Marco Sinisi, Head of Department, Peripheral Nerve Injury Unit, Royal National Orthopaedic Hospital NHS Trust

implant selection

Professor Emilio Calvo, Director of the Shoulder and Elbow Reconstructive Surgery Unit, Fundacion Jimenez Diaz, Madrid

Anterior cuff

Dr Martin Jaeger, Senior Physician of Orthopedics, The University Medical Center Freiburg

Rehabilitation after multiple surgeries

Speaker to be confirmed

Discussion

ELBOW TRAUMA - CURRENT CONCEPTS

Proximal ulna fractures - new classification/algorithm

Mr Joideep Phadnis, Consultant Orthopaedic Surgeon, Brighton & Sussex University Hospitals

Case based debate: elbow hemi v TER for trauma

Mr Joideep Phadnis, Consultant Orthopaedic Surgeon, Brighton & Sussex University Hospitals
Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid

Traumatic elbows in sports: what not to miss

Mr Ian Gatt, Head of Performance Services & Lead Physiotherapist for GB boxing and Upper Limb Technical Consultant for the English Institute of Sport

Rehabilitation following complex elbow trauma

Ms Katy Clay, Advanced Physiotherapy Practitioner in Upper Limb & Trauma, Liverpool University Hospitals Foundation Trust

Discussion

DOES PRECISION MATTER?

intraarticular fractures of the shoulder

Professor Stig Brorson, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Centre for Evidence-Based Orthopaedics, Zealand University Hospital, Denmark

intraarticular fractures of the elbow

Mr Joideep Phadnis, Consultant Orthopaedic Surgeon, Brighton & Sussex University Hospitals

Predicting obstacles to recovery

Mr Ben Ashworth, Director, Athletic Shoulder and Consultant Shoulder Specialist, Institute of Sport, Exercise and Health (ISEH)

Enhanced recovery after shoulder arthroplasty

Mr Marcus Bateman, Upper Limb Consultant Physiotherapist, NIHR & CSP Doctoral Fellow, University Hospitals of Derby & Burton NHS Foundation Trust

Enhanced recovery after trauma

Ms Jo Gibson, Consultant Upper Limb Rehabilitation Specialist, Rehab4Performance

Discussion

INFLUENCE OF TENDONOPATHY IN ARTHROPLASTY DECISION MAKING

Predicting outcome: functional changes

Ms Jenna Bardsley, Upper Limb Research Physiotherapist, Liverpool University Hospitals NHS Foundation Trust

Predicting outcome: structural changes

Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid

Role of tendon transfers

Dr Jean Kany, Consultant Orthopaedic Surgeon, Shoulder Unit, Clinique de l'Union, Toulouse

Discussion

Keynote lecture: Natural history of arthritis following arthroplasty

Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital

ARTHROPLASTY AND INSTABILITY

Instability post-arthroplasty: rehab components

Speaker to be confirmed

Rotator interval failure

Mr Jae Rhee, Consultant Orthopaedic Surgeon, Princess Royal Hospital, West Midlands

Posterior instability

Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

Discussion

NEUROLOGICAL SHOULDER

Exploration of neuropathic pain

Mr Marco Sinisi, Head of Department, Peripheral Nerve Injury Unit, Royal National Orthopaedic Hospital NHS Trust

Rehabilitation of brachial plexopathy

Ms Claire Downs, Consultant Physiotherapist, The Nerve Injury Clinic

The problem with hemiplegic shoulder pain

Ms Michele Walsh, Northwick Park Hospital

Trauma and arthroplasty related nerve injury

Ms Debbie Williams, Upper Limb Physiotherapist, Royal National Orthopaedic Hospital

To stim or not to stim in nerve recovery

Ms Jo Gibson, Consultant Upper Limb Rehabilitation Specialist, Rehab4Performance

Discussion

FAILED REVERSE ARTHROPLASTY

Stem

Dr Martin Jaeger, Senior Physician of Orthopedics, The University Medical Center Freiburg

Instability

Dr Anders Ekelund, Associate Professor and Chief of Upper Extremity Unit, Department of Orthopaedics, Capio St. Gorans Hospital, Stockholm

Infection

Mr Jeppe Rasmussen, Consultant Orthopaedic Surgeons, Associate Professor, Herlev and Gentofte Hospital

Glenoid

Ms Ruth Delaney, Consultant Orthopaedic Surgeon, Shoulder Specialist and Associate Clinical Professor, University College Dublin

Discussion

NAVIGATION STRATEGIES: VALUE AND LIMITATIONS

Pre-operative planning

Dr Philipp Moroder, Department of Shoulder and Elbow Surgery, Center for Musculoskeletal Surgery Charité – University, Berlin

Preoperative modelling

Mr Andrew Sankey, Consultant Orthopaedic Surgeon, Chelsea and Westminster Hospital NHS Foundation Trust

Intraoperative navigation

Mr Ben Gooding, Consultant Orthopaedic Shoulder and Elbow Surgeon, Nottingham University Hospitals

Augmented reality

Ms Ruth Delaney, Consultant Orthopaedic Surgeon, Shoulder Specialist and Associate Clinical Professor, University College Dublin

Do these strategies change the outcome?

Dr Philippe Valenti, Director of the Shoulder Unit, Institut de la main, Paris

Discussion

Workshops

1. DIAGNOSTIC ULTRASOUND AND ULTRASOUND GUIDED INJECTIONS OF THE SHOULDER
2. BRACHIAL PLEXUS INJURY : ASSESSMENT ESSENTIALS AND CONSIDERATIONS FOR PRIORITISING REHAB
3. THE USE OF MM STIM IN RECOVERY FROM NERVE INJURY- PARAMETERS AND EVIDENCE- COMPLEX
4. PROBLEM SOLVING IN ARTHROPLASTY REHAB- GETTING PATIENTS BACK ON TRACK
5. COMPLEX CASE PRESENTATION/DISCUSSION POST ARTHROPLASTY AND TRAUMA
6. RELIVE - ARTHRO ASSISTED FRACTURE FIXATION / LIGAMENT REPAIR
RELIVE/SAWBONE - IJS + HOW TO REPAIR LIGAMENTS AROUND IMPLANT
7. COMPANY DEMOS (VARIOUS)