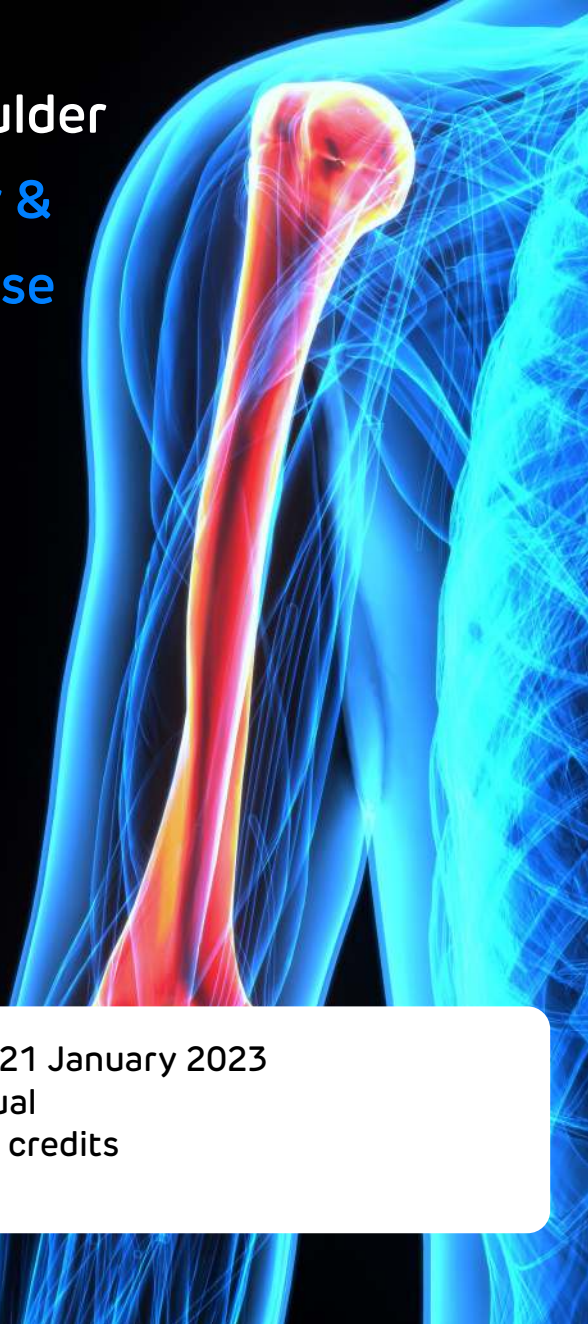
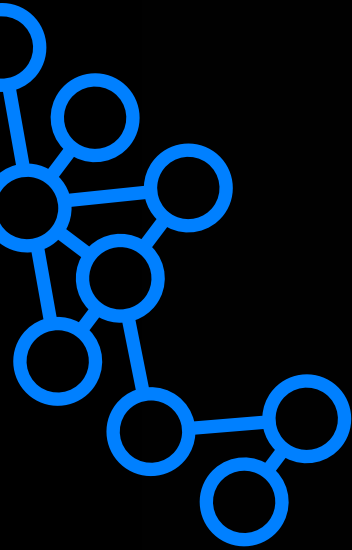






Online London Shoulder and Elbow FRCS (Tr & Orth) Revision Course



Date:	19–21 January 2023
Location:	Virtual
CPD:	14.5 credits

Online London Shoulder and Elbow FRCS (Tr & Orth) Revision Course

 **Date: 19, 20 & 21 January**
 **Venue: Virtual**

Registration fees

Lectures and vivas: £200

Lectures only: £150

Course convenors:

Mr Peter Domos
Consultant Shoulder and Elbow Surgeon
[Royal Free Hospital](#)

Mr Kishan Gokaraju
Fellow
[University Hospital Coventry](#)

Educational aims and objectives

This course is designed for candidates preparing for the FRCS (Tr & Orth) examinations or equivalent, and trainees who are in their earlier years of training (ST3 – ST8).

This course has leading experts in elbow and shoulder surgery and includes teaching on elbow and shoulder anatomy, biomechanics, conditions and management. There will be 2 days of individual lecture sessions on each topic (including discussion and Q&A) followed by half a day of FRCS (Tr & Orth) mock viva questions focused on shoulder and elbow.

What delegates say about this course

"Really great experience, absolutely vital exam preparation. Excellent feedback given, great teaching from examiners" (delegate, 2022)

"Really helpful. very clear lectures" (delegate, 2022)

"It has helped my understanding of shoulder and elbow conditions which I enjoy. Very useful as traditionally I believe most exam prep courses focused on everything" (delegate, 2021)

"It has really helped me. I feel much more confident and would now look forward to getting a shoulder/upper limb statin in the exam!" (delegate, 2021)

Course programme

Thursday 19 January 2023

08:55	Delegates log into zoom
09:00	Welcome & introduction
09:10	Shoulder anatomy, biomechanics & approaches Mr Daniel Williams, Consultant Trauma and Orthopaedic Surgeon, Barts Health NHS Trust
10:00	Elbow anatomy, biomechanics & approaches Mr Simon Booker, Consultant Shoulder & Elbow Surgeon, Sheffield Teaching Hospitals NHS Foundation Trust
10:50	Refreshments
11:05	Scapula fractures & injuries Mr Livio Di Mascio, Consultant Upper Limb Surgeon, Barts Health NHS Trust
11:45	Clavicle fractures, ACJ & SCJ injuries Mr Philip Ahrens, Consultant Shoulder & Elbow Surgeon, Royal Free London NHS Foundation Trust
12:30	Lunch
13:15	Proximal humerus fractures & management Mr Andrew Sankey, Consultant Shoulder & Elbow Surgeon, Chelsea & Westminster Hospital NHS Foundation Trust
14:00	Humerus shaft and distal humerus fractures Mr Andrew White, Consultant Shoulder & Elbow Surgeon, North West Anglia NHS Foundation Trust
14:50	Refreshments
15:05	Elbow fractures Mr Lee Van Rensburg, Consultant Trauma and Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust
16:00	Elbow instability Professor Roger van Riet, Consultant Orthopaedic and Elbow Surgeon, Harley Street Specialist Hospital
16:50	Q&A
17:00	Close of day

Course programme

Friday 20 January 2023

09:05	Delegates log into zoom
09:10	Shoulder & elbow history & exam Mr Paul Robinson, Consultant Shoulder & Elbow Surgeon, North West Anglia NHS Foundation Trust
10:10	Shoulder instability Mr Henry Colaco, Consultant Shoulder & Elbow Surgeon, Hampshire Hospitals NHS Foundation Trust
11:05	Refreshments
11:20	Impingement syndrome & rotator cuff disorders Mr Rupen Dattani, Consultant Shoulder & Elbow Surgeon, Chelsea and Westminster Hospital NHS Foundation Trust
12:20	Lunch
13:05	Painful and/or stiff shoulder Mr Niel Kang, Consultant Shoulder & Elbow Surgeon, Cambridge University Hospitals NHS Foundation Trust
14:00	Principles of shoulder arthroplasty in elective and trauma surgery Mr Nick Little, Consultant Upper Limb Surgeon, Epsom and St Helier University Hospitals NHS Trust
15:00	Refreshments
15:15	Common elbow conditions 1 – soft tissue conditions Mr Joideep Phadnis, Consultant Elbow & Shoulder Surgeon, University Hospitals Sussex NHS Foundation Trust
16:00	Common elbow conditions 2 – elbow joint & arthroplasty Mr David Butt, Consultant Shoulder & Elbow Surgeon, Royal National Orthopaedic Hospital NHS Trust
16:50	Q&A / summary
17:00	Close of day

Course programme

Saturday 21 January 2023

08:30	Delegates log into Zoom
08:45	Briefing
09:00	Viva session 1 - shoulder
10:30	Refreshments
11:00	Viva session 2 - elbow
12:30	Feedback / Q&A
13:00	Closing lecture
13:30	Close of course

