

LSM2023



London shoulder meeting 2023



Date: 19–20 May 2023

Venue: The Royal Society of Medicine, London

CPD: 10 credits

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Programme day 1 - Friday 19 May 2023

08:00	Registration and refreshments	
08:25	Introduction and welcome Mr Carlos Cobiella, Consultant Orthopaedic Surgeon, University College London Hospitals	
	ROLE OF ARTHROPLASTY FOLLOWING TRAUMA	Chair: Mr Jae Rhee
08:30	What does big data tell us Mr Jeppe Rasmussen, Consultant Orthopaedic Surgeon, Associate Professor, Herlev and Gentofte Hospital	
08:38	How to construct and understand a trial? Professor Stig Brorson, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Centre for Evidence-Based Orthopaedics, Zealand University Hospital, Denmark	
08:46	Tips and tricks to achieve optimal results Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg	
08:54	Discussion	
	CHALLENGES OF ARTHROPLASTY AFTER LATARJET	Chair: Mr Simon Lambert
09:10	Brachial plexus Ms Anna Panagiotidou, Consultant Peripheral Nerve Surgeon, Royal National Orthopaedic Hospital NHS Trust	
09:18	Implant selection Professor Emilio Calvo, Director of the Shoulder and Elbow Reconstructive Surgery Unit, Fundacion Jimenez Diaz, Madrid	
09:26	Anterior cuff Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg	
09:34	Rehabilitation after multiple surgeries Ms Jenna Bardsley, Advanced Physiotherapy Practitioner - Shoulder/Elbow, Liverpool University Hospitals NHS Foundation Trust	
09:42	Discussion	
	ELBOW TRAUMA - CURRENT CONCEPTS	Chair: Mr Henry Colaço
10:00	Proximal ulna fractures - new classification/algorithm Mr Joideep Phadnis, Consultant Orthopaedic Surgeon, Brighton & Sussex University Hospitals	
10:08	Case based debate: elbow hemi v TER for trauma Mr Joideep Phadnis, Consultant Orthopaedic Surgeon, Brighton & Sussex University Hospitals	
10:16	Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid	

10:24 **Traumatic elbows in sports: time is of the essence**
Mr Ian Gatt, Head of Performance Services & Lead Physiotherapist for GB boxing and Upper Limb Technical Consultant, English Institute of Sport

10:32 **Rehabilitation following complex elbow trauma**
Ms Katy Clay, Advanced Physiotherapy Practitioner in Upper Limb & Trauma, Liverpool University Hospitals Foundation Trust

10:40 **Discussion**

10:50 **Refreshments**

DOES PRECISION MATTER?

Chair: Mr Simon Lambert

11:20 **What happens if we don't restore or replace the anatomy?**
Professor Stig Brorson, Consultant Orthopaedic Surgeon, Department of Orthopaedic Surgery, Centre for Evidence-Based Orthopaedics, Zealand University Hospital, Denmark

11:28 **Intraarticular fractures of the elbow**
Mr Joideep Phadnis, Consultant Orthopaedic Surgeon, Brighton & Sussex University Hospitals

11:36 **Trauma: setting up for success**
Ms Jo Gibson, Consultant Upper Limb Rehabilitation Specialist, Rehab4Performance

11:44 **Why we need to consider posture when planning shoulder arthroplasties**
Dr Philipp Moroder, Shoulder and Elbow Surgeon, Schulthess Clinic, Zurich Switzerland

11:52 **Enhanced recovery after shoulder arthroplasty**
Mr Marcus Bateman, Upper Limb Consultant Physiotherapist, NIHR & CSP Doctoral Fellow, University Hospitals of Derby & Burton NHS Foundation Trust

12:00 **Predicting obstacles to recovery**
Mr Ben Ashworth, Director, Athletic Shoulder and Consultant Shoulder Specialist, Institute of Sport, Exercise and Health (ISEH)

12:08 **Discussion**

INFLUENCE OF TENDONOPATHY IN ARTHROPLASTY DECISION MAKING

Chair: Mr Carlos Cobiella

12:30 **Predicting outcome: functional changes**
Ms Jenna Bardsley, Advanced Physiotherapy Practitioner - Shoulder/Elbow, Liverpool University Hospitals NHS Foundation Trust

12:38 **Predicting outcome: structural changes**
Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid

12:46 **Role of tendon transfers**
Dr Jean Kany, Consultant Orthopaedic Surgeon, Shoulder Unit, Clinique de l'Union, Toulouse

12:54 **Discussion**

13:05 **Lunch**

14:00 Keynote lecture: Comprehensive management of recurrent posterior shoulder instability

Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital

ARTHROPLASTY AND INSTABILITY

Chair: Dr Abdelilah Hachem

14:30 Instability post-arthroplasty: rehab components

Ms Debbie Williams, Upper Limb Physiotherapist, Royal National Orthopaedic Hospital

14:38 Rotator interval failure

Mr Jae Rhee, Consultant Orthopaedic Surgeon, Princess Royal Hospital, West Midlands

14:46 Posterior instability

Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

14:54 Discussion

NEUROLOGICAL SHOULDER

Chair: Mrs Catherine Barrett

15:10 Exploration of neuropathic pain

Ms Anna Panagiotidou, Consultant Peripheral Nerve Surgeon, Royal National Orthopaedic Hospital NHS Trust

15:18 Rehabilitation of brachial plexopathy

Ms Claire Downs, Consultant Physiotherapist, The Nerve Injury Clinic

15:26 The problem with hemiplegic shoulder pain

Ms Michele Walsh, Highly Specialised Neuro Physiotherapist, Northwick Park Hospital

15:34 Trauma and arthroplasty related nerve injury

Ms Debbie Williams, Upper Limb Physiotherapist, Royal National Orthopaedic Hospital

15:42 To stim or not to stim in nerve recovery

Ms Jo Gibson, Consultant Upper Limb Rehabilitation Specialist, Rehab4Performance

15:50 Discussion

16:10 Refreshments

FAILED REVERSE ARTHROPLASTY

Chair: Mr Dimitri Karadaglis

16:40 Stem

Dr Martin Jaeger, Senior Physician of Orthopaedics, The University Medical Center Freiburg

16:48 Instability (Virtual presentation)

Dr Anders Ekelund, Associate Professor and Chief of Upper Extremity Unit, Department of Orthopaedics, Capio St. Gorans Hospital, Stockholm

16:56 Infection

Mr Jeppe Rasmussen, Consultant Orthopaedic Surgeon, Associate Professor, Herlev and Gentofte Hospital

17:04	Glenoid Ms Ruth Delaney, Consultant Orthopaedic Surgeon, Shoulder Specialist and Associate Clinical Professor, University College Dublin
17:12	Discussion
17:30	Drinks reception
18:30	Close of day

Programme day 2 - Saturday 20 May 2023

08:15	Refreshments
08:40	Keynote lecture: Beware of the interpretation of meta analyses (Virtual presentation) Dr Nicolai Sandau, Centre for Evidence-Based Orthopaedics, Zealand University Hospital, Denmark
NAVIGATION STRATEGIES: VALUE AND LIMITATIONS Chair: Mr Henry Colaço	
09:10	Preoperative modelling Mr Andrew Sankey, Consultant Orthopaedic Surgeon, Chelsea and Westminster Hospital NHS Foundation Trust
09:18	Intraoperative navigation Mr Ben Gooding, Consultant Orthopaedic Shoulder and Elbow Surgeon, Nottingham University Hospitals
09:26	Mixed reality Ms Ruth Delaney, Consultant Orthopaedic Surgeon, Shoulder Specialist and Associate Clinical Professor, University College Dublin
09:34	Do these strategies change the outcome? (Virtual presentation) Dr Philippe Valenti, Director of the Shoulder Unit, Institut de la Main, Paris
09:42	Discussion
WORKSHOP SESSION 1: Option 1 (Main lecture theatre)	
10:00	Brachial plexus injury: assessment essentials and considerations for prioritising rehabilitation Ms Claire Downs, Consultant Physiotherapist, The Nerve Injury Clinic
10:45	Low frequency muscle stim Ms Claire Downs, Consultant Physiotherapist, The Nerve Injury Clinic

WORKSHOP SESSION 1: Option 2 (Breakout rooms)

- 10:00** **Arthroplasty - intraoperative CT guided navigation** (3 x 30 min rotations)
Exactech
- Arthroplasty - preoperative planning and PSI** (3 x 30 min rotations)
Stryker
- Elbow trauma - IJS for the unstable elbow and how to repair ligaments** (3 x 30 min rotations)
LEDA Orthopaedics

11:30 **Refreshments**

WORKSHOP SESSION 2: Option 1 (Main lecture theatre)

- 12:00** **Problem solving in arthroplasty rehabilitation - getting patients back on track**
Ms Jenna Bardsley, Advanced Physiotherapy Practitioner - Shoulder/Elbow,
Liverpool University Hospitals NHS Foundation Trust
- Ms Katy Clay, Advanced Physiotherapy Practitioner in Upper Limb & Trauma,
Liverpool University Hospitals Foundation Trust

WORKSHOP SESSION 2: Option 2 (Breakout rooms)

- 12:00** **Arthrex VIP™ preoperative planning tool demonstrations** (2 x 30 min rotations)
- DePuy Synthes clavicle system demonstrations** (2 x 30 min rotations)

13:00 **Lunch**

WORKSHOP SESSION 3: All (Main lecture theatre)

- 14:00** **Diagnostic ultrasound and ultrasound guided injections of the shoulder**
Mr Chris Myers, Clinical Director, Complete Physio
- 14:45** **Complex case presentations / discussion**
Panel
- 15:30** **Close of meeting**