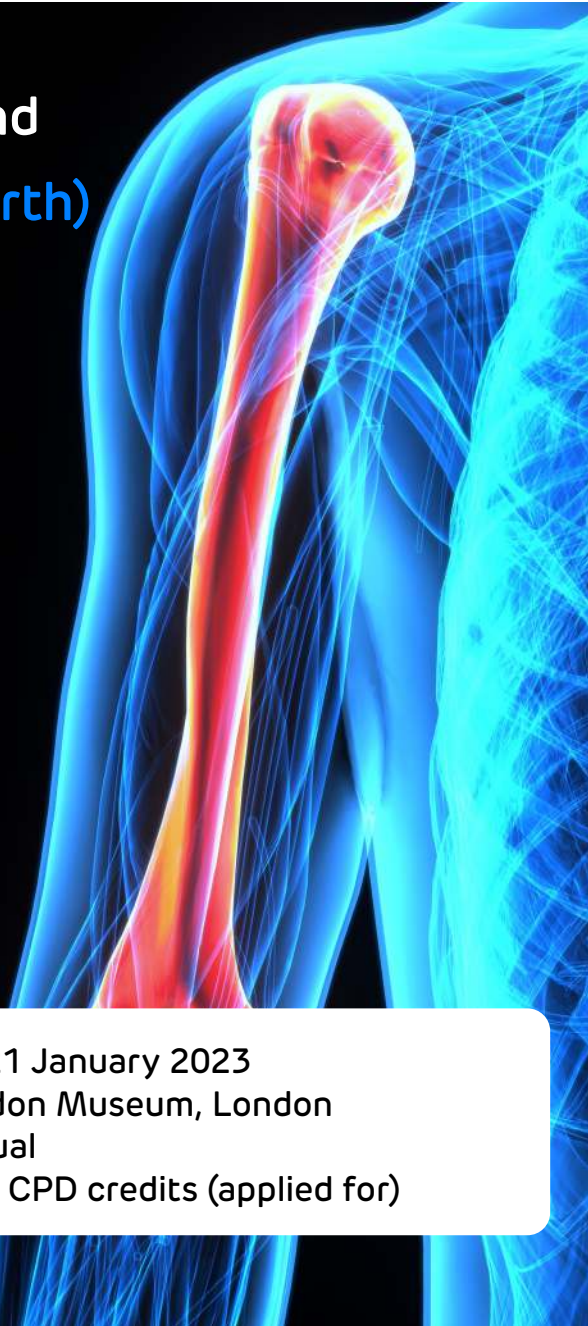
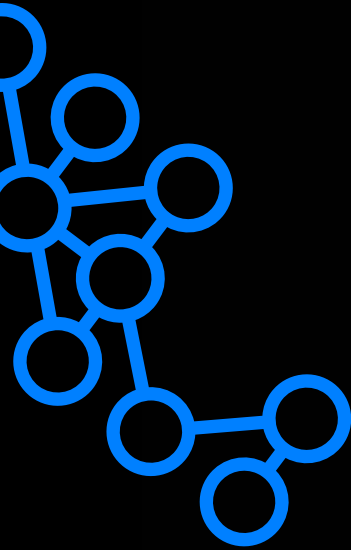






London Shoulder and Elbow FRCS (Tr & Orth) Revision Course



Date:	19-21 January 2023
Location day 1-2:	Gordon Museum, London
Location day 3:	Virtual
CPD:	14.5 CPD credits (applied for)

London Shoulder and Elbow FRCS (Tr & Orth) Revision Course

-  19-20 January 2023
-  Gordon Museum, London
-  21 January 2023
-  Virtual

Course convenors:

Mr Peter Domos
Consultant Shoulder and Elbow Surgeon
[Royal Free Hospital](#)

Mr Kishan Gokaraju
Upper Limb Fellow
[Northern General Hospital](#)

Registration fees

Lectures and vivas:£395

Lectures only:£295

The lectures will take place over Thursday-Friday, 19-20 January 2023. The lectures will be delivered in a face-to-face format at the Gordon Museum, London.

The third day will take place virtually on Saturday, 21 January 2023 and will compose of mock viva stations only.

Register here: www.oruk.org/upcoming-events/london-shoulder-and-elbow-frcs-tr-orth-revision-course

Educational aims and objectives

This course is designed for candidates preparing for the FRCS (Tr & Orth) examinations or equivalent, and trainees who are in their earlier years of training (ST3 – ST8).

This online course has leading experts in elbow and shoulder surgery and includes teaching on elbow and shoulder anatomy, biomechanics, conditions and management. There will be 2 days of individual lecture sessions on each topic (including discussion and Q&A) followed by half a day of FRCS (Tr & Orth) mock viva questions focused on shoulder and elbow.

What delegates say about this course

"Really great experience, absolutely vital exam preparation. Excellent feedback given, great teaching from examiners" (delegate, 2022)

"Really helpful. very clear lectures" (delegate, 2022)

"It has helped my understanding of shoulder and elbow conditions which I enjoy. Very useful as traditionally I believe most exam prep courses focused on everything" (delegate, 2021)

"It has really helped me. I feel much more confident and would now look forward to getting a shoulder/upper limb statin in the exam!" (delegate, 2021)

Course programme (day 1 - face-2-face)

Thursday 19 January 2023

08:45	Registration & Refreshments
09:00	Welcome & Introduction
09:10	Shoulder Anatomy, Biomechanics & Approaches Speaker tbc
10:00	Elbow Anatomy, Biomechanics & Approaches Mr Simon Booker, Consultant Shoulder & Elbow Surgeon, Sheffield Teaching Hospitals NHS Foundation Trust
10:50	Refreshment
11:05	Scapula Fractures & Injuries Mr Livio Di Mascio, Consultant Upper Limb Surgeon, Barts Health NHS Trust
11:45	Clavicle Fractures, ACJ & SCJ Injuries Mr Philip Ahrens, Consultant Shoulder & Elbow Surgeon, Royal Free London NHS Foundation Trust
12:30	Lunch
13:15	Proximal Humerus Fractures & Management Mr Andrew Sankey, Consultant Shoulder & Elbow Surgeon, Chelsea & Westminster Hospital NHS Foundation Trust
14:00	Humerus Shaft and Distal Humerus Fractures Speaker tbc
14:50	Refreshments
15:05	Elbow Fractures Mr Lee Van Rensburg, Consultant Trauma and Orthopaedic Surgeon, Cambridge University Hospitals NHS Foundation Trust
16:00	Elbow Instability Professor Roger van Riet, Consultant Orthopaedic and Elbow Surgeon, Harley Street Specialist Hospital
16:50	Q&A
17:00	Close of Day

Course programme (day 2 - face-2-face)

Friday 20 January 2023

08:50	Registration & Refreshments
09:10	Shoulder & Elbow History & Exam Mr Paul Robinson, Consultant Shoulder & Elbow Surgeon, North West Anglia NHS Foundation Trust
10:10	Shoulder Instability Mr Henry Colaco, Consultant Shoulder & Elbow Surgeon, Hampshire Hospitals NHS Foundation Trust
11:05	Refreshments
11:20	Impingement Syndrome & Rotator Cuff Disorders Mr Rupen Dattani, Consultant Shoulder & Elbow Surgeon, Chelsea and Westminster Hospital NHS Foundation Trust
12:20	Lunch
13:05	Painful and/or Stiff Shoulder Mr Niel Kang, Consultant Shoulder & Elbow Surgeon, Cambridge University Hospitals NHS Foundation Trust
14:00	Principles of Shoulder Arthroplasty in Elective and Trauma Surgery Mr Nick Little, Consultant Upper Limb Surgeon, Epsom and St Helier University Hospitals NHS Trust
15:00	Refreshments
15:15	Common Elbow Conditions 1 – Soft Tissue Conditions Mr Joideep Phadnis, Consultant Elbow & Shoulder Surgeon, University Hospitals Sussex NHS Foundation Trust
16:00	Common Elbow Conditions 2 – Elbow Joint & Arthroplasty Mr David Butt, Consultant Shoulder & Elbow Surgeon, Royal National Orthopaedic Hospital NHS Trust
16:50	Q&A / Summary
17:00	Close of Day

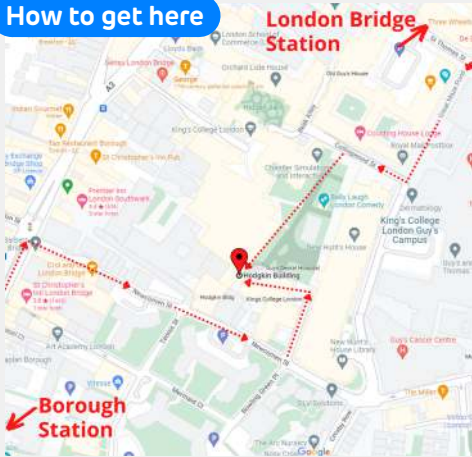
Course programme (day 3 - virtual)

Saturday 21 January 2023

08:30	Delegates log into Zoom
08:45	Briefing
09:00	Viva Session 1 - Shoulder
10:30	Refreshments
11:00	Viva Session 2 - Elbow
12:30	Feedback / Q&A
13:00	Closing Lecture
13:30	Close of Course



How to get here



Venue address

The Gordon Museum of Pathology
Hodgkin Building
Guy's Campus
King's College London
London SE1 1UL

Please **do not follow GoogleMaps** directions to the venue, instead please follow the walking directions.

Travelling by tube or train

The nearest stations are Borough station and London Bridge station.

Finding the venue

The Gordon Museum is located within the Hodgkin Building of King's College London.

Walking from Borough station:

Please walk up Borough high street towards the Thames and turn right onto Newcomen Street (SE1 1UL). Walk a little further then turn left and walk down the unmarked road (opposite the turning onto Bowling Green Place). Once you enter the grassy area, turn left again and the Hodgkin building will be in front of you. Please go up the steps and head to reception where you will be shown to the Gordon Museum.

Walking from London Bridge station:

Within London Bridge station, follow the exit signs to the Shard viewing entrance or Guy's Hospital. Exit London Bridge Station and head towards Great Maze Pond (SE1 9GU) which is off St Thomas Street. Walk half way down Great Maze Pond, then turn right onto Collingwood Street. Walk halfway down Collingwood Street and you will see a grassy area to your left. Cross the grassy area and the Hodgkin Building will be on the far right. Please go up the steps and head to reception where you will be shown to the Gordon Museum.



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