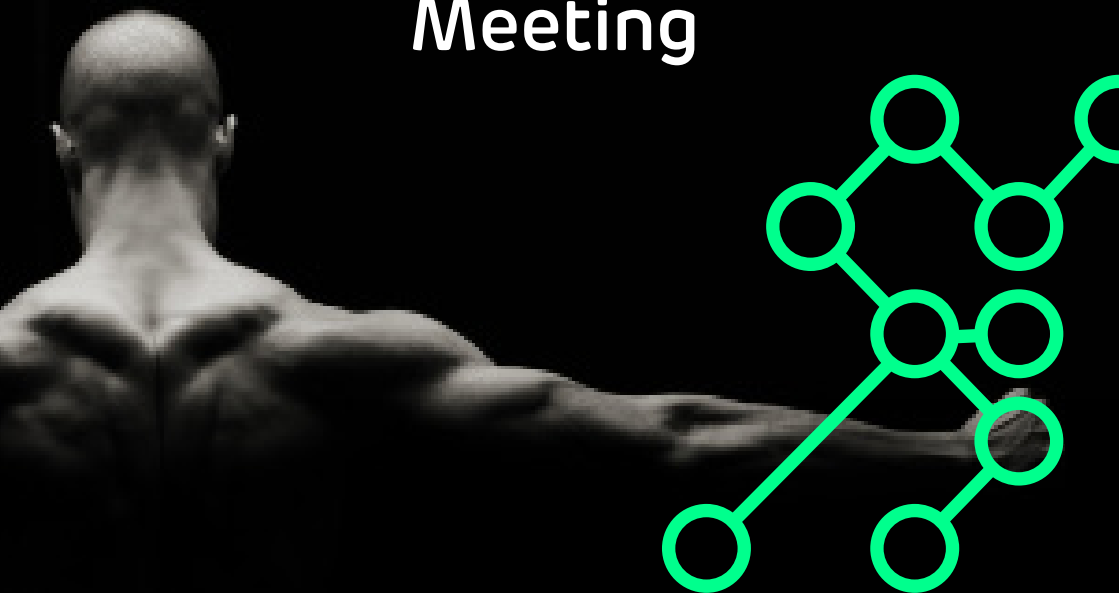


# LSM2022

Orthopaedic  
Research UK



## London Shoulder Meeting



**Date:** 20—21 May 2022  
**Location day 1:** County Hall, London (etc.venues)  
**Location day 2:** Virtual  
**CPD:** 10 credits (applied for)

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# London Shoulder Meeting

THE | **SHOULDER PRACTICE**

 **Friday 20 May 2022**  
 **Location: County Hall,  
London, (etc.venues)**

 **Saturday 21 May 2022**  
 **Location: Virtual**

## Course convenors:

**Mr Carlos Cobiella**, Consultant Orthopaedic Surgeon,  
University College London Hospitals

**Mr Henry Colaço**, Consultant Orthopaedic Surgeon, Royal  
Hampshire County Hospital

**Mrs Val Jones**, **Clinical** Physiotherapy Specialist, Sheffield  
Teaching Hospitals NHS Foundation Trust

**Mr Simon Lambert**, Consultant Orthopaedic Surgeon,  
University College London Hospitals

**Mr Jae Rhee**, Consultant Orthopaedic Surgeon, Princess  
Royal Hospital, Telford

## Registration fees

**Early-Bird Consultant:**..... £150

**Early-Bird Company  
Representative:**..... £150

**Early-Bird Trainee:**.....£90

**Early-Bird Allied Health  
Professional (Includes  
Physiotherapists)**.....£85

Early bird registration fees expire  
on 1 April 2022, after this all fees will  
increase by 10%.

Click here to register: [https://bit.  
ly/3uOZdbl](https://bit.ly/3uOZdbl)

## Educational aims and objectives

This hugely popular event returns for its eighth successive year in 2022 with a focus on sports injuries and soft tissue surgery. The programme is once again devised by The Shoulder Practice, with an expert invited multidisciplinary international faculty. The focus will return to trauma and arthroplasty in 2023.

This meeting is aimed at orthopaedic surgeons, orthopaedic trainees, physiotherapists, and sports physicians. It will provide a comprehensive update on the management and outcomes in sports injuries and soft tissue surgery in addition to current concepts in surgical techniques and rehabilitation. There will be a break out masterclass session for physiotherapists and a re-live surgery session covering tips, tricks and pitfalls.

## What delegates say about this meeting

*"Brilliant mix of clinicians, great discussions"*

*"Very strong line up of surgeons and good programme of subjects"*

*"I learnt things that will influence my practice and I plan to feedback to colleagues"*

*"Attending has made me feel more comfortable in dealing with the shoulder cases"*

# Programme day 1 (in person)

Friday 20 May 2022

08:30	<b>Registration and refreshments</b>
08:55	<b>Introduction and welcome</b> Mr Carlos Cobiella, Consultant Orthopaedic Surgeon, University College London Hospitals
	<b>ORTHOBIOLOGICS</b> Chair: Mr Simon Lambert
09:00	<b>Tendinopathy: can orthobiologics reverse ageing?</b> Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid
09:20	<b>RCR: is technique relevant in healing</b> Dr Miguel Angel Ruiz Ibán, Head of the Shoulder and Elbow Unit, Hospital Universitario Ramón y Cajal, Madrid
09:35	<b>Cuff repair augmentation mini-symposium (8 minutes each)</b> Why? Prof Emilio Calvo Allograft, Prof Pietro Randelli Xenograft, Dr Ettore Taverna Synthetic, Mr Ron Doddenhof
10:07	<b>Allograft options and techniques</b> Dr Alan Hirahara, Team physician for Sac State Athletics and the Sacramento River Cats (AAA affiliate to the SF Giants)
10:30	<b>Discussion</b>
11:00	<b>Refreshments</b>
	<b>THE AGEING ATHLETE</b> Chair: Mrs Val Jones
11:30	<b>Assessment of the shoulder girdle</b> Mr Ian Gatt, Head of Performance Services & Lead Physiotherapist for GB BOXING EIS Technical Lead (Hands-Wrists-Elbows), English Institute of Sport
11:45	<b>What guidance would I give a returning club level tennis player over 50?</b> Professor Mathew Wilson, Head of Sport and Exercise Medicine, Institute of Sport, Exercise and Health
12:00	<b>C-spine or rotator cuff: which is the cause of progressive overhead weakness</b> Mr Nick Potter, Clinical Director, The Centre for Physical Medicine
12:15	<b>Elbow tendinopathy: from weekend warrior to professional</b> Mr Marcus Bateman, Upper Limb Consultant Physiotherapist, NIHR & CSP Doctoral Fellow, University Hospitals of Derby & Burton NHS Foundation Trust

# Programme day 1 continued....

12:30	<b>Discussion</b>
13:00	<b>Lunch</b>
	<b>INSTABILITY</b> Chair: Mr Carlos Cobiella
14:00	<b>Instability through the ages: Adolescent</b> Mr Mike Walton, Consultant Shoulder Surgeon, Wrightington Hospital
14:10	<b>Instability through the ages: Young adults - is Bankart truly dead? (RECORDED)</b> Mr Matthew Provencher, Professor of Surgery and Orthopaedics, Uniformed Services University of the Health Sciences (USUHS)
14:20	<b>Instability through the ages: Ageing athlete, return to sport</b> Mrs Catherine Barrett, Specialist, Physiotherapist, Shoulder Academy, Central Health Physiotherapy
14:30	<b>Bone defect mini-symposium (12 minutes each)</b> Subcritical, long biceps, Dr Alex Lädermann Subcritical, short biceps, Mr Duncan Tennent Critical, traditional, Dr Lionel Neyton (recorded) Critical, innovation, Dr Abdelilah Hachem
15:18	<b>Discussion</b>
15:40	<b>Refreshments</b>
	<b>LONG HEAD OF BICEPS</b> Chair: Mr Henry Colaço
16:10	<b>Neuro and pathoanatomy of the LHB tendon</b> Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
16:30	<b>Radiology of bicipital instability and the 'pulley' mechanism</b> Mr Kannan Rajesparan, Consultant Musculoskeletal Radiologist, University College London Hospital
16:45	<b>Biceps debate: tenotomy or fixation; what fixation</b> Mr Ettore Taverna, Chief Surgeon and the Director of the Shoulder surgery Unit at the Galeazzi Orthopaedic Research Hospital in Milan Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid
17:10	<b>Discussion</b>
17:30	<b>Close of day</b>

# Programme day 2 (Virtual)

Saturday 21 May 2022

**ACJ** Chair: Mr Jae Rhee

- 09:00** **The superior compartment of the shoulder: the afferent field for scapular motion**  
Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
- 09:20** **Morphological variation of the ACJ: implications for the biomechanics of scapular suspension**  
Mr Joydeep Sinha, Consultant Orthopaedic Surgeon, KCH, and Honorary Senior Lecturer, King's College London
- 09:35** **Pathoanatomy of ACJ injury, is Rockwood a useful guide**  
Prof Pietro Randelli, Professor in Orthopedics and Traumatology  
Università degli Studi di Milano, Italy
- 09:50** **Indications for surgical fixation**  
Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon,  
Addenbrooke's Hospital
- 10:00** **Principles of acute fixation**  
Professor Duncan Tennent, Consultant Orthopaedic Surgeons, St George's Hospital
- 10:10** **Principles of reconstruction**  
Prof Emilio Cavo, Director of the Shoulder and Elbow Reconstructive Surgery Unit,  
Fundacion Jimenez Diaz, Madrid
- 10:20** **Discussion**
- 10.40** **Rockwood Memorial Lecture**  
Dr Alan Hirahara, Team physician for Sac State Athletics and the Sacramento River  
Cats (AAA affiliate to the SF Giants)
- 10:55** **Refreshments**
- GLENOID AUGMENTATION** Chair: Mr Carlos Cobiella
- 11:15** **Relive surgery: Bone block cerclage**  
Dr Abdellilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital
- 11:55** **Glenoid augmentation vs Latarjet**  
Mr Markus Scheibel, Head of Shoulder and Elbow Surgery, Schulthess Hospital,  
Zurich
- 12:15** **What graft for glenoid**  
Mr Matthew Provencher, Professor of Surgery and Orthopaedics, Uniformed Services  
University of the Health Sciences (USUHS)
- 12:35** **Discussion**
- 12:55** **Close of meeting**

## How to get here



## Venue address

County Hall (etc venues), Riverside Building, Belvedere Rd, London, SE1 7PB

## Travelling by tube

From Westminster underground station leave the station via exits 1 & 2 and turn right up the steps onto Westminster Bridge. Walk across the bridge towards County Hall and the London Eye.

## Travelling by train

When leaving from Waterloo mainline and underground station please head towards platform 18 and leave the station at exit 5 (under the large brown arch) and walk down the stone steps keeping to the left.

## Travelling by river bus

The venue is accessible by river and is served by the River Bus route RB1 from North Greenwich and Canary Wharf.



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