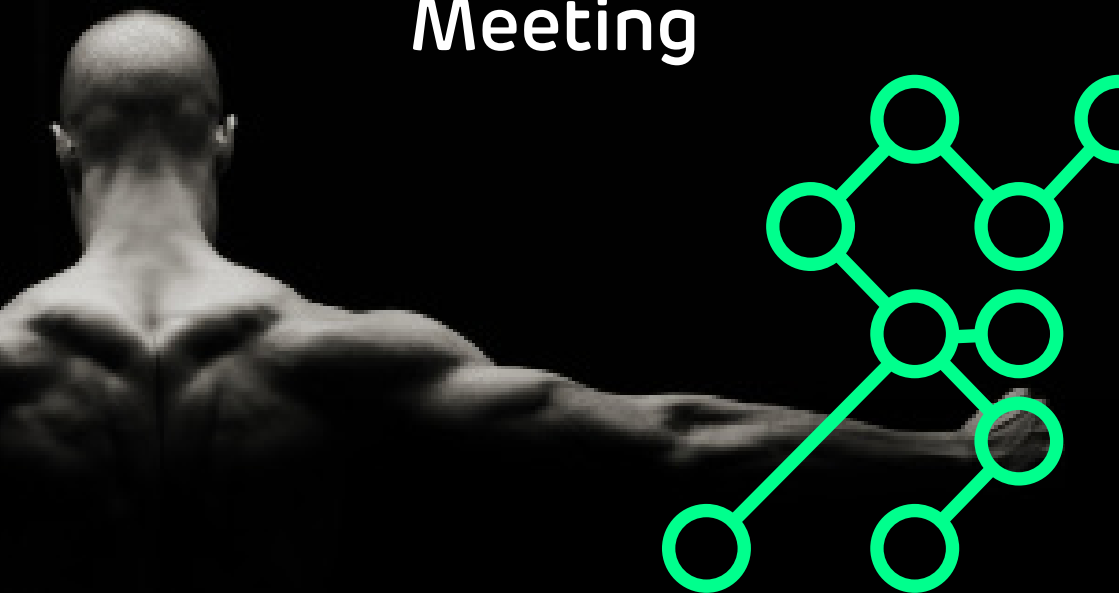


LSM2022

Orthopaedic
Research UK



London Shoulder Meeting



Date: 20—21 May 2022
Location day 1: County Hall, London (etc.venues)
Location day 2: Virtual
CPD: 9.5 credits

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London Shoulder Meeting

THE | **SHOULDER PRACTICE**

 **Friday 20 May 2022**
 **Location: County Hall,
London, (etc.venues)**

 **Saturday 21 May 2022**
 **Location: Virtual**

Course convenors:

Mr Carlos Cobiella, Consultant Orthopaedic Surgeon,
University College London Hospitals

Mr Henry Colaço, Consultant Orthopaedic Surgeon, Royal
Hampshire County Hospital

Mrs Val Jones, **Clinical** Physiotherapy Specialist, Sheffield
Teaching Hospitals NHS Foundation Trust

Mr Simon Lambert, Consultant Orthopaedic Surgeon,
University College London Hospitals

Mr Jae Rhee, Consultant Orthopaedic Surgeon, Princess
Royal Hospital, West Midlands

Registration fees

Early-Bird Consultant:..... £150

**Early-Bird Company
Representative:**..... £150

Early-Bird Trainee:.....£90

**Early-Bird Allied Health
Professional (Includes
Physiotherapists)**.....£85

Early bird registration fees expire
on 1 April 2022, after this all fees will
increase by 10%.

Click here to register: <https://bit.ly/3uOZdbl>

Educational aims and objectives

This hugely popular event returns for its eighth successive year in 2022 with a focus on sports injuries and soft tissue surgery. The programme is once again devised by The Shoulder Practice, with an expert invited multidisciplinary international faculty. The focus will return to trauma and arthroplasty in 2023.

This meeting is aimed at orthopaedic surgeons, orthopaedic trainees, physiotherapists, and sports physicians. It will provide a comprehensive update on the management and outcomes in sports injuries and soft tissue surgery in addition to current concepts in surgical techniques and rehabilitation. Re-live surgery sessions will cover tips, tricks and pitfalls

What delegates say about this meeting

"Brilliant mix of clinicians, great discussions"

"Very strong line up of surgeons and good programme of subjects"

"I learnt things that will influence my practice and I plan to feedback to colleagues"

"Attending has made me feel more comfortable in dealing with the shoulder cases"

Programme day 1 (in person)

Friday 20 May 2022

08:30	Registration and refreshments
08:55	Introduction and welcome Mr Carlos Cobiella, Consultant Orthopaedic Surgeon, University College London Hospitals
	ORTHOBIOLOGICS Chair: Mr Simon Lambert
09:00	Tendinopathy: can orthobiologics reverse ageing? Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid (recorded)
09:20	RCR: is technique relevant in healing? Dr Miguel Angel Ruiz Ibán, Head of the Shoulder and Elbow Unit, Hospital Universitario Ramón y Cajal, Madrid
09:35	Cuff repair augmentation mini-symposium (8 minutes each) Why? Professor Emilio Calvo Allograft, Professor Pietro Randelli Xenograft, Dr Ettore Taverna Synthetic, Mr Ron Doddenhof
10:07	Allograft options and techniques Dr Alan Hirahara, Team physician for Sac State Athletics and the Sacramento River Cats (AAA affiliate to the SF Giants)
10:30	Discussion
11:00	Refreshments
	THE AGEING ATHLETE Chair: Mrs Catherine Barrett
11:30	Assessment of the shoulder girdle Mr Ian Gatt, Head of Performance Services & Lead Technical Physiotherapist - GB Boxing and UpperLimb Technical Consultant - English Institute of Sport (EIS)
11:45	What guidance would I give a returning club level tennis player over 50? Professor Mathew Wilson, Head of Sport and Exercise Medicine, Institute of Sport, Exercise and Health
12:00	C-spine or rotator cuff: which is the cause of progressive overhead weakness? Mr Nick Potter, Clinical Director, The Centre for Physical Medicine
12:15	Lateral elbow tendinopathy: from weekend warrior to professional Mr Marcus Bateman, Upper Limb Consultant Physiotherapist, NIHR & CSP Doctoral Fellow, University Hospitals of Derby & Burton NHS Foundation Trust

Programme day 1 continued....

12:30	Discussion
12:55	Orthopaedic Research UK's vision: Connecting the MSK community Dr Arash Angadji, CEO, Orthopaedic Research UK
13:00	Lunch
	INSTABILITY Chair: Mr Carlos Cobiella
14:00	Instability through the ages: Adolescent Mr Mike Walton, Consultant Shoulder Surgeon, Wrightington Hospital
14:10	Instability through the ages: Young adults - is Bankart truly dead? (RECORDED) Mr Matthew Provencher, Professor of Surgery and Orthopaedics, Uniformed Services University of the Health Sciences (USUHS)
14:20	Instability through the ages: Ageing athlete, return to sport Mrs Catherine Barrett, Specialist Physiotherapist, University College London, Central Health Physiotherapy and the London Hypermobility Unit
14:30	Bone defect mini-symposium (12 minutes each) Subcritical, long biceps, Dr Alex Lädermann Subcritical, short biceps, Professor Duncan Tennent Critical, traditional, Dr Lionel Neyton (recorded) Critical, innovation, Dr Abdelilah Hachem
15:18	Discussion
15:40	Refreshments
	LONG HEAD OF BICEPS Chair: Mr Henry Colaço
16:10	Neuro and pathoanatomy of the LHB tendon Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals
16:30	Radiology of bicipital instability and the 'pulley' mechanism Dr Kannan Rajesparan, Consultant Musculoskeletal Radiologist, University College London Hospital
16:45	Biceps debate: tenotomy or fixation; what fixation Dr Ettore Taverna, Chief Surgeon and the Director of the Shoulder Surgery Unit at the Galeazzi Orthopaedic Research Hospital in Milan Dr Samuel Antuña, Consultant Orthopaedic Surgeon, Hospital Universitario La Paz, Madrid
17:10	Discussion
17:30	Close of day

Programme day 2 (Virtual)

Saturday 21 May 2022

ACJ Chair: Mr Jae Rhee

09:00 Rockwood Memorial Lecture
Dr Alan Hirahara, Team physician for Sac State Athletics and the Sacramento River Cats (AAA affiliate to the SF Giants)

09:15 The superior compartment of the shoulder: the afferent field for scapular motion
Mr Simon Lambert, Consultant Orthopaedic Surgeon, University College London Hospitals

09:35 Morphological variation of the ACJ: implications for the biomechanics of scapular suspension
Mr Joydeep Sinha, Consultant Orthopaedic Surgeon, KCH, and Honorary Senior Lecturer, King's College London

09:50 Pathoanatomy of ACJ injury, is Rockwood a useful guide?
Professor Pietro Randelli, Professor in Orthopedics and Traumatology Università degli Studi di Milano, Italy

10:05 Indications for surgical fixation
Mr Graham Tytherleigh-Strong, Consultant Orthopaedic Surgeon, Addenbrooke's Hospital

10:15 Principles of acute fixation
Professor Duncan Tennent, Consultant Orthopaedic Surgeon, St George's Hospital

10:25 Principles of reconstruction
Professor Emilio Calvo, Director of the Shoulder and Elbow Reconstructive Surgery Unit, Fundacion Jimenez Diaz, Madrid

10:35 Discussion

11:00 Refreshments

GLENOID AUGMENTATION Chair: Mr Carlos Cobiella

11:15 Relive surgery: Bone block cerclage
Dr Abdelilah Hachem, Head of Shoulder Unit, Bellvitge University Hospital

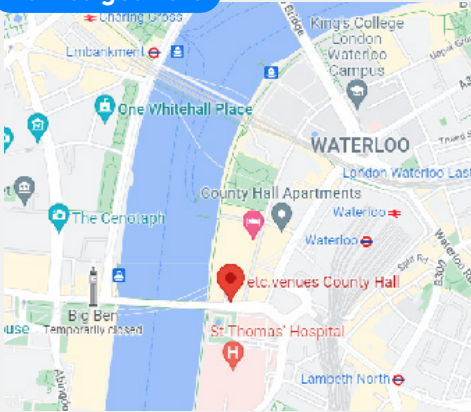
11:55 Glenoid augmentation vs Latarjet
Mr Markus Scheibel, Head of Shoulder and Elbow Surgery, Schulthess Hospital, Zurich

12:15 What graft for glenoid
Mr Matthew Provencher, Professor of Surgery and Orthopaedics, Uniformed Services University of the Health Sciences (USUHS)

12:35 Discussion

12:55 Close of meeting

How to get here



Venue address

County Hall (etc venues), Riverside Building, Belvedere Rd, London, SE1 7PB

Travelling by tube

From Westminster underground station leave the station via exits 1 & 2 and turn right up the steps onto Westminster Bridge. Walk across the bridge towards County Hall and the London Eye.

Travelling by train

When leaving from Waterloo mainline and underground station please head towards platform 18 and leave the station at exit 5 (under the large brown arch) and walk down the stone steps keeping to the left.

Travelling by river bus

The venue is accessible by river and is served by the River Bus route RB1 from North Greenwich and Canary Wharf.



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