

Plastering skills for orthopaedic surgery and emergency medicine



12 November 2021

Venue: Jurys Inn Brighton Waterfront

**Course convenors: Mr Gareth Chan, T&O Registrar, Western Sussex Hospitals
Mr Tom Crompton, Consultant Orthopaedic Surgeon,
Brighton and Sussex University Hospitals NHS Trust**

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This one day course is designed for foundation trainees with an interest in orthopaedics, core surgical trainees, acute care common stem emergency medicine trainees and accident and emergency nurses.

Educational aims and learning objectives:

- Develop a basic understanding of the principles of casting
- Acquire tips and tricks to make the casting process easier
- Learn specific casts for common fracture patterns (distal radius, midshaft forearm, ankle & midshaft tibia/fibula)
- Learn specialised casts such as hanging casts, sugar tong casts & thumb spicas
- Fulfil requirement for trauma & orthopaedics ST3 application

Programme

09:00 Registration and refreshments

09:30 Welcome and introduction

09:40 Principles of safe casting

10:10 Below elbow casts

10:55 Above elbow casts

11:40 Refreshments

12:00 Specific casts – e.g. hanging casts, sugar tong casts, thumb spicas

13:15 Lunch

14:15 Below knee casts

15:00 Above knee casts

16:00 Discussion and invited questions

16:30 Close of day

Registration fee: £200

Registration with ORUK is essential before registering online for this meeting.

Registration with ORUK is free and open to all, join online here: **www.oruk.org/register**